

2009 Splash, Pedal & Gasp Triathlon
Overall Run Times

Olympic 10K

O/A	Name	Bib#	Category	Run Time	Cat
1	SCHAERZ, SIMON	519	OLY20-29M	00:36:48.05	1
2	KINCAID, JASON	542	OLY30-39M	00:39:40.70	1
3	WILKINSON, KENTON	502	OLY16-19M	00:40:05.05	1
4	HAYNER, DARREN	539	OLY30-39M	00:40:37.75	2
5	REID, CHAD	548	OLY30-39M	00:41:16.60	3
6	LATHAM, COLLEEN	523	OLY30-39F	00:43:06.35	1
7	WILKINSON, JOEL	578	OLY40-49M	00:45:07.50	1
8	MUNDELL, MARK	545	OLY30-39M	00:45:15.85	4
9	PENNER, DARRYL	547	OLY30-39M	00:45:47.30	5
10	COTE, RICHARD	532	OLY30-39M	00:45:59.35	6
11	ONTKEAN, NICK	501	OLY16-19M	00:46:16.67	2
12	SLEIK, RYAN	550	OLY30-39M	00:46:53.61	7
13	FIX, TIM	538	OLY30-39M	00:46:58.25	8
14	HARRIS, ERIN	503	OLY20-29F	00:47:17.40	1
15	NICOL, CREGG	574	OLY40-49M	00:47:33.60	2
16	HUMPHREY, MIKE	514	OLY20-29M	00:47:45.88	2
17	CANADINE, MIKE	568	OLY40-49M	00:47:54.15	3
18	ELM, IAN	536	OLY30-39M	00:48:10.45	9
19	MCCULLOCH, ROBIN	525	OLY30-39F	00:48:23.90	2
20	ERICKSON, DREW	565	OLY20-29M	00:48:36.30	3
21	SLEIK, JOANNA	510	OLY20-29F	00:48:39.90	2
22	HARRISON, BRIAN	513	OLY20-29M	00:49:30.70	4
23	OLSEN, JOHN	518	OLY20-29M	00:50:07.60	5
24	SHRINER, JASON	549	OLY30-39M	00:50:32.95	10
25	WINGERTER, LES	594	OLY50-59M	00:50:37.80	1
26	HAUBER, TYLER	571	OLY40-49M	00:51:02.70	4
27	CRAIG, STEVE	533	OLY30-39M	00:51:03.30	11
28	ENGLISH, JASON	537	OLY30-39M	00:51:05.66	12
29	KENNES, LEON	590	OLY50-59M	00:51:06.50	2
30	ANDERSON, JULIE	522	OLY30-39F	00:51:31.93	3
31	PROBST, DALE	576	OLY40-49M	00:51:40.50	5
32	DALPHOND, LOUISE	556	OLY40-49F	00:52:01.05	1
33	GLADNEY, GERARD	570	OLY40-49M	00:52:01.65	6
34	BERING, MICHAEL	567	OLY40-49M	00:52:11.95	7
35	VAN MULLIGEN, JASON	551	OLY30-39M	00:52:54.65	13
36	KWASNY, JASON	543	OLY30-39M	00:52:57.55	14
37	PATERSON, KYLE	546	OLY30-39M	00:53:01.20	15
38	KEITH, PATRICIA	580	OLY50-59F	00:53:10.15	1
39	RUDD, LESLIE	509	OLY20-29F	00:53:16.75	3
40	KELLN, TRAVIS	541	OLY30-39M	00:53:25.85	16
41	ROEMMELE, TRACEY	528	OLY30-39F	00:53:26.30	4
42	PENNER, KEN	575	OLY40-49M	00:53:38.10	8
43	ARMSTRONG, DWAYNE	584	OLY50-59M	00:53:43.60	3
44	KINDLEY, TRISH	559	OLY40-49F	00:54:49.60	2
45	SMITH, BRENT	592	OLY50-59M	00:55:04.80	4
46	MENTANKO-TIEFENBACH, DONNA	561	OLY40-49F	00:55:11.35	3
47	SMITH, JUSTIN	520	OLY20-29M	00:55:26.50	6
48	THURBER, BRUCE	577	OLY40-49M	00:55:38.75	9
49	DAVIES, DYLAN	534	OLY30-39M	00:56:03.27	17
50	MENTA, ROGER	517	OLY20-29M	00:56:53.24	7

**2009 Splash, Pedal & Gasp Triathlon
Overall Run Times**

Olympic 10K

O/A	Name	Bib#	Category	Run Time	Cat
51	VUCUREVICH, ALLISON	529	OLY30-39F	00:56:53.65	5
52	KOLODZIEJZYK, HELEN	560	OLY40-49F	00:56:53.90	4
53	KEITH, KEVIN	589	OLY50-59M	00:57:07.75	5
54	BOYD, PATRICK	512	OLY20-29M	00:57:44.95	8
55	BERING, HEATHER	554	OLY40-49F	00:57:52.75	5
56	MASON, TRUDI	524	OLY30-39F	00:58:06.54	6
57	BROWN, LESLEY	555	OLY40-49F	00:59:13.30	6
58	BALDREY, SUE	552	OLY40-49F	00:59:15.15	7
59	PATTERSON, ERIN	507	OLY20-29F	00:59:16.55	4
60	LARABEE, JOSHUA	516	OLY20-29M	00:59:39.20	9
61	THIBERT, CAROL	583	OLY50-59F	01:00:08.80	2
62	OHLMANN, NIKKI	506	OLY20-29F	01:00:13.65	5
63	ISFELD, JASON	540	OLY30-39M	01:00:20.40	18
64	WATERS-HUSS, LORELEI	564	OLY40-49F	01:01:01.85	8
65	KING, ANGE	581	OLY50-59F	01:01:35.95	3
66	LAMBERT, BRIDGET	504	OLY20-29F	01:01:48.35	6
67	FLAIG, DON	588	OLY50-59M	01:03:49.70	6
68	HANSAEME, SHERRY	557	OLY40-49F	01:04:09.20	9
69	EMERSON, TRISH	579	OLY50-59F	01:04:24.35	4
70	MCCRAY, GLENN	572	OLY40-49M	01:04:29.85	10
71	PENNER, KRISTY	508	OLY20-29F	01:08:18.15	7
72	BROWN, MITCHEL	586	OLY50-59M	01:09:09.15	7
73	MCINTYRE, KRISTEN	505	OLY20-29F	01:09:54.65	8
74	DAVIS, BRAD	535	OLY30-39M	01:10:30.80	19
75	KEMPSTER, CODY	515	OLY20-29M	01:12:34.30	10
76	NORGARD, BARB	582	OLY50-59F	01:14:30.00	5
77	WOJTOWICZ, KAREN	530	OLY30-39F	01:19:10.95	7
78	FRANTZ, DON	596	OLY60+M	01:20:52.45	1
79	MOLINE, LAURA	526	OLY30-39F	01:21:25.25	8
80	MELE, BIAGIO	573	OLY40-49M	01:23:24.50	11
81	PATTERSON, SANDY	562	OLY40-49F	01:25:28.10	10
82	BAUMBER, KIRSTEN	553	OLY40-49F	01:54:46.20	11

2009 Splash, Pedal & Gasp Triathlon
Overall Run Times

Super Sprint 3K

O/A	Name	Bib#	Category	Run Time	Cat
1	STEWART, RUSS	336	SS20-29M	00:14:56.10	1
2	GEIGER, CHAD	332	SS20-29M	00:15:53.90	2
3	GONSALVEZ, CHRIS	333	SS20-29M	00:16:09.65	3
4	WARREN, AUSTIN	309	SS16-19M	00:16:13.25	1
5	LIVINGSTON, KIRK	383	SS40-49M	00:16:26.65	1
6	GOMES, ADRIENNE	303	SS14-15F	00:16:40.55	1
7	ADSERBALLE, JACOB	381	SS40-49M	00:16:47.15	2
8	DECILLIA, RYAN	366	SS30-39M	00:16:51.50	1
9	HILL, CHRISTINE	306	SS16-19F	00:16:58.90	1
10	FRIESEN, BERT	382	SS40-49M	00:17:03.55	3
11	IWAASA, KEVIN	369	SS30-39M	00:17:17.10	2
12	THOMAS, LEXI	328	SS20-29F	00:17:26.10	1
13	KELMAN, SARAH	316	SS20-29F	00:17:38.75	2
14	COLEBY, FAY	342	SS30-39F	00:17:39.65	1
15	KINDLEY, KEVIN	393	SS50-59M	00:17:49.50	1
16	COOKE, PETERE	365	SS30-39M	00:17:50.35	3
17	JONES-HUSCH, KATHY	348	SS30-39F	00:18:02.60	2
18	FRENCH, BROOKE	302	SS14-15F	00:18:14.95	2
19	BAIN, MICHAEL	331	SS20-29M	00:18:22.15	4
20	HEINE, LAURA	314	SS20-29F	00:18:39.20	3
21	GRAHAM, KATIE	313	SS20-29F	00:18:44.25	4
22	LEHBAUER, KRIS	350	SS30-39F	00:18:49.00	3
23	CAMERON, JAKE	364	SS30-39M	00:18:51.85	4
24	SCHWENGLER, MARCI	380	SS40-49F	00:19:10.45	1
25	BRODIE, MIKE	363	SS30-39M	00:19:16.05	5
26	MELE, BRIA	304	SS14-15F	00:19:18.80	3
27	THORNEYCROFT, WHITNEY	330	SS20-29F	00:19:28.75	5
28	BENZIE, ALEXA	301	SS14-15F	00:20:08.40	4
29	HOY, LONNY	368	SS30-39M	00:20:18.80	6
30	ALFORD, TRINA	372	SS40-49F	00:20:19.60	2
31	MCDUGALD, NATASHA	353	SS30-39F	00:20:35.85	4
32	HOWARD, MICHELINE	376	SS40-49F	00:20:47.55	3
33	SCHWAB, ED	335	SS20-29M	00:21:05.50	5
34	KOWALCZYK, RHEA	317	SS20-29F	00:21:08.75	6
35	MARONDA, BRETT	319	SS20-29F	00:21:17.10	7
36	KOSSUTH, VIVIEN	349	SS30-39F	00:21:19.45	5
37	SMITH, BEV	391	SS50-59F	00:21:20.20	1
38	FAULKNER, TRACEY	344	SS30-39F	00:21:21.90	6
39	AITKEN, ELENA	337	SS30-39F	00:21:27.25	7
40	CASTONGUAY, MONIQUE	341	SS30-39F	00:21:38.20	8
41	IWAASA, COLE	334	SS20-29M	00:21:43.35	6
42	BABE, NORMA	338	SS30-39F	00:21:51.85	9
43	GRAY, MARIANNE	312	SS40-49F	00:21:58.40	4
44	BILODEAU-GOESEELS, SYLVIE	373	SS40-49F	00:21:59.25	5
45	SCHLENKER, AMANDA	325	SS20-29F	00:22:04.00	8
46	DEMERS, MICHELLE	386	SS50-59F	00:22:06.75	2
47	SEIBEL, CARLY	308	SS20-29F	00:22:34.00	9
48	WOOLF, LEANNE	360	SS30-39F	00:22:47.70	10
49	TANIS, LIZ	327	SS20-29F	00:23:02.95	10
50	MCLEAN, NATALIE	378	SS40-49F	00:23:14.40	6

**2009 Splash, Pedal & Gasp Triathlon
Overall Run Times**

Super Sprint 3K

O/A	Name	Bib#	Category	Run Time	Cat
51	LOSEY, MEAGAN	318	SS20-29F	00:23:19.15	11
52	SELBY, HEATHER	357	SS30-39F	00:23:20.05	11
53	MARONDA, KIRBY	320	SS20-29F	00:23:41.10	12
54	ROMANIUK, KAREN	356	SS30-39F	00:23:41.20	12
55	CAPUTO, KAAREEN	340	SS30-39F	00:23:57.50	13
56	ABBOTT, EILEEN	371	SS40-49F	00:24:12.20	7
57	MARTENS, NANCY	351	SS30-39F	00:24:20.60	14
58	IWAASA, APRIL	315	SS20-29F	00:24:29.05	13
59	VARZARI, ANDREA LYNN	359	SS30-39F	00:24:45.20	15
60	SHELLENBERG, KATHY	390	SS50-59F	00:25:00.95	3
61	BERG, GEORGE	395	SS60+M	00:25:05.40	1
62	MOSER, BRIAN	384	SS40-49M	00:25:22.05	4
63	SKOWRONSKI, LINDSAY	326	SS20-29F	00:25:27.20	14
64	SHIGEHIRO, MAGGIE	358	SS30-39F	00:25:44.60	16
65	MARONDA, WHITNEY	321	SS20-29F	00:25:50.60	15
66	HANLEY, SHAUN	346	SS30-39F	00:26:49.05	17
67	LOCKHART, BARBARA	389	SS50-59F	00:27:44.10	4
68	HUBER, LINDA	347	SS30-39F	00:27:59.65	18
69	MILNER, KIMBERLIE	379	SS40-49F	00:28:10.95	8
70	FREY, CHAD	367	SS30-39M	00:28:18.80	7
71	MASTEL, MICHELE	352	SS30-39F	00:28:19.20	19
72	EVANS, TAMMY	343	SS30-39F	00:29:26.75	20
73	MORLAND, SIMA	322	SS20-29F	00:29:33.75	16
74	MICHIELIN, ANGELA	354	SS30-39F	00:29:43.85	21
75	NAKASHIMA, MIKA	323	SS20-29F	00:29:48.00	17
76	BOWMAN, NANCY	339	SS40-49F	00:31:15.50	9
77	PRANGNELL, COREY	370	SS30-39M	00:33:49.15	8

2009 Splash, Pedal & Gasp Triathlon
Overall Run Times

Sprint 5K

O/A	Name	Bib#	Category	Run Time	Cat
1	DANIELSON, ERIC	202	SPR14-15M	00:22:20.75	1
2	SHELLENBERG, RYAN	222	SPR20-29M	00:24:02.95	1
3	ELIUK, DAVID	216	SPR20-29M	00:24:21.10	2
4	MOTT, ROB	247	SPR30-39M	00:24:33.95	1
5	BRYANT, JEFF	292	SPR50-59M	00:25:05.15	1
6	OTTO, ANDREW	219	SPR20-29M	00:26:05.20	3
7	KOENIG, KAREN	262	SPR40-49F	00:26:57.60	1
8	DEFOREST, SHAWN	242	SPR30-39M	00:27:01.10	2
9	BYKOWSKI, ELANI	201	SPR14-15F	00:27:12.40	1
10	CLARKE, JEFF	240	SPR30-39M	00:27:46.25	3
11	VUCUREVICH, JEFF	250	SPR30-39M	00:27:48.60	4
12	OTTO, SIMON	248	SPR30-39M	00:27:53.35	5
13	LAQUA, GORDON	274	SPR40-49M	00:28:05.20	1
14	MACLEAN, IAN	218	SPR20-29M	00:28:25.70	4
15	WARD, COLIN	251	SPR30-39M	00:28:36.95	6
16	MORIELLO, DINO	275	SPR40-49M	00:29:18.75	2
17	VANDERVEEN, KLAAS	296	SPR50-59M	00:29:26.00	2
18	MARCINIAK, TERRY	284	SPR50-59M	00:29:32.00	3
19	RYBA-JOWSEY, JANIS	267	SPR40-49F	00:29:32.95	2
20	SHERIFF, JOHN	277	SPR40-49M	00:29:43.70	3
21	HAMILTON, DEXTER	217	SPR20-29M	00:29:45.25	5
22	MYLES, CHARLIE	295	SPR50-59M	00:29:48.10	4
23	APPELT, TONIA	224	SPR30-39F	00:30:22.55	1
24	DEBLOIS, CATHERINE	258	SPR40-49F	00:30:50.75	3
25	SLACK, REBEKAH	236	SPR30-39F	00:30:54.35	2
26	MCFADZEN, MICHELLE	233	SPR30-39F	00:30:55.45	3
27	BYKOWSKI, JOHN	271	SPR40-49M	00:31:01.20	4
28	ALDCORN, LESLIE	255	SPR40-49F	00:31:10.95	4
29	ANDRES, BLAINE	237	SPR30-39M	00:31:16.55	7
30	BRYDGES, ALLAN	238	SPR30-39M	00:31:20.65	8
31	WILDE, CHRIS	252	SPR30-39M	00:31:21.65	9
32	JANKUNIS, FRANK	273	SPR40-49M	00:31:40.20	5
33	OTTO, SHAUNA	210	SPR20-29F	00:31:46.80	1
34	REIMER, SUSAN	235	SPR30-39F	00:31:58.85	4
35	MILLER, IAN	245	SPR30-39M	00:32:15.50	10
36	PHILPOTT, KAREN	287	SPR50-59F	00:32:24.10	1
37	ADAMS, SHONA	254	SPR40-49F	00:32:28.45	5
38	RENTER, DAVID	249	SPR30-39M	00:32:43.95	11
39	UNGER, DAVID	223	SPR20-29M	00:32:57.55	6
40	MILNE, DARREN	246	SPR30-39M	00:32:59.95	12
41	SHELLENBERG, DEVAN	221	SPR20-29M	00:33:02.05	7
42	MATTHEWS, JULIE	285	SPR50-59F	00:33:06.75	2
43	VANDERZEE, JIM	279	SPR40-49M	00:33:08.20	6
44	HAMILTON, SHAWN	282	SPR50-59F	00:33:09.90	3
45	SALMON, NATHAN	220	SPR20-29M	00:33:17.25	8
46	GERLOCK, JENNIFER	228	SPR30-39F	00:33:18.70	5
47	CHAPMAN, DAN	239	SPR30-39M	00:33:52.00	13
48	DOUCETTE, ANGELICA	205	SPR20-29F	00:33:52.10	2
49	STARCHUK, KIM	213	SPR20-29F	00:33:56.60	3
50	SMITH-MYLES, KAREN	269	SPR40-49F	00:34:03.20	6

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Overall Run Times

Sprint 5K

O/A	Name	Bib#	Category	Run Time	Cat
51	COCHRAN, TREVOR	241	SPR30-39M	00:34:03.85	14
52	FORSBERG, JOHANNA	226	SPR30-39F	00:34:08.40	6
53	HEGEDUS, CSABA	294	SPR50-59M	00:34:34.55	5
54	ARNOLD, JOHN	291	SPR50-59M	00:34:57.75	6
55	GOODFELLOW, PIPPA	259	SPR40-49F	00:34:58.75	7
56	HOAR, SHARLEEN	230	SPR30-39F	00:35:03.20	7
57	MAY, FRANCINE	232	SPR30-39F	00:35:05.65	8
58	WILLIAMSON, ROB	253	SPR30-39M	00:35:11.40	15
59	LARSON, ADA	231	SPR30-39F	00:35:14.55	9
60	NEAL, KACIE	209	SPR20-29F	00:35:18.40	4
61	KENNES, MARY	283	SPR50-59F	00:35:32.35	4
62	STORVOLD, CHANDRA	214	SPR20-29F	00:36:07.75	5
63	APPELT, SHARON	280	SPR50-59F	00:36:12.95	5
64	SISSON, JULIE	268	SPR40-49F	00:36:30.00	8
65	MCCULLOCH, KENT	244	SPR30-39M	00:36:31.70	16
66	VANDERVEEN, GEORGE	278	SPR40-49M	00:36:41.00	7
67	BUCHANAN, IAN	270	SPR40-49M	00:37:05.30	8
68	HAYNER, VERONICA	229	SPR30-39F	00:37:10.90	10
69	BOURDON-HARRIS, MARQUISE	257	SPR40-49F	00:37:15.65	9
70	BERTEOTTI, JASMIN	225	SPR30-39F	00:38:06.60	11
71	COLLINS, JOANNE	204	SPR20-29F	00:38:14.05	6
72	GAUDETTE-SHARP, STACEY	206	SPR20-29F	00:38:38.45	7
73	MACLEAN, PADDY	263	SPR40-49F	00:38:47.90	10
74	GILLETT, SHARON	281	SPR50-59F	00:39:16.15	6
75	MARCINIAK, LESLIE	264	SPR40-49F	00:39:21.55	11
76	HALLADAY, BARB	260	SPR40-49F	00:39:28.55	12
77	TRUDEAU, LEAH	289	SPR50-59F	00:40:31.75	7
78	SMITH, JESSICA	211	SPR20-29F	00:40:59.25	8
79	SOPPIT, JACQUI	212	SPR20-29F	00:40:59.30	9
80	GOLDSWORTHY, MIKE	243	SPR30-39M	00:41:31.25	17
81	GIBSON, KIM	207	SPR20-29F	00:42:30.90	10
82	WOOLFORD, TRUDY	290	SPR50-59F	00:43:33.65	8
83	HARRIS, STEPHEN	293	SPR50-59M	00:43:34.20	7
84	GERGELY, SUZANNE	227	SPR30-39F	00:43:56.85	12
85	MCGAFFEY, VANYA	234	SPR30-39F	00:44:13.60	13
86	HOUSTON, ERIN	261	SPR40-49F	00:48:03.10	13
87	GOLDSWORTHY, CHRISTINA	208	SPR20-29F	00:50:35.80	11
88	SMITH, IRENE	288	SPR50-59F	00:54:04.00	9