

Overall Results

Olympic 1.5K - 40K - 10K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City	
1	SCHAERZ, SIMON	519	OLY20-29M	00:20:49.00	2	01:02:03.10	2	00:36:48.05	1	01:59:40.15	LETH
2	KINCAID, JASON	542	OLY30-39M	00:21:38.00	3	01:00:01.00	1	00:39:40.70	2	02:01:19.70	EDMONTON
3	REID, CHAD	548	OLY30-39M	00:20:48.00	1	01:04:19.70	3	00:41:16.60	5	02:06:24.30	LETH
4	WILKINSON, JOEL	578	OLY40-49M	00:22:59.00	6	01:06:27.95	5	00:45:07.50	7	02:14:34.45	COCHRANE
5	MUNDELL, MARK	545	OLY30-39M	00:22:34.00	4	01:08:39.20	8	00:45:15.85	8	02:16:29.05	LETH
6	HAYNER, DARREN	539	OLY30-39M	00:26:57.00	20	01:09:17.05	9	00:40:37.75	4	02:16:51.80	CALGARY
7	HUMPHREY, MIKE	514	OLY20-29M	00:28:42.00	29	01:04:21.07	4	00:47:45.88	16	02:20:48.95	LETH
8	LATHAM, COLLEEN	523	OLY30-39F	00:25:41.00	11	01:12:54.80	18	00:43:06.35	6	02:21:42.15	WHITEHORSE
9	FIX, TIM	538	OLY30-39M	00:28:03.00	25	01:08:04.10	7	00:46:58.25	13	02:23:05.35	CRANBROOK
10	WILKINSON, KENTON	502	OLY16-19M	00:24:22.00	9	01:19:56.35	33	00:40:05.05	3	02:24:23.40	COCHRANE
11	PENNER, DARRYL	547	OLY30-39M	00:28:59.00	31	01:09:50.20	10	00:45:47.30	9	02:24:36.50	CALGARY
12	NICOL, CREGG	574	OLY40-49M	00:30:05.78	42	01:07:08.02	6	00:47:33.60	15	02:24:47.40	COALHURST
13	ELM, IAN	536	OLY30-39M	00:26:09.00	13	01:10:55.65	12	00:48:10.45	18	02:25:15.10	EDMONTON
14	SLEIK, RYAN	550	OLY30-39M	00:29:26.00	38	01:10:00.74	11	00:46:53.61	12	02:26:20.35	CRANBROOK
15	OLSEN, JOHN	518	OLY20-29M	00:24:20.00	8	01:12:08.35	13	00:50:07.60	23	02:26:35.95	CALGARY
16	ONTKEAN, NICK	501	OLY16-19M	00:29:15.00	36	01:12:24.88	14	00:46:16.67	11	02:27:56.55	LETH
17	ENGLISH, JASON	537	OLY30-39M	00:26:22.00	14	01:13:06.64	19	00:51:05.66	28	02:30:34.30	CALGARY
18	ANDERSON, JULIE	522	OLY30-39F	00:26:56.00	19	01:12:37.22	15	00:51:31.93	30	02:31:05.15	BLAIREMOR
19	GLADNEY, GERARD	570	OLY40-49M	00:29:13.00	35	01:12:54.45	17	00:52:01.65	33	02:34:09.10	CALGARY
20	ARMSTRONG, DWAYNE	584	OLY50-59M	00:28:29.00	27	01:12:41.50	16	00:53:43.60	43	02:34:54.10	LETH
21	DAVIES, DYLAN	534	OLY30-39M	00:22:44.00	5	01:16:42.58	24	00:56:03.27	49	02:35:29.85	LETH
22	MCCULLOCH, ROBIN	525	OLY30-39F	00:27:11.00	21	01:20:31.55	35	00:48:23.90	19	02:36:06.45	LETH
23	COTE, RICHARD	532	OLY30-39M	00:30:00.00	40	01:21:28.70	38	00:45:59.35	10	02:37:28.05	CALGARY
24	MENTA, ROGER	517	OLY20-29M	00:26:31.00	15	01:14:58.66	21	00:56:53.24	50	02:38:22.90	CALGARY
25	CRAIG, STEVE	533	OLY30-39M	00:28:59.83	32	01:18:38.67	27	00:51:03.30	27	02:38:41.80	LETH
26	PROBST, DALE	576	OLY40-49M	00:27:24.00	22	01:19:43.10	31	00:51:40.50	31	02:38:47.60	LETH
27	SMITH, JUSTIN	520	OLY20-29M	00:24:13.00	7	01:19:52.30	32	00:55:26.50	47	02:39:31.80	CALGARY
28	SMITH, BRENT	592	OLY50-59M	00:28:29.00	26	01:16:12.65	23	00:55:04.80	45	02:39:46.45	CALGARY
29	ROEMMELE, TRACEY	528	OLY30-39F	00:32:50.75	56	01:14:22.05	20	00:53:26.30	41	02:40:39.10	LETH
30	DALPHOND, LOUISE	556	OLY40-49F	00:26:42.00	17	01:22:03.25	43	00:52:01.05	32	02:40:46.30	LETH
31	CANADINE, MIKE	568	OLY40-49M	00:32:39.57	55	01:21:39.38	40	00:47:54.15	17	02:42:13.10	MED. HAT
32	THURBER, BRUCE	577	OLY40-49M	00:29:25.00	37	01:17:11.00	25	00:55:38.75	48	02:42:14.75	MED. HAT
33	KENNES, LEON	590	OLY50-59M	00:32:31.00	52	01:19:38.50	30	00:51:06.50	29	02:43:16.00	LETH
34	SLEIK, JOANNA	510	OLY20-29F	00:29:40.00	39	01:25:13.95	55	00:48:39.90	21	02:43:33.85	CRANBROOK
35	BERING, MICHAEL	567	OLY40-49M	00:33:23.69	61	01:18:00.86	26	00:52:11.95	34	02:43:36.50	MED. HAT
36	ERICKSON, DREW	565	OLY20-29M	00:39:45.00	79	01:15:31.60	22	00:48:36.30	20	02:43:52.90	LETH
37	KINDLEY, TRISH	559	OLY40-49F	00:29:11.00	34	01:20:06.25	34	00:54:49.60	44	02:44:06.85	LETH
38	PATERSON, KYLE	546	OLY30-39M	00:31:14.00	47	01:21:06.95	36	00:53:01.20	37	02:45:22.15	LETH
39	PATTERSON, ERIN	507	OLY20-29F	00:24:28.00	10	01:21:54.50	41	00:59:16.55	59	02:45:39.05	LETH
40	RUDD, LESLIE	509	OLY20-29F	00:26:52.00	18	01:26:42.90	60	00:53:16.75	39	02:46:51.65	CALGARY
41	KWASNY, JASON	543	OLY30-39M	00:35:17.85	68	01:19:32.70	29	00:52:57.55	36	02:47:48.10	LETH
42	KELLN, TRAVIS	541	OLY30-39M	00:31:01.82	44	01:23:20.78	49	00:53:25.85	40	02:47:48.45	SWIFT CURVE
43	HARRISON, BRIAN	513	OLY20-29M	00:37:22.00	73	01:21:23.40	37	00:49:30.70	22	02:48:16.10	LETH
44	HARRIS, ERIN	503	OLY20-29F	00:31:44.00	49	01:29:48.55	65	00:47:17.40	14	02:48:49.95	MONARCH
45	MASON, TRUDI	524	OLY30-39F	00:30:00.80	41	01:21:38.81	39	00:58:06.54	56	02:49:46.15	LETH
46	VAN MULLIGEN, JASON	551	OLY30-39M	00:37:27.28	74	01:19:28.72	28	00:52:54.65	35	02:49:50.65	CALGARY
47	HAUBER, TYLER	571	OLY40-49M	00:38:16.03	75	01:23:09.92	46	00:51:02.70	26	02:52:28.65	MED. HAT
48	ISFELD, JASON	540	OLY30-39M	00:27:25.00	23	01:25:07.95	54	01:00:20.40	63	02:52:53.35	LETH
49	LAMBERT, BRIDGET	504	OLY20-29F	00:28:37.00	28	01:22:29.90	44	01:01:48.35	66	02:52:55.25	MED. HAT
50	KEITH, KEVIN	589	OLY50-59M	00:33:03.97	58	01:23:12.38	47	00:57:07.75	53	02:53:24.10	LETH
51	BALDREY, SUE	552	OLY40-49F	00:32:32.00	53	01:21:59.90	42	00:59:15.15	58	02:53:47.05	CALGARY

Overall Results

Olympic 1.5K - 40K - 10K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
52 KOLODZIEJZYK, HELEN	560	OLY40-49F	00:35:07.00	67	01:22:34.05	45	00:56:53.90	52	02:54:34.95	CALGARY
53 THIBERT, CAROL	583	OLY50-59F	00:30:56.13	43	01:23:42.82	50	01:00:08.80	61	02:54:47.75	LETH
54 HANDSAEME, SHERRY	557	OLY40-49F	00:29:02.00	33	01:23:19.10	48	01:04:09.20	68	02:56:30.30	LETH
55 OHLMANN, NIKKI	506	OLY20-29F	00:32:03.00	50	01:24:16.70	51	01:00:13.65	62	02:56:33.35	LETH
56 KEITH, PATRICIA	580	OLY50-59F	00:33:29.34	62	01:29:57.16	66	00:53:10.15	38	02:56:36.65	LETH
57 BROWN, LESLEY	555	OLY40-49F	00:31:12.48	46	01:26:28.77	59	00:59:13.30	57	02:56:54.55	LETH
58 SHRINER, JASON	549	OLY30-39M	00:39:08.00	76	01:28:05.65	63	00:50:32.95	24	02:57:46.60	LETH
59 VUCUREVICH, ALLISON	529	OLY30-39F	00:37:01.00	71	01:27:05.65	62	00:56:53.65	51	03:01:00.30	LETH
60 EMERSON, TRISH	579	OLY50-59F	00:31:15.23	48	01:25:37.22	57	01:04:24.35	69	03:01:16.80	LETH
61 LARABEE, JOSHUA	516	OLY20-29M	00:32:33.00	54	01:29:21.00	64	00:59:39.20	60	03:01:33.20	LETH
62 PENNER, KEN	575	OLY40-49M	00:36:53.00	69	01:31:24.70	69	00:53:38.10	42	03:01:55.80	LETH
63 WINGERTER, LES	594	OLY50-59M	00:26:31.00	16	01:45:43.75	81	00:50:37.80	25	03:02:52.55	LETH
64 KEMPSTER, CODY	515	OLY20-29M	00:25:57.00	12	01:24:58.50	53	01:12:34.30	75	03:03:29.80	LETH
65 BERING, HEATHER	554	OLY40-49F	00:41:20.00	81	01:26:02.55	58	00:57:52.75	55	03:05:15.30	MED. HAT
66 BOYD, PATRICK	512	OLY20-29M	00:34:41.00	65	01:33:10.40	72	00:57:44.95	54	03:05:36.35	MED. HAT
67 KING, ANGE	581	OLY50-59F	00:33:06.00	59	01:31:45.45	70	01:01:35.95	65	03:06:27.40	CALGARY
68 MENTANKO-TIEFENBACH, DONNA	588	OLY40-49F	00:37:08.00	72	01:35:09.45	75	00:55:11.35	46	03:07:28.80	LETH
69 FLAIG, DON	588	OLY50-59M	00:35:05.00	66	01:31:05.55	68	01:03:49.70	67	03:10:00.25	LETH
70 PENNER, KRISTY	508	OLY20-29F	00:28:01.00	24	01:34:32.90	74	01:08:18.15	71	03:10:52.05	LETH
71 WATERS-HUSS, LORELEI	564	OLY40-49F	00:33:02.00	57	01:38:07.65	77	01:01:01.85	64	03:12:11.50	LETH
72 DAVIS, BRAD	535	OLY30-39M	00:39:12.00	77	01:27:05.40	61	01:10:30.80	74	03:16:48.20	LETH
73 MOLINE, LAURA	526	OLY30-39F	00:31:06.93	45	01:24:22.72	52	01:21:25.25	79	03:16:54.90	OKOTOKS
74 MELE, BIAGIO	573	OLY40-49M	00:28:54.93	30	01:25:31.17	56	01:23:24.50	80	03:17:50.60	CALGARY
75 BROWN, MITCHEL	586	OLY50-59M	00:39:25.63	78	01:30:10.22	67	01:09:09.15	72	03:18:45.00	FT. MACLEO
76 MCCRAY, GLENN	572	OLY40-49M	00:47:26.00	82	01:32:21.95	71	01:04:29.85	70	03:24:17.80	LETH
77 WOJTOWICZ, KAREN	530	OLY30-39F	00:32:18.00	51	01:33:21.15	73	01:19:10.95	77	03:24:50.10	LETH
78 NORGDARD, BARB	582	OLY50-59F	00:33:13.00	60	01:39:11.40	79	01:14:30.00	76	03:26:54.40	FT. MACLEO
79 FRANTZ, DON	596	OLY60+M	00:34:07.22	63	01:36:28.48	76	01:20:52.45	78	03:31:28.15	LETH
80 MCINTYRE, KRISTEN	505	OLY20-29F	00:36:59.00	70	01:49:11.50	82	01:09:54.65	73	03:36:05.15	CALGARY
81 PATTERSON, SANDY	562	OLY40-49F	00:34:29.23	64	01:39:02.12	78	01:25:28.10	81	03:38:59.45	LETH
82 BAUMBER, KIRSTEN	553	OLY40-49F	00:40:33.00	80	01:39:12.65	80	01:54:46.20	82	04:14:31.85	CALGARY

Overall Results

Super Sprint .2K - 15K - 3K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1 GEIGER, CHAD	332	SS20-29M	00:03:38.00	12	00:31:05.25	1	00:15:53.90	2	00:50:37.15	CALGARY
2 GONSALVEZ, CHRIS	333	SS20-29M	00:03:49.00	15	00:33:03.80	2	00:16:09.65	3	00:53:02.45	LETH
3 DECILLIA, RYAN	366	SS30-39M	00:03:13.00	5	00:33:39.80	3	00:16:51.50	8	00:53:44.30	LETH
4 WARREN, AUSTIN	309	SS16-19M	00:03:03.00	2	00:35:53.60	12	00:16:13.25	4	00:55:09.85	LETH
5 ADSERBALLE, JACOB	381	SS40-49M	00:03:55.00	17	00:34:51.80	5	00:16:47.15	7	00:55:33.95	LETH
6 IWAASA, KEVIN	369	SS30-39M	00:03:36.00	11	00:35:42.80	9	00:17:17.10	11	00:56:35.90	LETH
7 LIVINGSTON, KIRK	383	SS40-49M	00:05:01.00	48	00:35:22.40	7	00:16:26.65	5	00:56:50.05	COALDALE
8 KINDLEY, KEVIN	393	SS50-59M	00:04:20.00	24	00:34:47.85	4	00:17:49.50	15	00:56:57.35	LETH
9 THOMAS, LEXI	328	SS20-29F	00:04:09.00	22	00:35:28.75	8	00:17:26.10	12	00:57:03.85	LETH
10 COLEBY, FAY	342	SS30-39F	00:04:30.00	31	00:35:52.80	11	00:17:39.65	14	00:58:02.45	LETH
11 BAIN, MICHAEL	331	SS20-29M	00:04:41.00	41	00:35:50.55	10	00:18:22.15	19	00:58:53.70	LETH
12 HOY, LONNY	368	SS30-39M	00:04:01.00	19	00:35:04.30	6	00:20:18.80	29	00:59:24.10	LETH
13 HEINE, LAURA	314	SS20-29F	00:03:00.00	1	00:37:54.50	16	00:18:39.20	20	00:59:33.70	FT. MACLEOD
14 HILL, CHRISTINE	306	SS16-19F	00:03:36.00	10	00:39:03.70	21	00:16:58.90	9	00:59:38.60	LETH
15 FRIESEN, BERT	382	SS40-49M	00:05:29.00	57	00:37:25.65	14	00:17:03.55	10	00:59:58.20	TABER
16 STEWART, RUSS	336	SS20-29M	00:04:44.00	43	00:40:22.05	28	00:14:56.10	1	01:00:02.15	LETH
17 JONES-HUSCH, KATHY	348	SS30-39F	00:04:30.00	30	00:37:31.95	15	00:18:02.60	17	01:00:04.55	LETH
18 KELMAN, SARAH	316	SS20-29F	00:04:39.65	39	00:39:02.00	20	00:17:38.75	13	01:01:20.40	LETH
19 FRENCH, BROOKE	302	SS14-15F	00:03:15.00	6	00:41:04.65	33	00:18:14.95	18	01:02:34.60	LETH
20 MCDUGALD, NATASHA	353	SS30-39F	00:04:02.00	20	00:38:14.10	17	00:20:35.85	31	01:02:51.95	CALGARY
21 GOMES, ADRIENNE	303	SS14-15F	00:03:44.00	14	00:42:30.35	43	00:16:40.55	6	01:02:54.90	LETH
22 LEHBAUER, KRIS	350	SS30-39F	00:03:54.00	16	00:40:37.80	31	00:18:49.00	22	01:03:20.80	LETH
23 BRODIE, MIKE	363	SS30-39M	00:04:13.00	23	00:40:42.80	32	00:19:16.05	25	01:04:11.85	COALDALE
24 THORNEYCROFT, WHITNEY	330	SS20-29F	00:03:42.03	13	00:41:13.37	34	00:19:28.75	27	01:04:24.15	LETH
25 WOOLF, LEANNE	360	SS30-39F	00:05:18.00	54	00:36:22.15	13	00:22:47.70	48	01:04:27.85	LACOMBE
26 MELE, BRIA	304	SS14-15F	00:04:47.19	45	00:40:31.91	30	00:19:18.80	26	01:04:37.90	CALGARY
27 AITKEN, ELENA	337	SS30-39F	00:04:36.00	35	00:38:35.05	18	00:21:27.25	39	01:04:38.30	OKOTOKS
28 KOSSUTH, VIVIEN	349	SS30-39F	00:04:35.00	34	00:39:16.35	22	00:21:19.45	36	01:05:10.80	LETH
29 SCHWAB, ED	335	SS20-29M	00:04:21.00	25	00:39:59.30	25	00:21:05.50	33	01:05:25.80	LETH
30 COOKE, PETERE	365	SS30-39M	00:04:24.00	27	00:43:30.80	49	00:17:50.35	16	01:05:45.15	CALGARY
31 FAULKNER, TRACEY	344	SS30-39F	00:04:40.00	40	00:39:47.05	24	00:21:21.90	38	01:05:48.95	LETH
32 ALFORD, TRINA	372	SS40-49F	00:05:17.00	52	00:40:16.25	27	00:20:19.60	30	01:05:52.85	LETH
33 GRAHAM, KATIE	313	SS20-29F	00:04:46.28	44	00:42:28.37	42	00:18:44.25	21	01:05:58.90	CALGARY
34 LOSEY, MEAGAN	318	SS20-29F	00:03:28.00	7	00:39:40.45	23	00:23:19.15	51	01:06:27.60	LETH
35 SELBY, HEATHER	357	SS30-39F	00:03:12.00	3	00:40:23.70	29	00:23:20.05	52	01:06:55.75	OKOTOKS
36 SCHWENGLER, MARCI	380	SS40-49F	00:06:17.01	69	00:41:35.59	37	00:19:10.45	24	01:07:03.05	LETH
37 SMITH, BEV	391	SS50-59F	00:07:21.00	74	00:38:53.55	19	00:21:20.20	37	01:07:34.75	LETH
38 IWAASA, COLE	334	SS20-29M	00:04:27.00	28	00:41:31.00	35	00:21:43.35	41	01:07:41.35	LETH
39 BENZIE, ALEXA	301	SS14-15F	00:03:28.00	8	00:44:10.20	51	00:20:08.40	28	01:07:46.60	LETH
40 GRAY, MARIANNE	312	SS40-49F	00:05:51.00	65	00:40:05.35	26	00:21:58.40	43	01:07:54.75	LETH
41 BILODEAU-GOESEELS, SYLVIA	373	SS40-49F	00:04:38.00	37	00:41:40.90	38	00:21:59.25	44	01:08:18.15	LETH
42 TANIS, LIZ	327	SS20-29F	00:03:59.00	18	00:41:32.30	36	00:23:02.95	49	01:08:34.25	PICTURE BU
43 CAMERON, JAKE	364	SS30-39M	00:04:39.00	38	00:46:08.45	60	00:18:51.85	23	01:09:39.30	LETH
44 SEIBEL, CARLY	308	SS20-29F	00:03:13.00	4	00:44:39.10	54	00:22:34.00	47	01:10:26.10	LETH
45 DEMERS, MICHELLE	386	SS50-59F	00:05:39.00	62	00:42:49.95	45	00:22:06.75	46	01:10:35.70	LETH
46 BERG, GEORGE	395	SS60+M	00:03:31.00	9	00:42:02.55	40	00:25:05.40	61	01:10:38.95	LETH
47 KOWALCZYK, RHEA	317	SS20-29F	00:04:43.00	42	00:44:51.60	55	00:21:08.75	34	01:10:43.35	LETH
48 HOWARD, MICHELINE	376	SS40-49F	00:06:52.00	71	00:43:11.90	47	00:20:47.55	32	01:10:51.45	CALGARY
49 CASTONGUAY, MONIQUE	341	SS30-39F	00:07:31.00	75	00:42:06.80	41	00:21:38.20	40	01:11:16.00	CALGARY
50 MARTENS, NANCY	351	SS30-39F	00:05:18.00	53	00:41:59.55	39	00:24:20.60	57	01:11:38.15	COALDALE
51 SCHLENKER, AMANDA	325	SS20-29F	00:05:33.00	59	00:44:26.20	52	00:22:04.00	45	01:12:03.20	LETH

Overall Results

Super Sprint .2K - 15K - 3K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
52 BABE, NORMA	338	SS30-39F	00:04:51.00	46	00:45:33.30	57	00:21:51.85	42	01:12:16.15	LETH
53 ROMANIUK, KAREN	356	SS30-39F	00:05:29.00	56	00:43:28.20	48	00:23:41.20	54	01:12:38.40	LETH
54 ABBOTT, EILEEN	371	SS40-49F	00:05:34.00	60	00:43:06.85	46	00:24:12.20	56	01:12:53.05	LETH
55 CAPUTO, KAAREEN	340	SS30-39F	00:06:17.00	68	00:42:44.00	44	00:23:57.50	55	01:12:58.50	LETH
56 MARONDA, KIRBY	320	SS20-29F	00:04:32.00	32	00:45:34.70	58	00:23:41.10	53	01:13:47.80	LETH
57 MARONDA, BRETT	319	SS20-29F	00:04:22.93	26	00:48:48.22	65	00:21:17.10	35	01:14:28.25	CALGARY
58 VARZARI, ANDREA LYNN	359	SS30-39F	00:05:27.00	55	00:44:30.35	53	00:24:45.20	59	01:14:42.55	LETH
59 HANLEY, SHAUN	346	SS30-39F	00:04:05.00	21	00:44:02.55	50	00:26:49.05	66	01:14:56.60	LETH
60 MCLEAN, NATALIE	378	SS40-49F	00:05:36.75	61	00:46:18.60	61	00:23:14.40	50	01:15:09.75	LETH
61 SCHELLENBERG, KATHY	390	SS50-59F	00:05:51.00	64	00:45:12.75	56	00:25:00.95	60	01:16:04.70	MED. HAT
62 MOSER, BRIAN	384	SS40-49M	00:07:01.19	72	00:45:35.21	59	00:25:22.05	62	01:17:58.45	LETH
63 MARONDA, WHITNEY	321	SS20-29F	00:04:32.19	33	00:48:48.86	66	00:25:50.60	65	01:19:11.65	LETH
64 IWAASA, APRIL	315	SS20-29F	00:06:03.00	66	00:49:46.35	70	00:24:29.05	58	01:20:18.40	LETH
65 SHIGEHIRO, MAGGIE	358	SS30-39F	00:05:09.00	49	00:49:30.10	69	00:25:44.60	64	01:20:23.70	LETH
66 MASTEL, MICHELE	352	SS30-39F	00:04:28.00	29	00:48:55.60	67	00:28:19.20	71	01:21:42.80	MED. HAT
67 FREY, CHAD	367	SS30-39M	00:05:44.00	63	00:48:15.00	64	00:28:18.80	70	01:22:17.80	MED. HAT
68 BOWMAN, NANCY	339	SS40-49F	00:04:36.00	36	00:46:50.25	62	00:31:15.50	76	01:22:41.75	
69 HUBER, LINDA	347	SS30-39F	00:07:09.41	73	00:49:57.69	71	00:27:59.65	68	01:25:06.75	CARDSTON
70 EVANS, TAMMY	343	SS30-39F	00:08:00.89	76	00:47:47.41	63	00:29:26.75	72	01:25:15.05	OKOTOKS
71 SKOWRONSKI, LINDSAY	326	SS20-29F	00:05:15.00	50	00:56:07.35	75	00:25:27.20	63	01:26:49.55	LETH
72 NAKASHIMA, MIKA	323	SS20-29F	00:05:16.66	51	00:53:05.49	73	00:29:48.00	75	01:28:10.15	LETH
73 MICHIELIN, ANGELA	354	SS30-39F	00:06:18.00	70	00:52:49.80	72	00:29:43.85	74	01:28:51.65	LETH
74 LOCKHART, BARBARA	389	SS50-59F	00:04:59.00	47	00:56:32.65	76	00:27:44.10	67	01:29:15.75	LETH
75 MORLAND, SIMA	322	SS20-29F	00:06:09.00	67	00:54:45.55	74	00:29:33.75	73	01:30:28.30	CALGARY
76 PRANGNELL, COREY	370	SS30-39M	00:10:08.00	77	00:49:22.00	68	00:33:49.15	77	01:33:19.15	LETH
77 MILNER, KIMBERLIE	379	SS40-49F	00:05:31.00	58	01:03:26.65	77	00:28:10.95	69	01:37:08.60	RAYMOND

Overall Results

Sprint .5K - 20K - 5K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1 DANIELSON, ERIC	202	SPR14-15M	00:06:27.00	1	00:34:12.75	1	00:22:20.75	1	01:03:00.50	LETH
2 SCHELLENBERG, RYAN	222	SPR20-29M	00:08:02.00	3	00:36:14.90	4	00:24:02.95	2	01:08:19.85	CALGARY
3 BRYANT, JEFF	292	SPR50-59M	00:08:03.00	4	00:35:47.45	3	00:25:05.15	5	01:08:55.60	LETH
4 MOTT, ROB	247	SPR30-39M	00:09:40.00	19	00:35:30.80	2	00:24:33.95	4	01:09:44.75	CALGARY
5 ELIUK, DAVID	216	SPR20-29M	00:08:28.00	5	00:40:33.00	7	00:24:21.10	3	01:13:22.10	EDMONTON
6 OTTO, ANDREW	219	SPR20-29M	00:08:47.00	8	00:38:40.35	5	00:26:05.20	6	01:13:32.55	LETH
7 MACLEAN, IAN	218	SPR20-29M	00:08:34.00	6	00:42:03.20	15	00:28:25.70	14	01:19:02.90	LETH
8 KOENIG, KAREN	262	SPR40-49F	00:10:42.00	35	00:42:52.70	18	00:26:57.60	7	01:20:32.30	LETH
9 BYKOWSKI, ELANI	201	SPR14-15F	00:09:36.00	18	00:44:37.45	29	00:27:12.40	9	01:21:25.85	LETH
10 RYBA-JOWSEY, JANIS	267	SPR40-49F	00:10:15.00	26	00:41:55.45	14	00:29:32.95	19	01:21:43.40	LETH
11 MARCINIAK, TERRY	284	SPR50-59M	00:10:09.00	23	00:43:00.80	20	00:29:32.00	18	01:22:41.80	CALGARY
12 BYKOWSKI, JOHN	271	SPR40-49M	00:07:58.00	2	00:43:47.20	27	00:31:01.20	27	01:22:46.40	LETH
13 OTTO, SIMON	248	SPR30-39M	00:11:49.34	54	00:43:06.96	22	00:27:53.35	12	01:22:49.65	CAMPBELLF
14 DEFOREST, SHAWN	242	SPR30-39M	00:16:11.94	82	00:39:55.81	6	00:27:01.10	8	01:23:08.85	CALGARY
15 VUCUREVICH, JEFF	250	SPR30-39M	00:14:06.00	75	00:41:14.80	10	00:27:48.60	11	01:23:09.40	LETH
16 DEBLOIS, CATHERINE	258	SPR40-49F	00:10:50.00	37	00:41:46.45	13	00:30:50.75	24	01:23:27.20	LETH
17 MYLES, CHARLIE	295	SPR50-59M	00:09:15.00	10	00:44:32.55	28	00:29:48.10	22	01:23:35.65	LETH
18 COCHRAN, TREVOR	241	SPR30-39M	00:09:48.00	20	00:41:08.25	9	00:34:03.85	51	01:25:00.10	CALGARY
19 WARD, COLIN	251	SPR30-39M	00:13:34.00	71	00:43:01.40	21	00:28:36.95	15	01:25:12.35	LETH
20 ANDRES, BLAINE	237	SPR30-39M	00:10:39.00	34	00:43:33.20	26	00:31:16.55	29	01:25:28.75	CALGARY
21 ALDCORN, LESLIE	255	SPR40-49F	00:09:15.00	9	00:45:06.05	33	00:31:10.95	28	01:25:32.00	LETH
22 MORIELLO, DINO	275	SPR40-49M	00:15:37.00	81	00:40:56.95	8	00:29:18.75	16	01:25:52.70	CALGARY
23 HAMILTON, DEXTER	217	SPR20-29M	00:08:46.00	7	00:47:31.80	50	00:29:45.25	21	01:26:03.05	LETH
24 MATTHEWS, JULIE	285	SPR50-59F	00:10:29.00	32	00:43:26.05	25	00:33:06.75	42	01:27:01.80	LETH
25 JANKUNIS, FRANK	273	SPR40-49M	00:10:27.81	31	00:45:09.14	34	00:31:40.20	32	01:27:17.15	LETH
26 CLARKE, JEFF	240	SPR30-39M	00:11:40.00	50	00:48:07.60	59	00:27:46.25	10	01:27:33.85	LETH
27 MCFADZEN, MICHELLE	233	SPR30-39F	00:09:17.00	11	00:47:32.45	51	00:30:55.45	26	01:27:44.90	LETH
28 APPELT, TONIA	224	SPR30-39F	00:09:55.00	22	00:47:47.85	56	00:30:22.55	23	01:28:05.40	CALGARY
29 MILLER, IAN	245	SPR30-39M	00:10:24.03	30	00:45:56.62	37	00:32:15.50	35	01:28:36.15	LETH
30 LAQUA, GORDON	274	SPR40-49M	00:17:42.88	86	00:43:11.07	23	00:28:05.20	13	01:28:59.15	CALGARY
31 MILNE, DARREN	246	SPR30-39M	00:09:48.00	21	00:46:19.90	41	00:32:59.95	40	01:29:07.85	LETH
32 SHERIFF, JOHN	277	SPR40-49M	00:12:37.00	64	00:46:49.25	42	00:29:43.70	20	01:29:09.95	LETH
33 HOAR, SHARLEEN	230	SPR30-39F	00:09:33.00	15	00:44:44.15	30	00:35:03.20	56	01:29:20.35	LETH
34 OTTO, SHAUNA	210	SPR20-29F	00:10:14.00	24	00:47:26.05	48	00:31:46.80	33	01:29:26.85	LETH
35 REIMER, SUSAN	235	SPR30-39F	00:10:14.00	25	00:47:33.05	52	00:31:58.85	34	01:29:45.90	BOW ISLAND
36 FORSBERG, JOHANNA	226	SPR30-39F	00:10:34.00	33	00:45:05.25	32	00:34:08.40	52	01:29:47.65	OKOTOKS
37 WILLIAMSON, ROB	253	SPR30-39M	00:13:20.00	68	00:41:28.10	11	00:35:11.40	58	01:29:59.50	LETH
38 VANDERVEEN, KLAAS	296	SPR50-59M	00:13:32.00	70	00:47:33.40	53	00:29:26.00	17	01:30:31.40	PICTURE BU
39 GERLOCK, JENNIFER	228	SPR30-39F	00:10:20.00	28	00:46:56.55	43	00:33:18.70	46	01:30:35.25	EDMONTON
40 ADAMS, SHONA	254	SPR40-49F	00:12:55.41	66	00:45:18.94	35	00:32:28.45	37	01:30:42.80	MED. HAT
41 LARSON, ADA	231	SPR30-39F	00:09:35.00	17	00:45:57.95	38	00:35:14.55	59	01:30:47.50	LETH
42 SLACK, REBEKAH	236	SPR30-39F	00:11:23.00	42	00:48:34.25	63	00:30:54.35	25	01:30:51.60	CALGARY
43 WILDE, CHRIS	252	SPR30-39M	00:16:55.00	85	00:42:54.70	19	00:31:21.65	31	01:31:11.35	LETH
44 VANDERVEEN, GEORGE	278	SPR40-49M	00:12:28.00	61	00:42:12.05	16	00:36:41.00	66	01:31:21.05	PICTURE BU
45 PHILPOTT, KAREN	287	SPR50-59F	00:13:12.00	67	00:46:01.15	39	00:32:24.10	36	01:31:37.25	LETH
46 SCHELLENBERG, DEVAN	221	SPR20-29M	00:10:55.00	38	00:48:03.00	58	00:33:02.05	41	01:32:00.05	LETH
47 GOODFELLOW, PIPPA	259	SPR40-49F	00:09:20.00	13	00:47:49.15	57	00:34:58.75	55	01:32:07.90	LETH
48 HAMILTON, SHAWN	282	SPR50-59F	00:09:34.00	16	00:50:01.55	66	00:33:09.90	44	01:32:45.45	LETH
49 VANDERZEE, JIM	279	SPR40-49M	00:16:34.63	84	00:43:14.57	24	00:33:08.20	43	01:32:57.40	LETH
50 UNGER, DAVID	223	SPR20-29M	00:13:29.00	69	00:46:56.55	44	00:32:57.55	39	01:33:23.10	CALGARY
51 SALMON, NATHAN	220	SPR20-29M	00:12:53.37	65	00:47:20.68	47	00:33:17.25	45	01:33:31.30	LETH

Overall Results

Sprint .5K - 20K - 5K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
52 BUCHANAN, IAN	270	SPR40-49M	00:11:31.00	47	00:45:00.80	31	00:37:05.30	67	01:33:37.10	LETH
53 HEGEDUS, CSABA	294	SPR50-59M	00:11:27.00	45	00:47:45.05	55	00:34:34.55	53	01:33:46.60	LETH
54 DOUCETTE, ANGELICA	205	SPR20-29F	00:11:34.09	48	00:48:24.91	61	00:33:52.10	48	01:33:51.10	LETH
55 CHAPMAN, DAN	239	SPR30-39M	00:14:13.00	78	00:46:04.30	40	00:33:52.00	47	01:34:09.30	COALHURST
56 HALLADAY, BARB	260	SPR40-49F	00:12:35.00	63	00:42:15.20	17	00:39:28.55	76	01:34:18.75	LETH
57 BRYDGES, ALLAN	238	SPR30-39M	00:12:14.93	60	00:50:45.47	72	00:31:20.65	30	01:34:21.05	LETH
58 MAY, FRANCINE	232	SPR30-39F	00:12:06.00	57	00:47:11.65	46	00:35:05.65	57	01:34:23.30	CALGARY
59 MCCULLOCH, KENT	244	SPR30-39M	00:12:33.00	62	00:45:21.10	36	00:36:31.70	65	01:34:25.80	LETH
60 HAYNER, VERONICA	229	SPR30-39F	00:16:23.00	83	00:41:28.50	12	00:37:10.90	68	01:35:02.40	CALGARY
61 APPELT, SHARON	280	SPR50-59F	00:10:21.00	29	00:49:08.85	65	00:36:12.95	63	01:35:42.80	LETH
62 NEAL, KACIE	209	SPR20-29F	00:10:15.00	27	00:50:23.60	71	00:35:18.40	60	01:35:57.00	LETH
63 COLLINS, JOANNE	204	SPR20-29F	00:10:46.34	36	00:47:30.61	49	00:38:14.05	71	01:36:31.00	CALGARY
64 RENTER, DAVID	249	SPR30-39M	00:11:47.00	53	00:52:15.65	76	00:32:43.95	38	01:36:46.60	LETH
65 GILLETT, SHARON	281	SPR50-59F	00:12:07.00	58	00:47:06.50	45	00:39:16.15	74	01:38:29.65	LETH
66 MARCINIAK, LESLIE	264	SPR40-49F	00:10:59.00	39	00:48:33.50	62	00:39:21.55	75	01:38:54.05	CALGARY
67 BOURDON-HARRIS, MARQUIS	257	SPR40-49F	00:14:09.00	76	00:48:15.15	60	00:37:15.65	69	01:39:39.80	MONARCH
68 SMITH-MYLES, KAREN	269	SPR40-49F	00:11:24.00	44	00:55:51.00	80	00:34:03.20	50	01:41:18.20	LETH
69 MACLEAN, PADDY	263	SPR40-49F	00:11:45.00	51	00:50:48.60	73	00:38:47.90	73	01:41:21.50	LETH
70 KENNES, MARY	283	SPR50-59F	00:14:24.00	80	00:51:41.00	75	00:35:32.35	61	01:41:37.35	LETH
71 ARNOLD, JOHN	291	SPR50-59M	00:18:07.00	88	00:48:36.15	64	00:34:57.75	54	01:41:40.90	LETH
72 SISSON, JULIE	268	SPR40-49F	00:14:14.00	79	00:51:06.50	74	00:36:30.00	64	01:41:50.50	LETH
73 BERTEOTTI, JASMIN	225	SPR30-39F	00:14:09.49	77	00:50:10.81	67	00:38:06.60	70	01:42:26.90	RAYMOND
74 HARRIS, STEPHEN	293	SPR50-59M	00:11:45.52	52	00:47:34.68	54	00:43:34.20	83	01:42:54.40	MONARCH
75 WOOLFORD, TRUDY	290	SPR50-59F	00:11:06.47	40	00:50:11.83	68	00:43:33.65	82	01:44:51.95	CARDSTON
76 SMITH, JESSICA	211	SPR20-29F	00:09:19.00	12	00:54:48.45	78	00:40:59.25	78	01:45:06.70	CALGARY
77 GAUDETTE-SHARP, STACEY	206	SPR20-29F	00:12:07.44	59	00:54:37.41	77	00:38:38.45	72	01:45:23.30	LETH
78 STORVOLD, CHANDRA	214	SPR20-29F	00:13:34.00	72	00:55:50.90	79	00:36:07.75	62	01:45:32.65	LETH
79 GERGELY, SUZANNE	227	SPR30-39F	00:11:39.82	49	00:50:17.83	70	00:43:56.85	84	01:45:54.50	COALDALE
80 GOLDSWORTHY, MIKE	243	SPR30-39M	00:17:59.00	87	00:50:15.75	69	00:41:31.25	80	01:49:46.00	CALGARY
81 TRUDEAU, LEAH	289	SPR50-59F	00:13:50.00	74	00:56:35.75	81	00:40:31.75	77	01:50:57.50	LETH
82 MCGAFFEY, VANYA	234	SPR30-39F	00:11:28.65	46	00:57:17.05	83	00:44:13.60	85	01:52:59.30	LETH
83 STARCHUK, KIM	213	SPR20-29F	00:11:15.88	41	01:10:21.22	88	00:33:56.60	49	01:55:33.70	LETH
84 GOLDSWORTHY, CHRISTINA	208	SPR20-29F	00:09:29.00	14	00:57:05.55	82	00:50:35.80	87	01:57:10.35	CALGARY
85 SOPPIT, JACQUI	212	SPR20-29F	00:11:24.00	43	01:05:07.20	87	00:40:59.30	79	01:57:30.50	CALGARY
86 GIBSON, KIM	207	SPR20-29F	00:11:54.00	55	01:03:58.30	86	00:42:30.90	81	01:58:23.20	LETH
87 HOUSTON, ERIN	261	SPR40-49F	00:12:01.00	56	00:58:39.45	84	00:48:03.10	86	01:58:43.55	LETH
88 SMITH, IRENE	288	SPR50-59F	00:13:44.00	73	01:03:02.10	85	00:54:04.00	88	02:10:50.10	CALGARY