

Category Results

Olympic 1.5K Swim 40K Bike 10K Run

82 Total

OLY16-19M	2	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
WILKINSON, KENTON	502	00:24:22.00	9	1	01:19:56.35	33	2	00:40:05.05	3	1	02:24:23.40	10	1
ONTKEAN, NICK	501	00:29:15.00	36	2	01:12:24.88	14	1	00:46:16.67	11	2	02:27:56.55	16	2

OLY20-29F	8	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
SLEIK, JOANNA	510	00:29:40.00	39	5	01:25:13.95	55	4	00:48:39.90	21	2	02:43:33.85	34	1
PATTERSON, ERIN	507	00:24:28.00	10	1	01:21:54.50	41	1	00:59:16.55	59	4	02:45:39.05	39	2
RUDD, LESLIE	509	00:26:52.00	18	2	01:26:42.90	60	5	00:53:16.75	39	3	02:46:51.65	40	3
HARRIS, ERIN	503	00:31:44.00	49	6	01:29:48.55	65	6	00:47:17.40	14	1	02:48:49.95	44	4
LAMBERT, BRIDGET	504	00:28:37.00	28	4	01:22:29.90	44	2	01:01:48.35	66	6	02:52:55.25	49	5
OHLMANN, NIKKI	506	00:32:03.00	50	7	01:24:16.70	51	3	01:00:13.65	62	5	02:56:33.35	55	6
PENNER, KRISTY	508	00:28:01.00	24	3	01:34:32.90	74	7	01:08:18.15	71	7	03:10:52.05	70	7
MCINTYRE, KRISTEN	505	00:36:59.00	70	8	01:49:11.50	82	8	01:09:54.65	73	8	03:36:05.15	80	8

OLY20-29M	10	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
SCHAERZ, SIMON	519	00:20:49.00	2	1	01:02:03.10	2	1	00:36:48.05	1	1	01:59:40.15	1	1
HUMPHREY, MIKE	514	00:28:42.00	29	6	01:04:21.07	4	2	00:47:45.88	16	2	02:20:48.95	7	2
OLSEN, JOHN	518	00:24:20.00	8	3	01:12:08.35	13	3	00:50:07.60	23	5	02:26:35.95	15	3
MENTA, ROGER	517	00:26:31.00	15	5	01:14:58.66	21	4	00:56:53.24	50	7	02:38:22.90	24	4
SMITH, JUSTIN	520	00:24:13.00	7	2	01:19:52.30	32	6	00:55:26.50	47	6	02:39:31.80	27	5
ERICKSON, DREW	565	00:39:45.00	79	10	01:15:31.60	22	5	00:48:36.30	20	3	02:43:52.90	36	6
HARRISON, BRIAN	513	00:37:22.00	73	9	01:21:23.40	37	7	00:49:30.70	22	4	02:48:16.10	43	7
LARABEE, JOSHUA	516	00:32:33.00	54	7	01:29:21.00	64	9	00:59:39.20	60	9	03:01:33.20	61	8
KEMPSTER, CODY	515	00:25:57.00	12	4	01:24:58.50	53	8	01:12:34.30	75	10	03:03:29.80	64	9
BOYD, PATRICK	512	00:34:41.00	65	8	01:33:10.40	72	10	00:57:44.95	54	8	03:05:36.35	66	10

OLY30-39F	8	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
LATHAM, COLLEEN	523	00:25:41.00	11	1	01:12:54.80	18	2	00:43:06.35	6	1	02:21:42.15	8	1
ANDERSON, JULIE	522	00:26:56.00	19	2	01:12:37.22	15	1	00:51:31.93	30	3	02:31:05.15	18	2
MCCULLOCH, ROBIN	525	00:27:11.00	21	3	01:20:31.55	35	4	00:48:23.90	19	2	02:36:06.45	22	3
ROEMMELE, TRACEY	528	00:32:50.75	56	7	01:14:22.05	20	3	00:53:26.30	41	4	02:40:39.10	29	4
MASON, TRUDI	524	00:30:00.80	41	4	01:21:38.81	39	5	00:58:06.54	56	6	02:49:46.15	45	5
VUCUREVICH, ALLISON	529	00:37:01.00	71	8	01:27:05.65	62	7	00:56:53.65	51	5	03:01:00.30	59	6
MOLINE, LAURA	526	00:31:06.93	45	5	01:24:22.72	52	6	01:21:25.25	79	8	03:16:54.90	73	7
WOJTOWICZ, KAREN	530	00:32:18.00	51	6	01:33:21.15	73	8	01:19:10.95	77	7	03:24:50.10	77	8

OLY30-39M	19	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
KINCAID, JASON	542	00:21:38.00	3	2	01:00:01.00	1	1	00:39:40.70	2	1	02:01:19.70	2	1
REID, CHAD	548	00:20:48.00	1	1	01:04:19.70	3	2	00:41:16.60	5	3	02:06:24.30	3	2
MUNDELL, MARK	545	00:22:34.00	4	3	01:08:39.20	8	4	00:45:15.85	8	4	02:16:29.05	5	3
HAYNER, DARREN	539	00:26:57.00	20	7	01:09:17.05	9	5	00:40:37.75	4	2	02:16:51.80	6	4
FIX, TIM	538	00:28:03.00	25	9	01:08:04.10	7	3	00:46:58.25	13	8	02:23:05.35	9	5
PENNER, DARRYL	547	00:28:59.00	31	10	01:09:50.20	10	6	00:45:47.30	9	5	02:24:36.50	11	6
ELM, IAN	536	00:26:09.00	13	5	01:10:55.65	12	8	00:48:10.45	18	9	02:25:15.10	13	7
SLEIK, RYAN	550	00:29:26.00	38	12	01:10:00.74	11	7	00:46:53.61	12	7	02:26:20.35	14	8
ENGLISH, JASON	537	00:26:22.00	14	6	01:13:06.64	19	9	00:51:05.66	28	12	02:30:34.30	17	9
DAVIES, DYLAN	534	00:22:44.00	5	4	01:16:42.58	24	10	00:56:03.27	49	17	02:35:29.85	21	10
COTE, RICHARD	532	00:30:00.00	40	13	01:21:28.70	38	15	00:45:59.35	10	6	02:37:28.05	23	11
CRAIG, STEVE	533	00:28:59.83	32	11	01:18:38.67	27	11	00:51:03.30	27	11	02:38:41.80	25	12
PATERSON, KYLE	546	00:31:14.00	47	15	01:21:06.95	36	14	00:53:01.20	37	15	02:45:22.15	38	13
KWASNY, JASON	543	00:35:17.85	68	16	01:19:32.70	29	13	00:52:57.55	36	14	02:47:48.10	41	14
KELLN, TRAVIS	541	00:31:01.82	44	14	01:23:20.78	49	16	00:53:25.85	40	16	02:47:48.45	42	15
VAN MULLIGEN, JASON	551	00:37:27.28	74	17	01:19:28.72	28	12	00:52:54.65	35	13	02:49:50.65	46	16
ISFELD, JASON	540	00:27:25.00	23	8	01:25:07.95	54	17	01:00:20.40	63	18	02:52:53.35	48	17
SHRINER, JASON	549	00:39:08.00	76	18	01:28:05.65	63	19	00:50:32.95	24	10	02:57:46.60	58	18
DAVIS, BRAD	535	00:39:12.00	77	19	01:27:05.40	61	18	01:10:30.80	74	19	03:16:48.20	72	19

Category Results

Olympic 1.5K Swim 40K Bike 10K Run

82 Total

OLY40-49F	11	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
DALPHOND, LOUISE	556	00:26:42.00	17	1	01:22:03.25	43	3	00:52:01.05	32	1	02:40:46.30	30	1
KINDLEY, TRISH	559	00:29:11.00	34	3	01:20:06.25	34	1	00:54:49.60	44	2	02:44:06.85	37	2
BALDREY, SUE	552	00:32:32.00	53	5	01:21:59.90	42	2	00:59:15.15	58	7	02:53:47.05	51	3
KOŁODZIEJZYK, HELEN	560	00:35:07.00	67	8	01:22:34.05	45	4	00:56:53.90	52	4	02:54:34.95	52	4
HANSAEME, SHERRY	557	00:29:02.00	33	2	01:23:19.10	48	5	01:04:09.20	68	9	02:56:30.30	54	5
BROWN, LESLEY	555	00:31:12.48	46	4	01:26:28.77	59	7	00:59:13.30	57	6	02:56:54.55	57	6
BERING, HEATHER	554	00:41:20.00	81	11	01:26:02.55	58	6	00:57:52.75	55	5	03:05:15.30	65	7
MENTANKO-TIEFENBACH, DON	561	00:37:08.00	72	9	01:35:09.45	75	8	00:55:11.35	46	3	03:07:28.80	68	8
WATERS-HUSS, LORELEI	564	00:33:02.00	57	6	01:38:07.65	77	9	01:01:01.85	64	8	03:12:11.50	71	9
PATTERSON, SANDY	562	00:34:29.23	64	7	01:39:02.12	78	10	01:25:28.10	81	10	03:38:59.45	81	10
BAUMBER, KIRSTEN	553	00:40:33.00	80	10	01:39:12.65	80	11	01:54:46.20	82	11	04:14:31.85	82	11

OLY40-49M	11	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
WILKINSON, JOEL	578	00:22:59.00	6	1	01:06:27.95	5	1	00:45:07.50	7	1	02:14:34.45	4	1
NICOL, CREGG	574	00:30:05.78	42	6	01:07:08.02	6	2	00:47:33.60	15	2	02:24:47.40	12	2
GLADNEY, GERARD	570	00:29:13.00	35	4	01:12:54.45	17	3	00:52:01.65	33	6	02:34:09.10	19	3
PROBST, DALE	576	00:27:24.00	22	2	01:19:43.10	31	6	00:51:40.50	31	5	02:38:47.60	26	4
CANADINE, MIKE	568	00:32:39.57	55	7	01:21:39.38	40	7	00:47:54.15	17	3	02:42:13.10	31	5
THURBER, BRUCE	577	00:29:25.00	37	5	01:17:11.00	25	4	00:55:38.75	48	9	02:42:14.75	32	6
BERING, MICHAEL	567	00:33:23.69	61	8	01:18:00.86	26	5	00:52:11.95	34	7	02:43:36.50	35	7
HAUBER, TYLER	571	00:38:16.03	75	10	01:23:09.92	46	8	00:51:02.70	26	4	02:52:28.65	47	8
PENNER, KEN	575	00:36:53.00	69	9	01:31:24.70	69	10	00:53:38.10	42	8	03:01:55.80	62	9
MELE, BIAGIO	573	00:28:54.93	30	3	01:25:31.17	56	9	01:23:24.50	80	11	03:17:50.60	74	10
MCCRAY, GLENN	572	00:47:26.00	82	11	01:32:21.95	71	11	01:04:29.85	70	10	03:24:17.80	76	11

OLY50-59F	5	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
THIBERT, CAROL	583	00:30:56.13	43	1	01:23:42.82	50	1	01:00:08.80	61	2	02:54:47.75	53	1
KEITH, PATRICIA	580	00:33:29.34	62	5	01:29:57.16	66	3	00:53:10.15	38	1	02:56:36.65	56	2
EMERSON, TRISH	579	00:31:15.23	48	2	01:25:37.22	57	2	01:04:24.35	69	4	03:01:16.80	60	3
KING, ANGE	581	00:33:06.00	59	3	01:31:45.45	70	4	01:01:35.95	65	3	03:06:27.40	67	4
NORGARD, BARB	582	00:33:13.00	60	4	01:39:11.40	79	5	01:14:30.00	76	5	03:26:54.40	78	5

OLY50-59M	7	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
ARMSTRONG, DWAYNE	584	00:28:29.00	27	2	01:12:41.50	16	1	00:53:43.60	43	3	02:34:54.10	20	1
SMITH, BRENT	592	00:28:29.00	26	3	01:16:12.65	23	2	00:55:04.80	45	4	02:39:46.45	28	2
KENNES, LEON	590	00:32:31.00	52	4	01:19:38.50	30	3	00:51:06.50	29	2	02:43:16.00	33	3
KEITH, KEVIN	589	00:33:03.97	58	5	01:23:12.38	47	4	00:57:07.75	53	5	02:53:24.10	50	4
WINGERTER, LES	594	00:26:31.00	16	1	01:45:43.75	81	7	00:50:37.80	25	1	03:02:52.55	63	5
FLAIG, DON	588	00:35:05.00	66	6	01:31:05.55	68	6	01:03:49.70	67	6	03:10:00.25	69	6
BROWN, MITCHEL	586	00:39:25.63	78	7	01:30:10.22	67	5	01:09:09.15	72	7	03:18:45.00	75	7

OLY60+M	1	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
FRANTZ, DON	596	00:34:07.22	63	1	01:36:28.48	76	1	01:20:52.45	78	1	03:31:28.15	79	1

Category Results

Super Sprint .2K Swim 15K Bike 3K Run

77 Total

SS14-15F	4	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
FRENCH, BROOKE	302	00:03:15.00	6	1	00:41:04.65	33	2	00:18:14.95	18	2	01:02:34.60	19	1
GOMES, ADRIENNE	303	00:03:44.00	14	3	00:42:30.35	43	3	00:16:40.55	6	1	01:02:54.90	21	2
MELE, BRIA	304	00:04:47.19	45	4	00:40:31.91	30	1	00:19:18.80	26	3	01:04:37.90	26	3
BENZIE, ALEXA	301	00:03:28.00	8	2	00:44:10.20	51	4	00:20:08.40	28	4	01:07:46.60	39	4

SS16-19F	1	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
HILL, CHRISTINE	306	00:03:36.00	10	1	00:39:03.70	21	1	00:16:58.90	9	1	00:59:38.60	14	1

SS16-19M	1	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
WARREN, AUSTIN	309	00:03:03.00	2	1	00:35:53.60	12	1	00:16:13.25	4	1	00:55:09.85	4	1

SS20-29F	17	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
THOMAS, LEXI	328	00:04:09.00	22	6	00:35:28.75	8	1	00:17:26.10	12	1	00:57:03.85	9	1
HEINE, LAURA	314	00:03:00.00	1	1	00:37:54.50	16	2	00:18:39.20	20	3	00:59:33.70	13	2
KELMAN, SARAH	316	00:04:39.65	39	10	00:39:02.00	20	3	00:17:38.75	13	2	01:01:20.40	18	3
THORNECROFT, WHITNEY	330	00:03:42.03	13	4	00:41:13.37	34	5	00:19:28.75	27	5	01:04:24.15	24	4
GRAHAM, KATIE	313	00:04:46.28	44	12	00:42:28.37	42	7	00:18:44.25	21	4	01:05:58.90	33	5
LOSEY, MEAGAN	318	00:03:28.00	7	3	00:39:40.45	23	4	00:23:19.15	51	11	01:06:27.60	34	6
TANIS, LIZ	327	00:03:59.00	18	5	00:41:32.30	36	6	00:23:02.95	49	10	01:08:34.25	42	7
SEIBEL, CARLY	308	00:03:13.00	4	2	00:44:39.10	54	9	00:22:34.00	47	9	01:10:26.10	44	8
KOWALCZYK, RHEA	317	00:04:43.00	42	11	00:44:51.60	55	10	00:21:08.75	34	6	01:10:43.35	47	9
SCHLENKER, AMANDA	325	00:05:33.00	59	15	00:44:26.20	52	8	00:22:04.00	45	8	01:12:03.20	51	10
MARONDA, KIRBY	320	00:04:32.00	32	8	00:45:34.70	58	11	00:23:41.10	53	12	01:13:47.80	56	11
MARONDA, BRETT	319	00:04:22.93	26	7	00:48:48.22	65	12	00:21:17.10	35	7	01:14:28.25	57	12
MARONDA, WHITNEY	321	00:04:32.19	33	9	00:48:48.86	66	13	00:25:50.60	65	15	01:19:11.65	63	13
IWAASA, APRIL	315	00:06:03.00	66	16	00:49:46.35	70	14	00:24:29.05	58	13	01:20:18.40	64	14
SKOWRONSKI, LINDSAY	326	00:05:15.00	50	13	00:56:07.35	75	17	00:25:27.20	63	14	01:26:49.55	71	15
NAKASHIMA, MIKA	323	00:05:16.66	51	14	00:53:05.49	73	15	00:29:48.00	75	17	01:28:10.15	72	16
MORLAND, SIMA	322	00:06:09.00	67	17	00:54:45.55	74	16	00:29:33.75	73	16	01:30:28.30	75	17

SS20-29M	6	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
GEIGER, CHAD	332	00:03:38.00	12	1	00:31:05.25	1	1	00:15:53.90	2	2	00:50:37.15	1	1
GONSALVEZ, CHRIS	333	00:03:49.00	15	2	00:33:03.80	2	2	00:16:09.65	3	3	00:53:02.45	2	2
BAIN, MICHAEL	331	00:04:41.00	41	5	00:35:50.55	10	3	00:18:22.15	19	4	00:58:53.70	11	3
STEWART, RUSS	336	00:04:44.00	43	6	00:40:22.05	28	5	00:14:56.10	1	1	01:00:02.15	16	4
SCHWAB, ED	335	00:04:21.00	25	3	00:39:59.30	25	4	00:21:05.50	33	5	01:05:25.80	29	5
IWAASA, COLE	334	00:04:27.00	28	4	00:41:31.00	35	6	00:21:43.35	41	6	01:07:41.35	38	6

Category Results

Super Sprint .2K Swim 15K Bike 3K Run

77 Total

SS30-39F	21	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
COLEBY, FAY	342	00:04:30.00	31	6	00:35:52.80	11	1	00:17:39.65	14	1	00:58:02.45	10	1
JONES-HUSCH, KATHY	348	00:04:30.00	30	7	00:37:31.95	15	3	00:18:02.60	17	2	01:00:04.55	17	2
MCDUGALD, NATASHA	353	00:04:02.00	20	3	00:38:14.10	17	4	00:20:35.85	31	4	01:02:51.95	20	3
LEHBAUER, KRIS	350	00:03:54.00	16	2	00:40:37.80	31	9	00:18:49.00	22	3	01:03:20.80	22	4
WOLF, LEANNE	360	00:05:18.00	54	13	00:36:22.15	13	2	00:22:47.70	48	10	01:04:27.85	25	5
AITKEN, ELENA	337	00:04:36.00	35	9	00:38:35.05	18	5	00:21:27.25	39	7	01:04:38.30	27	6
KOSSUTH, VIVIEN	349	00:04:35.00	34	8	00:39:16.35	22	6	00:21:19.45	36	5	01:05:10.80	28	7
FAULKNER, TRACEY	344	00:04:40.00	40	10	00:39:47.05	24	7	00:21:21.90	38	6	01:05:48.95	31	8
SELBY, HEATHER	357	00:03:12.00	3	1	00:40:23.70	29	8	00:23:20.05	52	11	01:06:55.75	35	9
CASTONGUAY, MONIQUE	341	00:07:31.00	75	20	00:42:06.80	41	11	00:21:38.20	40	8	01:11:16.00	49	10
MARTENS, NANCY	351	00:05:18.00	53	14	00:41:59.55	39	10	00:24:20.60	57	14	01:11:38.15	50	11
BABE, NORMA	338	00:04:51.00	46	11	00:45:33.30	57	16	00:21:51.85	42	9	01:12:16.15	52	12
ROMANIUK, KAREN	356	00:05:29.00	56	16	00:43:28.20	48	13	00:23:41.20	54	12	01:12:38.40	53	13
CAPUTO, KAAREEN	340	00:06:17.00	68	17	00:42:44.00	44	12	00:23:57.50	55	13	01:12:58.50	55	14
VARZARI, ANDREA LYNN	359	00:05:27.00	55	15	00:44:30.35	53	15	00:24:45.20	59	15	01:14:42.55	58	15
HANLEY, SHAUN	346	00:04:05.00	21	4	00:44:02.55	50	14	00:26:49.05	66	17	01:14:56.60	59	16
SHIGEHRO, MAGGIE	358	00:05:09.00	49	12	00:49:30.10	69	19	00:25:44.60	64	16	01:20:23.70	65	17
MASTEL, MICHELE	352	00:04:28.00	29	5	00:48:55.60	67	18	00:28:19.20	71	19	01:21:42.80	66	18
HUBER, LINDA	347	00:07:09.41	73	19	00:49:57.69	71	20	00:27:59.65	68	18	01:25:06.75	69	19
EVANS, TAMMY	343	00:08:00.89	76	21	00:47:47.41	63	17	00:29:26.75	72	20	01:25:15.05	70	20
MICHIELIN, ANGELA	354	00:06:18.00	70	18	00:52:49.80	72	21	00:29:43.85	74	21	01:28:51.65	73	21

SS30-39M	8	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
DECILLIA, RYAN	366	00:03:13.00	5	1	00:33:39.80	3	1	00:16:51.50	8	1	00:53:44.30	3	1
IWAASA, KEVIN	369	00:03:36.00	11	2	00:35:42.80	9	3	00:17:17.10	11	2	00:56:35.90	6	2
HOY, LONNY	368	00:04:01.00	19	3	00:35:04.30	6	2	00:20:18.80	29	6	00:59:24.10	12	3
BRODIE, MIKE	363	00:04:13.00	23	4	00:40:42.80	32	4	00:19:16.05	25	5	01:04:11.85	23	4
COOKE, PETERE	365	00:04:24.00	27	5	00:43:30.80	49	5	00:17:50.35	16	3	01:05:45.15	30	5
CAMERON, JAKE	364	00:04:39.00	38	6	00:46:08.45	60	6	00:18:51.85	23	4	01:09:39.30	43	6
FREY, CHAD	367	00:05:44.00	63	7	00:48:15.00	64	7	00:28:18.80	70	7	01:22:17.80	67	7
PRANGNELL, COREY	370	00:10:08.00	77	8	00:49:22.00	68	8	00:33:49.15	77	8	01:33:19.15	76	8

SS40-49F	9	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
ALFORD, TRINA	372	00:05:17.00	52	3	00:40:16.25	27	2	00:20:19.60	30	2	01:05:52.85	32	1
SCHWENGLER, MARCI	380	00:06:17.01	69	8	00:41:35.59	37	3	00:19:10.45	24	1	01:07:03.05	36	2
GRAY, MARIANNE	312	00:05:51.00	65	7	00:40:05.35	26	1	00:21:58.40	43	4	01:07:54.75	40	3
BILODEAU-GOESEELS, SYLVIE	373	00:04:38.00	37	2	00:41:40.90	38	4	00:21:59.25	44	5	01:08:18.15	41	4
HOWARD, MICHELINE	376	00:06:52.00	71	9	00:43:11.90	47	6	00:20:47.55	32	3	01:10:51.45	48	5
ABBOTT, EILEEN	371	00:05:34.00	60	5	00:43:06.85	46	5	00:24:12.20	56	7	01:12:53.05	54	6
MCLEAN, NATALIE	378	00:05:36.75	61	6	00:46:18.60	61	7	00:23:14.40	50	6	01:15:09.75	60	7
BOWMAN, NANCY	339	00:04:36.00	36	1	00:46:50.25	62	8	00:31:15.50	76	9	01:22:41.75	68	8
MILNER, KIMBERLIE	379	00:05:31.00	58	4	01:03:26.65	77	9	00:28:10.95	69	8	01:37:08.60	77	9

SS40-49M	4	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
ADSERBALLE, JACOB	381	00:03:55.00	17	1	00:34:51.80	5	1	00:16:47.15	7	2	00:55:33.95	5	1
LIVINGSTON, KIRK	383	00:05:01.00	48	2	00:35:22.40	7	2	00:16:26.65	5	1	00:56:50.05	7	2
FRIESEN, BERT	382	00:05:29.00	57	3	00:37:25.65	14	3	00:17:03.55	10	3	00:59:58.20	15	3
MOSER, BRIAN	384	00:07:01.19	72	4	00:45:35.21	59	4	00:25:22.05	62	4	01:17:58.45	62	4

SS50-59F	4	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
SMITH, BEV	391	00:07:21.00	74	4	00:38:53.55	19	1	00:21:20.20	37	1	01:07:34.75	37	1
DEMERS, MICHELLE	386	00:05:39.00	62	2	00:42:49.95	45	2	00:22:06.75	46	2	01:10:35.70	45	2
SCHELLENBERG, KATHY	390	00:05:51.00	64	3	00:45:12.75	56	3	00:25:00.95	60	3	01:16:04.70	61	3
LOCKHART, BARBARA	389	00:04:59.00	47	1	00:56:32.65	76	4	00:27:44.10	67	4	01:29:15.75	74	4

Category Results

Super Sprint .2K Swim 15K Bike 3K Run

77 Total

SS50-59M	1	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
KINDLEY, KEVIN	393	00:04:20.00	24	1	00:34:47.85	4	1	00:17:49.50	15	1	00:56:57.35	8	1

SS60+M	1	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
BERG, GEORGE	395	00:03:31.00	9	1	00:42:02.55	40	1	00:25:05.40	61	1	01:10:38.95	46	1

Category Results

Sprint .5K Swim 20K Bike 5K Run

88 Total

SPR14-15F	1	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
BYKOWSKI, ELANI	201	00:09:36.00	18	1	00:44:37.45	29	1	00:27:12.40	9	1	01:21:25.85	9	1

SPR14-15M	1	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
DANIELSON, ERIC	202	00:06:27.00	1	1	00:34:12.75	1	1	00:22:20.75	1	1	01:03:00.50	1	1

SPR20-29F	11	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
OTTO, SHAUNA	210	00:10:14.00	24	3	00:47:26.05	48	1	00:31:46.80	33	1	01:29:26.85	34	1
DOUCETTE, ANGELICA	205	00:11:34.09	48	8	00:48:24.91	61	3	00:33:52.10	48	2	01:33:51.10	54	2
NEAL, KACIE	209	00:10:15.00	27	4	00:50:23.60	71	4	00:35:18.40	60	4	01:35:57.00	62	3
COLLINS, JOANNE	204	00:10:46.34	36	5	00:47:30.61	49	2	00:38:14.05	71	6	01:36:31.00	63	4
SMITH, JESSICA	211	00:09:19.00	12	1	00:54:48.45	78	6	00:40:59.25	78	8	01:45:06.70	76	5
GAUDETTE-SHARP, STACEY	206	00:12:07.44	59	10	00:54:37.41	77	5	00:38:38.45	72	7	01:45:23.30	77	6
STORVOLD, CHANDRA	214	00:13:34.00	72	11	00:55:50.90	79	7	00:36:07.75	62	5	01:45:32.65	78	7
STARCHUK, KIM	213	00:11:15.88	41	6	01:10:21.22	88	11	00:33:56.60	49	3	01:55:33.70	83	8
GOLDSWORTHY, CHRISTINA	208	00:09:29.00	14	2	00:57:05.55	82	8	00:50:35.80	87	11	01:57:10.35	84	9
SOPPIT, JACQUI	212	00:11:24.00	43	7	01:05:07.20	87	10	00:40:59.30	79	9	01:57:30.50	85	10
GIBSON, KIM	207	00:11:54.00	55	9	01:03:58.30	86	9	00:42:30.90	81	10	01:58:23.20	86	11

SPR20-29M	8	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
SCHELLENBERG, RYAN	222	00:08:02.00	3	1	00:36:14.90	4	1	00:24:02.95	2	1	01:08:19.85	2	1
ELIUK, DAVID	216	00:08:28.00	5	2	00:40:33.00	7	3	00:24:21.10	3	2	01:13:22.10	5	2
OTTO, ANDREW	219	00:08:47.00	8	5	00:38:40.35	5	2	00:26:05.20	6	3	01:13:32.55	6	3
MACLEAN, IAN	218	00:08:34.00	6	3	00:42:03.20	15	4	00:28:25.70	14	4	01:19:02.90	7	4
HAMILTON, DEXTER	217	00:08:46.00	7	4	00:47:31.80	50	7	00:29:45.25	21	5	01:26:03.05	23	5
SCHELLENBERG, DEVAN	221	00:10:55.00	38	6	00:48:03.00	58	8	00:33:02.05	41	7	01:32:00.05	46	6
UNGER, DAVID	223	00:13:29.00	69	8	00:46:56.55	44	5	00:32:57.55	39	6	01:33:23.10	50	7
SALMON, NATHAN	220	00:12:53.37	65	7	00:47:20.68	47	6	00:33:17.25	45	8	01:33:31.30	51	8

SPR30-39F	13	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
MCFADZEN, MICHELLE	233	00:09:17.00	11	1	00:47:32.45	51	7	00:30:55.45	26	3	01:27:44.90	27	1
APPELT, TONIA	224	00:09:55.00	22	4	00:47:47.85	56	9	00:30:22.55	23	1	01:28:05.40	28	2
HOAR, SHARLEEN	230	00:09:33.00	15	2	00:44:44.15	30	2	00:35:03.20	56	7	01:29:20.35	33	3
REIMER, SUSAN	235	00:10:14.00	25	5	00:47:33.05	52	8	00:31:58.85	34	4	01:29:45.90	35	4
FORSBERG, JOHANNA	226	00:10:34.00	33	7	00:45:05.25	32	3	00:34:08.40	52	6	01:29:47.65	36	5
GERLOCK, JENNIFER	228	00:10:20.00	28	6	00:46:56.55	43	5	00:33:18.70	46	5	01:30:35.25	39	6
LARSON, ADA	231	00:09:35.00	17	3	00:45:57.95	38	4	00:35:14.55	59	9	01:30:47.50	41	7
SLACK, REBEKAH	236	00:11:23.00	42	8	00:48:34.25	63	10	00:30:54.35	25	2	01:30:51.60	42	8
MAY, FRANCINE	232	00:12:06.00	57	11	00:47:11.65	46	6	00:35:05.65	57	8	01:34:23.30	58	9
HAYNER, VERONICA	229	00:16:23.00	83	13	00:41:28.50	12	1	00:37:10.90	68	10	01:35:02.40	60	10
BERTEOTTI, JASMIN	225	00:14:09.49	77	12	00:50:10.81	67	11	00:38:06.60	70	11	01:42:26.90	73	11
GERGELY, SUZANNE	227	00:11:39.82	49	10	00:50:17.83	70	12	00:43:56.85	84	12	01:45:54.50	79	12
MCGAFFEY, VANYA	234	00:11:28.65	46	9	00:57:17.05	83	13	00:44:13.60	85	13	01:52:59.30	82	13

Category Results

Sprint .5K Swim 20K Bike 5K Run

88 Total

SPR30-39M	17	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
MOTT, ROB	247	00:09:40.00	19	1	00:35:30.80	2	1	00:24:33.95	4	1	01:09:44.75	4	1
OTTO, SIMON	248	00:11:49.34	54	8	00:43:06.96	22	8	00:27:53.35	12	5	01:22:49.65	13	2
DEFOREST, SHAWN	242	00:16:11.94	82	15	00:39:55.81	6	2	00:27:01.10	8	2	01:23:08.85	14	3
VUCUREVICH, JEFF	250	00:14:06.00	75	13	00:41:14.80	10	4	00:27:48.60	11	4	01:23:09.40	15	4
COCHRAN, TREVOR	241	00:09:48.00	20	2	00:41:08.25	9	3	00:34:03.85	51	14	01:25:00.10	18	5
WARD, COLIN	251	00:13:34.00	71	12	00:43:01.40	21	7	00:28:36.95	15	6	01:25:12.35	19	6
ANDRES, BLAINE	237	00:10:39.00	34	5	00:43:33.20	26	9	00:31:16.55	29	7	01:25:28.75	20	7
CLARKE, JEFF	240	00:11:40.00	50	6	00:48:07.60	59	14	00:27:46.25	10	3	01:27:33.85	26	8
MILLER, IAN	245	00:10:24.03	30	4	00:45:56.62	37	11	00:32:15.50	35	10	01:28:36.15	29	9
MILNE, DARREN	246	00:09:48.00	21	3	00:46:19.90	41	13	00:32:59.95	40	12	01:29:07.85	31	10
WILLIAMSON, ROB	253	00:13:20.00	68	11	00:41:28.10	11	5	00:35:11.40	58	15	01:29:59.50	37	11
WILDE, CHRIS	252	00:16:55.00	85	16	00:42:54.70	19	6	00:31:21.65	31	9	01:31:11.35	43	12
CHAPMAN, DAN	239	00:14:13.00	78	14	00:46:04.30	40	12	00:33:52.00	47	13	01:34:09.30	55	13
BRYDGES, ALLAN	238	00:12:14.93	60	9	00:50:45.47	72	16	00:31:20.65	30	8	01:34:21.05	57	14
MCCULLOCH, KENT	244	00:12:33.00	62	10	00:45:21.10	36	10	00:36:31.70	65	16	01:34:25.80	59	15
RENTER, DAVID	249	00:11:47.00	53	7	00:52:15.65	76	17	00:32:43.95	38	11	01:36:46.60	64	16
GOLDSWORTHY, MIKE	243	00:17:59.00	87	17	00:50:15.75	69	15	00:41:31.25	80	17	01:49:46.00	80	17

SPR40-49F	13	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
KOENIG, KAREN	262	00:10:42.00	35	4	00:42:52.70	18	4	00:26:57.60	7	1	01:20:32.30	8	1
RYBA-JOWSEY, JANIS	267	00:10:15.00	26	3	00:41:55.45	14	2	00:29:32.95	19	2	01:21:43.40	10	2
DEBLOIS, CATHERINE	258	00:10:50.00	37	5	00:41:46.45	13	1	00:30:50.75	24	3	01:23:27.20	16	3
ALDCORN, LESLIE	255	00:09:15.00	9	1	00:45:06.05	33	5	00:31:10.95	28	4	01:25:32.00	21	4
ADAMS, SHONA	254	00:12:55.41	66	11	00:45:18.94	35	6	00:32:28.45	37	5	01:30:42.80	40	5
GOODFELLOW, PIPPA	259	00:09:20.00	13	2	00:47:49.15	57	7	00:34:58.75	55	7	01:32:07.90	47	6
HALLADAY, BARB	260	00:12:35.00	63	10	00:42:15.20	17	3	00:39:28.55	76	12	01:34:18.75	56	7
MARCINIAK, LESLIE	264	00:10:59.00	39	6	00:48:33.50	62	9	00:39:21.55	75	11	01:38:54.05	66	8
BOURDON-HARRIS, MARQUISE	257	00:14:09.00	76	12	00:48:15.15	60	8	00:37:15.65	69	9	01:39:39.80	67	9
SMITH-MYLES, KAREN	269	00:11:24.00	44	7	00:55:51.00	80	12	00:34:03.20	50	6	01:41:18.20	68	10
MACLEAN, PADDY	263	00:11:45.00	51	8	00:50:48.60	73	10	00:38:47.90	73	10	01:41:21.50	69	11
SISSON, JULIE	268	00:14:14.00	79	13	00:51:06.50	74	11	00:36:30.00	64	8	01:41:50.50	72	12
HOUSTON, ERIN	261	00:12:01.00	56	9	00:58:39.45	84	13	00:48:03.10	86	13	01:58:43.55	87	13

SPR40-49M	8	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
BYKOWSKI, JOHN	271	00:07:58.00	2	1	00:43:47.20	27	5	00:31:01.20	27	4	01:22:46.40	12	1
MORIELLO, DINO	275	00:15:37.00	81	6	00:40:56.95	8	1	00:29:18.75	16	2	01:25:52.70	22	2
JANKUNIS, FRANK	273	00:10:27.81	31	2	00:45:09.14	34	7	00:31:40.20	32	5	01:27:17.15	25	3
LAQUA, GORDON	274	00:17:42.88	86	8	00:43:11.07	23	3	00:28:05.20	13	1	01:28:59.15	30	4
SHERIFF, JOHN	277	00:12:37.00	64	5	00:46:49.25	42	8	00:29:43.70	20	3	01:29:09.95	32	5
VANDERVEEN, GEORGE	278	00:12:28.00	61	4	00:42:12.05	16	2	00:36:41.00	66	7	01:31:21.05	44	6
VANDERZEE, JIM	279	00:16:34.63	84	7	00:43:14.57	24	4	00:33:08.20	43	6	01:32:57.40	49	7
BUCHANAN, IAN	270	00:11:31.00	47	3	00:45:00.80	31	6	00:37:05.30	67	8	01:33:37.10	52	8

SPR50-59F	9	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
MATTHEWS, JULIE	285	00:10:29.00	32	3	00:43:26.05	25	1	00:33:06.75	42	2	01:27:01.80	24	1
PHILPOTT, KAREN	287	00:13:12.00	67	6	00:46:01.15	39	2	00:32:24.10	36	1	01:31:37.25	45	2
HAMILTON, SHAWN	282	00:09:34.00	16	1	00:50:01.55	66	5	00:33:09.90	44	3	01:32:45.45	48	3
APPELT, SHARON	280	00:10:21.00	29	2	00:49:08.85	65	4	00:36:12.95	63	5	01:35:42.80	61	4
GILLETT, SHARON	281	00:12:07.00	58	5	00:47:06.50	45	3	00:39:16.15	74	6	01:38:29.65	65	5
KENNES, MARY	283	00:14:24.00	80	9	00:51:41.00	75	7	00:35:32.35	61	4	01:41:37.35	70	6
WOOLFORD, TRUDY	290	00:11:06.47	40	4	00:50:11.83	68	6	00:43:33.65	82	8	01:44:51.95	75	7
TRUDEAU, LEAH	289	00:13:50.00	74	8	00:56:35.75	81	8	00:40:31.75	77	7	01:50:57.50	81	8
SMITH, IRENE	288	00:13:44.00	73	7	01:03:02.10	85	9	00:54:04.00	88	9	02:10:50.10	88	9

Category Results

Sprint .5K Swim 20K Bike 5K Run

88 Total

SPR50-59M	7	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	Finish:	O/A	Cat:
BRYANT, JEFF	292	00:08:03.00	4	1	00:35:47.45	3	1	00:25:05.15	5	1	01:08:55.60	3	1
MARCINIAK, TERRY	284	00:10:09.00	23	3	00:43:00.80	20	2	00:29:32.00	18	3	01:22:41.80	11	2
MYLES, CHARLIE	295	00:09:15.00	10	2	00:44:32.55	28	3	00:29:48.10	22	4	01:23:35.65	17	3
VANDERVEEN, KLAAS	296	00:13:32.00	70	6	00:47:33.40	53	4	00:29:26.00	17	2	01:30:31.40	38	4
HEGEDUS, CSABA	294	00:11:27.00	45	4	00:47:45.05	55	6	00:34:34.55	53	5	01:33:46.60	53	5
ARNOLD, JOHN	291	00:18:07.00	88	7	00:48:36.15	64	7	00:34:57.75	54	6	01:41:40.90	71	6
HARRIS, STEPHEN	293	00:11:45.52	52	5	00:47:34.68	54	5	00:43:34.20	83	7	01:42:54.40	74	7