

2008 Runners Soul Splash, Pedal, Gasp Triathlon
Overall Run Times

Olympic 10K

O/A	Name	Bib#	Category	Run Time	Cat
1	LOSHACK, KRIS	550	OLYMALE20-29	00:36:14.60	1
2	SCHAERZ, SIMON	553	OLYMALE20-29	00:38:31.60	2
3	KRAR, JEFF	560	OLYMALE30-39	00:39:52.70	1
4	KINCAID, JASON	559	OLYMALE30-39	00:40:23.40	2
5	WILKINSON, KENTON	543	OLYMALE16-19	00:41:14.35	1
6	SMITH, TONY	578	OLYMALE40-49	00:41:40.75	1
7	HAYNER, DARREN	557	OLYMALE30-39	00:41:41.10	3
8	HAYWARD, MARC	573	OLYMALE40-49	00:42:19.15	2
9	WILKINSON, JOEL	581	OLYMALE40-49	00:42:51.35	3
10	TEASDALE, ADAM	554	OLYMALE20-29	00:42:52.00	3
11	ERICKSON, DREW	546	OLYMALE20-29	00:43:50.40	4
12	MCWILLIAMS, KEN	576	OLYMALE40-49	00:44:31.10	4
13	EMERSON, BARRY	588	OLYMALE50-59	00:45:05.00	1
14	ARNOLD, RALPH	568	OLYMALE40-49	00:45:41.30	5
15	MILLER, CARL	561	OLYMALE30-39	00:45:47.15	4
16	ELM, IAN	523	OLYMALE30-39	00:46:01.35	5
17	LEE, CALEB	549	OLYMALE20-29	00:46:01.35	5
18	GRANLEY, DARCEY	572	OLYMALE40-49	00:46:05.50	6
19	HUMPHREY, MIKE	547	OLYMALE20-29	00:46:08.25	6
20	ELSE, TREVOR	545	OLYMALE20-29	00:46:12.10	7
21	CLACK, JACK	587	OLYMALE50-59	00:46:15.30	2
22	BRADLEY, GREG	555	OLYMALE30-39	00:46:15.60	6
23	KRUSHEL, ROBERT	574	OLYMALE40-49	00:46:41.85	7
24	SLEIK, RYAN	567	OLYMALE30-39	00:48:10.95	7
25	KEITH, PATRICIA	539	OLYFEMALE50-59	00:48:12.35	1
26	MCCULLOCH, ROBIN	521	OLYFEMALE30-39	00:48:51.65	1
27	MACKEITH, IONA	505	OLYFEMALE20-29	00:50:33.20	1
28	JISKOOT, HESTER	516	OLYFEMALE30-39	00:51:37.35	2
29	MENTA, ROGER	551	OLYMALE20-29	00:52:12.55	8
30	VINCENT, ALEX	595	OLYMALE50-59	00:52:16.10	3
31	SMITH, BRENT	593	OLYMALE50-59	00:52:19.20	4
32	NAPHIN, MARK	563	OLYMALE30-39	00:52:45.00	8
33	NICOL, CREGG	565	OLYMALE30-39	00:52:48.55	9
34	WILLIAMS, CAROL	541	OLYFEMALE50-59	00:53:12.25	2
35	CRAIG, STEVE	556	OLYMALE30-39	00:53:15.85	10
36	ANDERSON, JULIE	510	OLYFEMALE30-39	00:53:33.65	3
37	HAZLET, RACHEL	503	OLYFEMALE20-29	00:53:57.85	2
38	DALPHOND, LOUISE	531	OLYFEMALE40-49	00:54:11.35	1
39	KENNES, LEON	591	OLYMALE50-59	00:54:13.10	5
40	LANGHOFER, CAMERON	548	OLYMALE20-29	00:54:13.60	9
41	MENTANKO-TIEFENBACH, DONNA	534	OLYFEMALE40-49	00:54:35.65	2
42	DEBEURS, MICHELLE	513	OLYFEMALE30-39	00:55:00.90	4
43	ARMSTRONG, DWAYNE	582	OLYMALE50-59	00:55:25.35	6
44	MASON, TRUDI	520	OLYFEMALE30-39	00:55:31.20	5
45	BROWN, LESLEY	530	OLYFEMALE40-49	00:56:10.30	3
46	ONTKEAN, NICHOLAS	542	OLYMALE16-19	00:56:24.90	2
47	THURBER, BRUCE	579	OLYMALE40-49	00:57:16.40	8
48	VUCUREVICH, ALLISON	528	OLYFEMALE30-39	00:57:46.55	6
49	KEMMET, ELLIOTT	562	OLYMALE16-19	00:58:08.90	3
50	TOWNLEY, MIKE	594	OLYMALE50-59	00:58:11.05	7

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Olympic 10K

O/A	Name	Bib#	Category	Run Time	Cat
51	KEITH, KEVIN	590	OLYMALE50-59	00:58:17.55	8
52	ROEMMELE, TRACEY	524	OLYFEMALE30-39	00:58:21.15	7
53	MYLES, CHARLIE	592	OLYMALE50-59	00:58:25.40	9
54	BARKLEY, LISA	512	OLYFEMALE30-39	00:59:29.60	8
55	ROWNTREE, WARREN	577	OLYMALE40-49	00:59:52.80	9
56	QUICK, DEB	536	OLYFEMALE40-49	00:59:54.70	4
57	HILLIARD, FRANCINE	515	OLYFEMALE30-39	01:00:21.40	9
58	RUDD, LESLIE	508	OLYFEMALE20-29	01:00:29.65	3
59	SWEDLO, AMY	526	OLYFEMALE30-39	01:01:32.15	10
60	BOMHOF, ARIE	585	OLYMALE50-59	01:02:35.35	10
61	STICKEL, JEN	525	OLYFEMALE30-39	01:02:39.70	11
62	PATERSON, KYLE	552	OLYMALE20-29	01:03:18.40	10
63	SIMPSON, DEBORAH	537	OLYFEMALE40-49	01:03:22.55	5
64	PATTERSON, ERIN	507	OLYFEMALE20-29	01:03:24.25	4
65	ARTHUR, JENNIFER	511	OLYFEMALE30-39	01:03:58.15	12
66	VOREL, NICHOLE	527	OLYFEMALE30-39	01:05:23.25	13
67	FLAIG, DON	589	OLYMALE50-59	01:05:33.95	11
68	EMERSON, TRISH	538	OLYFEMALE50-59	01:05:45.00	3
69	DEERHAWKE, PHOENIX	514	OLYFEMALE30-39	01:06:32.05	14
70	NORGARD, BARB	540	OLYFEMALE50-59	01:07:35.85	4
71	LARSON, ADA	517	OLYFEMALE30-39	01:07:50.85	15
72	BOYD, PATRICK	544	OLYMALE20-29	01:08:44.80	11
73	LARSON, LISA	518	OLYFEMALE30-39	01:10:37.70	16
74	KELEMEN, AVA	504	OLYFEMALE20-29	01:14:23.45	5
75	PATTERSON, SANDY	535	OLYFEMALE40-49	01:15:52.50	6
76	SHARP, ROB	566	OLYMALE30-39	01:16:42.25	11
77	ISFELD, JASON	558	OLYMALE30-39	01:20:28.50	12
78	FRANTZ, DON	596	OLYMALE60+	01:20:44.60	1
79	BISSONETTE, CHRIS	584	OLYMALE50-59	01:22:27.05	12

2008 Runners Soul Splash, Pedal, Gasp Triathlon
Overall Run Times

Super Sprint 3K

O/A	Name	Bib#	Category	Run Time	Cat
1	MORIELLO, DINO	390	SSMALE40-49	00:16:24.30	1
2	LIVINGSTON, KIRK	389	SSMALE40-49	00:16:24.45	2
3	VARTY, MELISSA	314	SSFEMALE20-29	00:16:38.05	1
4	MONAGHAN, MIKE	371	SSMALE20-29	00:16:38.65	1
5	JOWSY, JANIS	349	SSFEMALE40-49	00:17:04.25	1
6	LIVINGSTON, KHASON	361	SSMALE14-15	00:17:07.70	1
7	GOING, TIANNA	302	SSFEMALE14-15	00:17:22.50	1
8	GEIGER, CHAD	368	SSMALE20-29	00:17:42.40	2
9	KEITH, DAWN MARIE	350	SSFEMALE40-49	00:17:46.50	2
10	KINDLEY, KEVIN	394	SSMALE50-59	00:17:56.65	1
11	ACKERMAN, CATHERINE	316	SSFEMALE30-39	00:17:59.60	1
12	VANDER VEEN, KLASS	395	SSMALE50-59	00:18:06.55	2
13	ABELLS, JOEL	364	SSMALE20-29	00:18:20.45	3
14	KWASNY, JASON	380	SSMALE30-39	00:18:46.80	1
15	NICOL, ALASTAIR	363	SSMALE16-19	00:18:59.85	1
16	CHAPMAN, DAN	374	SSMALE30-39	00:19:03.00	2
17	DAVIES, DYLAN	375	SSMALE30-39	00:19:13.85	3
18	REINDL, KYLE	372	SSMALE20-29	00:19:17.30	4
19	POLLMULLER, JOSEF	362	SSMALE14-15	00:19:18.20	2
20	PEDERSON, CHELSEA	310	SSFEMALE20-29	00:19:35.90	2
21	BENZIE, ALEXA	301	SSFEMALE14-15	00:19:45.35	2
22	MCINTYRE, KRISTEN	308	SSFEMALE20-29	00:19:51.00	3
23	GALLOWAY, WADE	376	SSMALE30-39	00:19:52.20	4
24	HAWKINS, DEAN	328	SSMALE30-39	00:20:07.95	5
25	STIEFENHOFER, KARIN	354	SSFEMALE40-49	00:20:08.60	3
26	EMERY, MANDY	304	SSFEMALE20-29	00:20:09.60	4
27	JONES-HUSCH, KATHY	332	SSFEMALE30-39	00:20:13.45	2
28	TETZLAFF, CAREY	387	SSMALE30-39	00:20:14.30	6
29	GOING, WENDY	326	SSFEMALE30-39	00:20:18.50	3
30	BALDREY, ROD	388	SSMALE40-49	00:20:19.15	3
31	JOHNSTON, BERNADETTE	348	SSFEMALE40-49	00:20:22.95	4
32	MILLER, LIZ	360	SSFEMALE50-59	00:20:29.90	1
33	VISSER, SABINA	337	SSFEMALE30-39	00:20:34.35	4
34	ALFORD, TRINA	317	SSFEMALE30-39	00:20:47.15	5
35	HOOD, SHAWNA	329	SSFEMALE30-39	00:20:58.35	6
36	KOSSUTH, VIVIEN	333	SSFEMALE30-39	00:21:10.50	7
37	HAUSER, CAROL	358	SSFEMALE50-59	00:21:17.30	2
38	BLACK, JAMES	373	SSMALE30-39	00:21:17.45	7
39	TANIS, LIZ	313	SSFEMALE20-29	00:21:29.75	5
40	SHIGEHIRO, MICHELE	312	SSFEMALE20-29	00:21:40.50	6
41	ABBOTT, EILEEN	339	SSFEMALE40-49	00:21:54.55	5
42	WILLS, MAUREEN	356	SSFEMALE40-49	00:22:13.80	6
43	POLLMULLER, CHERYL	353	SSFEMALE40-49	00:22:14.10	7
44	LOSEY, MEAGAN	307	SSFEMALE20-29	00:22:21.45	7
45	MERESKA, PAULA	352	SSFEMALE40-49	00:22:24.35	8
46	BABE, NORMA	318	SSFEMALE30-39	00:22:28.50	8
47	HUBER, DWAYNE	377	SSMALE30-39	00:22:29.15	8
48	CHAPMAN, MONIQUE	323	SSFEMALE30-39	00:22:52.15	9
49	VANDERVEEN, GEORGE	393	SSMALE40-49	00:23:09.25	4
50	GILLETT, SHARON	345	SSFEMALE40-49	00:23:10.05	9

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Overall Run Times

Super Sprint 3K

O/A	Name	Bib#	Category	Run Time	Cat
51	GOODFELLOW, PIPPA	346	SSFEMALE40-49	00:23:31.60	10
52	CASTONGUAY, MONIQUE	322	SSFEMALE30-39	00:23:36.70	10
53	GREIDANUS, BETTE	357	SSFEMALE50-59	00:23:52.45	3
54	BOISVERT, SHERYL	341	SSFEMALE40-49	00:24:12.70	11
55	BERG, GEORGE	396	SSMALE60+	00:24:26.10	1
56	WHITE, LISA	355	SSFEMALE40-49	00:24:38.70	12
57	SHIGEHIRO, MAGGIE	336	SSFEMALE30-39	00:25:23.30	11
58	LOCKHART, BARBARA	359	SSFEMALE50-59	00:25:41.95	4
59	HUGH, AMANDA	305	SSFEMALE20-29	00:25:45.05	8
60	TAMS, SID	386	SSMALE30-39	00:25:45.60	9
61	KINCAID, JOHN	378	SSMALE30-39	00:25:53.30	10
62	GERBER, LORI	325	SSFEMALE30-39	00:26:01.40	12
63	HUBER, LINDA	331	SSFEMALE30-39	00:26:13.65	13
64	HOUSTON, ERIN	330	SSFEMALE30-39	00:26:26.85	14
65	GOODYEAR, NICOLE	327	SSFEMALE30-39	00:26:35.55	15
66	JESSOP, LYNNETTE	347	SSFEMALE40-49	00:26:39.05	13
67	IWAASA, APRIL	306	SSFEMALE20-29	00:26:42.20	9
68	FITCHETT, AARON	367	SSMALE20-29	00:26:42.40	5
69	IWAASA, COLE	369	SSMALE20-29	00:26:43.15	6
70	WARKENTIN, RACHEL	315	SSFEMALE20-29	00:27:07.95	10
71	FRENCH, SUSAN	344	SSFEMALE40-49	00:27:13.20	14
72	LOHMANN, COLLEEN	351	SSFEMALE40-49	00:28:56.85	15
73	NIEBOR, ANDREA	309	SSFEMALE20-29	00:29:53.20	11
74	ECKLUND, JANINE	343	SSFEMALE40-49	00:31:23.65	16
75	CHAKI-FARRINGTON, LORI	342	SSFEMALE40-49	00:31:24.35	17
76	SEIBEL, CARY	392	SSMALE40-49	00:34:49.20	5

2008 Runners Soul Splash, Pedal, Gasp Triathlon
Overall Run Times

Sprint 5K

O/A	Name	Bib#	Category	Run Time	Cat
1	BARR, AL	263	SPTMALE20-29	00:22:05.20	1
2	BRYANT, JEFF	292	SPTMALE50-59	00:23:20.15	1
3	MOTT, ROB	274	SPTMALE30-39	00:24:19.80	1
4	ALINSAMG, NANCY	211	SPTFEMALE20-29	00:24:46.40	1
5	MUNDELL, MARK	275	SPTMALE30-39	00:24:46.95	2
6	DIMMELL, PETER	282	SPTMALE40-49	00:24:49.75	1
7	ASUCHAK, JIM	268	SPTMALE30-39	00:24:57.20	3
8	KOENIG, KAREN	243	SPTFEMALE40-49	00:26:05.95	1
9	ENGLISH, JASON	270	SPTMALE30-39	00:26:09.35	4
10	PENNER, KEN	288	SPTMALE40-49	00:26:09.70	2
11	LEGER, JANICE	208	SPTFEMALE20-29	00:27:07.55	2
12	VORNBROCK, RICK	290	SPTMALE40-49	00:27:17.10	3
13	TAYLOR, LOWELL	267	SPTMALE20-29	00:27:18.20	2
14	WINGERTER, LES	296	SPTMALE50-59	00:27:35.00	2
15	KUCHARSKI, STEPHANIE	222	SPTFEMALE30-39	00:28:00.90	1
16	LOSHACK, LORIE	286	SPTMALE40-49	00:28:32.50	4
17	SHRINER, JASON	278	SPTMALE30-39	00:28:51.05	5
18	MACLEAN, IAN	262	SPTMALE16-19	00:29:00.75	1
19	WENGER, PAUL	280	SPTMALE30-39	00:29:15.45	6
20	MURPHY, KATHY	246	SPTFEMALE40-49	00:29:21.95	2
21	OHLMANN, NIKI	209	SPTFEMALE20-29	00:29:38.25	3
22	KAWCHUK, LARRY	285	SPTMALE40-49	00:29:45.75	5
23	MCPIKE, CARLA	227	SPTFEMALE30-39	00:29:56.95	2
24	VUCUREVICH, JEFF	279	SPTMALE30-39	00:30:15.10	7
25	HUSCH, JEFF	273	SPTMALE30-39	00:30:26.15	8
26	THIBERT, CAROL	261	SPTFEMALE50-59	00:30:52.10	1
27	VEGTER, MELANIE	250	SPTFEMALE40-49	00:30:52.15	3
28	BARNES, MONICA	212	SPTFEMALE30-39	00:30:57.70	3
29	OWEN, RENA	230	SPTFEMALE30-39	00:31:01.50	4
30	DEBLOIS, CATHERINE	214	SPTFEMALE30-39	00:31:06.45	5
31	HENDERSON, AMBER	206	SPTFEMALE20-29	00:31:09.90	4
32	TRAVIS, EMILY	210	SPTFEMALE20-29	00:31:10.10	5
33	CALE, MARCELLE	239	SPTFEMALE40-49	00:31:18.60	4
34	BALDREY, SUE	237	SPTFEMALE40-49	00:31:20.40	5
35	BOSCHEE, MARK	281	SPTMALE40-49	00:31:23.65	6
36	KEMPSTER, CODY	266	SPTMALE20-29	00:32:05.05	3
37	HAMILTON, SHAWN	252	SPTFEMALE50-59	00:32:09.75	2
38	WATERS, KATHY	234	SPTFEMALE30-39	00:32:24.00	6
39	FRENCH, BROOKE	201	SPTFEMALE14-15	00:32:41.85	1
40	FRIESEN, WENDY	217	SPTFEMALE30-39	00:32:57.80	7
41	GIRARD, NICOLE	207	SPTFEMALE20-29	00:32:59.95	6
42	MARCOTTE, MICHAEL	287	SPTMALE40-49	00:33:19.65	7
43	SMITH, BEV	259	SPTFEMALE50-59	00:33:25.20	3
44	BOURDON-HARRIS, MARQUISE	238	SPTFEMALE40-49	00:33:33.00	6
45	KALISCHUK, MELANIE	220	SPTFEMALE30-39	00:34:09.45	8
46	PRICE, MARION	247	SPTFEMALE40-49	00:34:22.85	7
47	MARCOTTE, DENISE	224	SPTFEMALE30-39	00:34:25.90	9
48	HARMATIUK, CARLEY	202	SPTFEMALE16-19	00:34:52.95	1
49	MAY, FRANCINE	225	SPTFEMALE30-39	00:35:06.85	10
50	DRAPER, MELISSA	240	SPTFEMALE40-49	00:35:23.55	8

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Sprint 5K

O/A	Name	Bib#	Category	Run Time	Cat
51	HADLINGTON, GREG	272	SPTMALE30-39	00:35:27.05	9
52	MATTHEWS, JULIE	256	SPTFEMALE50-59	00:35:36.10	4
53	JANKUNIS, NED	284	SPTMALE40-49	00:36:09.50	8
54	KING, ANGE	255	SPTFEMALE50-59	00:36:18.35	5
55	KENNES, MARY	253	SPTFEMALE50-59	00:36:19.85	6
56	SCHUCK, KATE	232	SPTFEMALE30-39	00:36:24.20	11
57	HARRIS, STEPHEN	293	SPTMALE50-59	00:36:40.60	3
58	MACLEAN, PADDY	244	SPTFEMALE40-49	00:36:56.30	9
59	LETH, CORALEE	223	SPTFEMALE30-39	00:37:08.05	12
60	DEAN, BRANDEE	233	SPTFEMALE30-39	00:37:09.85	13
61	HAYWARD, JESSIKA	203	SPTFEMALE16-19	00:37:16.85	2
62	KRUSHEL, ANDREA	221	SPTFEMALE30-39	00:37:18.60	14
63	SISSON, JULIE	249	SPTFEMALE40-49	00:37:21.20	10
64	SAUER, RUTH	258	SPTFEMALE50-59	00:37:53.30	7
65	HALLADAY, BARB	241	SPTFEMALE40-49	00:38:04.55	11
66	GRANGER, MICHELE	251	SPTFEMALE50-59	00:38:04.60	8
67	ELLEFSON, JANA	215	SPTFEMALE30-39	00:38:13.25	15
68	VEGTER, ED	289	SPTMALE40-49	00:38:29.25	9
69	AUJESKY, RISHA	269	SPTMALE30-39	00:38:46.00	10
70	BROWN, JAMIE	264	SPTMALE20-29	00:39:26.05	4
71	NEVILLE, LEE	276	SPTFEMALE30-39	00:40:42.50	16
72	OLCHOWECKI, SUZANNE	228	SPTFEMALE30-39	00:40:58.15	17
73	WATT, GORD	291	SPTMALE40-49	00:41:31.20	10
74	ROWNTREE, MARIA	248	SPTFEMALE40-49	00:42:09.40	12
75	PENNINGTON, BRENDA	257	SPTFEMALE50-59	00:42:42.05	9
76	MCGAFFEY, VANYA	226	SPTFEMALE30-39	00:44:14.90	18
77	GOKARN, STEPHANIE	219	SPTFEMALE30-39	00:45:21.90	19
78	GALL, EVA	218	SPTFEMALE30-39	00:47:14.60	20
79	SMITH, IRENE	260	SPTFEMALE50-59	00:51:42.40	10