

## Category Results

## 5 Miles/ 8 Km

## 19&amp;U - 19 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/19	MATIS, MELISSA	382	00:35:00.20	07:02	2/674	LETH, AB, CANADA
2/19	MACKINNON, JORDAN	366	00:45:39.90	09:11	82/674	LETH, AB, CANADA
3/19	HUCULAK, KENDRA	283	00:46:45.65	09:24	96/674	LETH, AB, CANADA
4/19	ROLL, MIRANDA	548	00:49:06.90	09:52	131/674	HAYS, AB, CANADA
5/19	MACKINNON, TAYLOR	367	00:52:22.80	10:32	197/674	LETH, AB, CANADA
6/19	NIELSON, ELISE	445	00:56:15.50	11:19	283/674	LETH, AB, CANADA
7/19	ALSTON, SAMYRA	13	00:57:10.45	11:30	305/674	MAGRATH, AB, CANADA
8/19	WOOD, BRITTENY	736	00:59:03.15	11:52	337/674	LETH, AB, CANADA
9/19	VAN PYPEN, ERIN	689	00:59:26.45	11:57	347/674	DUCHESS, AB, CANADA
10/19	INGRAM, SHANNON	293	01:02:40.10	12:36	404/674	COALDALE, AB, CANADA
11/19	MONAGHAN, BRENNAN	419	01:06:13.85	13:19	447/674	LETH, AB, CANADA
12/19	WOODMAN, BROOKE	739	01:07:46.10	13:38	462/674	LETH, AB, CANADA
13/19	SUTTER, KENDRA	636	01:11:53.05	14:27	505/674	LETH, AB, CANADA
14/19	REYNOLDS, NICOLE	540	01:17:19.30	15:33	546/674	NOBLEFORD, AB, CANADA
15/19	PROZNIAK, MICHAELA	523	01:24:30.85	17:00	613/674	LETH, AB, CANADA
16/19	MONAGHAN, KATHLEEN	421	01:24:30.90	17:00	614/674	LETH, AB, CANADA
17/19	COLDWELL, NAOMI	116	01:36:53.60	19:29	650/674	CARDSTON, AB, CANADA
18/19	TYLER, BRITTANY	670	01:40:31.05	20:13	656/674	COALDALE, AB, CANADA
19/19	POTVIN, SAMMY	520	01:41:54.55	20:30	664/674	CALGARY, AB, CANADA

## 20-24 - 34 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/34	HARTSHORN, REBECCA	253	00:37:18.60	07:30	7/674	SASKATOON, SASK, CANADA
2/34	SEITZ, DESIRAE	587	00:39:21.60	07:55	13/674	MANYBERRIES, AB, CANADA
3/34	GIBB, KRISTEN	217	00:39:25.85	07:55	14/674	RAYMOND, AB, CANADA
4/34	VIENNEAU, GWEN	699	00:41:20.50	08:19	31/674	COALDALE, AB, CANADA
5/34	WARSHAWSKY, AMANDA	717	00:41:36.80	08:22	33/674	FERNIE, BC, CANADA
6/34	MURPHY, STEPHANIE	433	00:43:10.75	08:41	51/674	LETH, AB, CANADA
7/34	LOW, JACLYN	360	00:43:38.60	08:46	55/674	MAGRATH, AB, CANADA
8/34	VANCE, ROBYN	690	00:43:49.55	08:48	57/674	MED. HAT, AB, CANADA
9/34	ROLSTON, MEL	550	00:46:49.05	09:25	98/674	LETH, AB, CANADA
10/34	KUBOS, AMBER	332	00:50:59.70	10:15	168/674	LETH, AB, CANADA
11/34	WAGNER, CANDACE	709	00:51:16.95	10:18	173/674	LETH, AB, CANADA
12/34	FENWICK-WILSON, SALISH	183	00:51:40.85	10:23	182/674	LETH, AB, CANADA
13/34	STARCHUK, KIM	615	00:52:26.60	10:33	199/674	LETH, AB, CANADA
14/34	WIRZBA, HEATHER	731	00:53:46.35	10:49	230/674	LETH, AB, CANADA
15/34	DUSHANEK, BRITTANY	173	00:54:25.80	10:56	250/674	LETH, AB, CANADA
16/34	THOMAS, TARILIE	655	00:54:48.85	11:01	260/674	LETH, AB, CANADA
17/34	TANIS, LIZ	645	00:54:55.15	11:02	263/674	PICTURE BUTTE, AB, CANADA
18/34	CORNELSEN, LESLEY	130	00:56:12.50	11:18	282/674	LETH, AB, CANADA
19/34	HOLT, KINSEY	273	00:56:28.00	11:21	289/674	RAYMOND, AB, CANADA
20/34	HARRIS, JESSICA	534	00:56:31.20	11:22	291/674	LETH, AB, CANADA
21/34	GUNTRIP, JULIE	205	00:56:31.25	11:22	292/674	LETH, AB, CANADA
22/34	BOLES, CHRISTINE	76	00:56:32.55	11:22	293/674	LETH, AB, CANADA
23/34	MARTIN, CARLY	380	00:56:51.85	11:26	297/674	LETH, AB, CANADA
24/34	MAUTHE, AMANDA	386	00:56:52.45	11:26	298/674	LETH, AB, CANADA
25/34	MAXWELL, MEGHAN	387	00:56:53.35	11:26	299/674	MAGRATH, AB, CANADA
26/34	VAN DEN POL, CORIEN	681	00:57:21.10	11:32	309/674	COALDALE, AB, CANADA
27/34	HEGGIE, TINA	262	00:58:03.60	11:40	319/674	RAYMOND, AB, CANADA
28/34	DANYLUK, COREY-JO	143	00:59:42.70	12:00	352/674	LETH, AB, CANADA
29/34	TAIT, DANIELLE	640	01:00:00.05	12:04	360/674	LETH, AB, CANADA
30/34	FRASER, ROSIE	200	01:00:50.50	12:14	371/674	LETH, AB, CANADA
31/34	BEVAN, LEAH	68	01:01:01.65	12:16	378/674	LETH, AB, CANADA
32/34	PETERSON, ASHLEY	496	01:01:59.25	12:28	393/674	RAYMOND, AB, CANADA
33/34	GOEDHART, CHELSEA	224	01:03:38.40	12:48	419/674	LETH, AB, CANADA
34/34	GOSS, GINA	231	01:04:06.75	12:53	429/674	LETH, AB, CANADA

## Category Results

## 5 Miles/ 8 Km

## 25-29 - 64 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/64	HUSKA, LAURIE	289	00:36:55.35	07:25	6/674	BELLEVUE, AB, CANADA
2/64	WOODS, DAJA	740	00:39:11.75	07:53	12/674	LETH, AB, CANADA
3/64	PERNITSKY, HEIDI	491	00:39:41.55	07:59	15/674	CALGARY, AB, CANADA
4/64	HARTHOORN, MELANIE	251	00:40:52.45	08:13	21/674	COALDALE, AB, CANADA
5/64	HILKEWICH, LESLEE	266	00:40:53.75	08:13	23/674	LETH, AB, CANADA
6/64	OTTO, SHAUNA	467	00:42:23.40	08:31	38/674	LETH, AB, CANADA
7/64	LILLEY, ROBYN	353	00:42:34.35	08:33	39/674	LETH, AB, CANADA
8/64	CRADDOCK, KELLY JO	133	00:42:48.30	08:36	43/674	LETH, AB, CANADA
9/64	BEZOOYEN, ANDREA	69	00:43:16.65	08:42	53/674	LETH, AB, CANADA
10/64	HEGGIE, JONI	261	00:43:18.55	08:42	54/674	LETH, AB, CANADA
11/64	WACHOWICZ, TARA	706	00:44:20.50	08:55	60/674	LETH, AB, CANADA
12/64	HAGG, GILLIAN	240	00:45:24.15	09:08	75/674	LETH, AB, CANADA
13/64	KAWANAMI, LENA	311	00:45:24.75	09:08	76/674	LETH, AB, CANADA
14/64	RANSOM, LAURA	528	00:45:49.45	09:13	83/674	LETH, AB, CANADA
15/64	ERLANDSON ACTON, JILLIAN	181	00:46:22.30	09:19	92/674	CALGARY, AB, CANADA
16/64	PATTERSON, ERIN	482	00:46:46.80	09:24	97/674	LETH, AB, CANADA
17/64	TANNER, AMBER	646	00:47:22.75	09:31	104/674	CRANBROOK, BC, CANADA
18/64	LAPORTE, MARCY	343	00:47:40.50	09:35	109/674	LETH, AB, CANADA
19/64	MATISZ, CHELSEA	384	00:47:57.35	09:38	111/674	LETH, AB, CANADA
20/64	HODGKINSON, PAM	271	00:47:58.65	09:39	112/674	TABER, AB, CANADA
21/64	ATWOOD, GENEVA	31	00:48:44.95	09:48	127/674	CRANBROOK, BC, CANADA
22/64	DYKSTRA, KRISTEN	176	00:49:34.95	09:58	145/674	MED. HAT, AB, CANADA
23/64	BOYCHUK, JENNIFER	81	00:49:51.10	10:01	152/674	CALGARY, AB, CANADA
24/64	RUSCHIN, TRACEY	559	00:50:31.75	10:09	162/674	LETH, AB, CANADA
25/64	KREUGER, WENDY	330	00:51:50.05	10:25	185/674	CALGARY, AB, CANADA
26/64	DE LEEUW, CAROLINE	151	00:51:55.00	10:26	187/674	PICTURE BUTTE, AB, CANADA
27/64	MILBURN, LAUREN	410	00:52:18.65	10:31	194/674	CALGARY, AB, CANADA
28/64	PETER, NANCY	494	00:52:21.55	10:32	196/674	LETH, AB, CANADA
29/64	PAYNE, KELSIE	485	00:52:56.15	10:39	206/674	CARDSTON, AB, CANADA
30/64	SCHROEDER, DANIELLE	574	00:52:58.00	10:39	211/674	SPARWOOD, BC, CANADA
31/64	FREEK, SARAH	203	00:53:38.80	10:47	226/674	LETH, AB, CANADA
32/64	PLOMP, KIM	510	00:53:49.50	10:49	231/674	LETH, AB, CANADA
33/64	HORNBERGER, ALAUNA	278	00:54:10.20	10:53	242/674	LETH, AB, CANADA
34/64	THOMPSON, NICOLE	658	00:54:30.35	10:57	255/674	LETH, AB, CANADA
35/64	CZIBERE, HAYLEY	138	00:55:37.60	11:11	274/674	LETH, AB, CANADA
36/64	HAYES, DANA	256	00:55:37.70	11:11	275/674	LETH, AB, CANADA
37/64	STENBECK, JENNIFER	617	00:55:55.45	11:15	279/674	SHAUGHNESSY, AB, CANADA
38/64	NELSON, LEAH	439	00:57:59.50	11:40	318/674	HILL SPRING, AB, CANADA
39/64	GOUCHIE, REBECCA	232	00:58:37.95	11:47	327/674	FT. MACLEOD, AB, CANADA
40/64	ROSEKE, HEATHER	554	00:59:16.15	11:55	342/674	LETH, AB, CANADA
41/64	SHEFFIELD, KRISTA	591	00:59:16.25	11:55	343/674	LETH, AB, CANADA
42/64	SKIBA, KRISTIN	600	00:59:27.10	11:57	348/674	TABER, AB, CANADA
43/64	EPP, KIMIKO	180	00:59:50.85	12:02	356/674	LETH, AB, CANADA
44/64	RUGGLES, NANCY	556	01:01:08.95	12:18	381/674	LETH, AB, CANADA
45/64	BORTHWICK, ERIKA	79	01:03:01.90	12:40	408/674	LETH, AB, CANADA
46/64	KOLK, WILLOW	322	01:03:29.55	12:46	415/674	CALGARY, AB, CANADA
47/64	STRONKS, ASHLEY	633	01:03:29.85	12:46	416/674	PICTURE BUTTE, AB, CANADA
48/64	NEUFELD, MANDY	442	01:04:18.80	12:56	431/674	LETH, AB, CANADA
49/64	OSMOND, KELLY	466	01:04:28.55	12:58	435/674	LETH, AB, CANADA
50/64	MORRIS, DONNELLY	430	01:05:34.50	13:11	444/674	LETH, AB, CANADA
51/64	PINNOCK, ALLISON	504	01:11:24.85	14:21	497/674	CALGARY, AB, CANADA
52/64	REDDEKOPP, HEATHER	529	01:11:29.55	14:22	500/674	LETH, AB, CANADA
53/64	MULDER, CHANTELL	432	01:11:29.60	14:22	501/674	LETH, AB, CANADA
54/64	GIESBRECHT, COLLEEN	218	01:13:44.95	14:50	518/674	LETH, AB, CANADA
55/64	ORR, JESSICA	464	01:17:55.15	15:40	555/674	FT. MACLEOD, AB, CANADA
56/64	BUTRENUK, JENNA	91	01:19:51.95	16:04	571/674	LETH, AB, CANADA
58/64	DRAKE, ROXANE	164	01:19:58.15	16:05	573/674	PICTURE BUTTE, AB, CANADA
57/64	ANDERSON, ANNIE-JO	16	01:19:58.15	16:05	572/674	LETH, AB, CANADA
59/64	KREUGER, CLAIRE	328	01:21:24.15	16:22	585/674	MOOSE JAW, SASK, CANADA
60/64	PEAT, NICKIE	488	01:23:25.00	16:47	610/674	SPRING COULEE, AB, CANADA
61/64	EMANUEL, SARAH	178	01:23:39.30	16:49	611/674	LETH, AB, CANADA
62/64	LAVORATO, KADI	225	01:27:58.45	17:41	631/674	LETH, AB, CANADA
63/64	THAI, LYNDA	649	01:28:17.20	17:45	633/674	LETH, AB, CANADA

## Category Results

## 5 Miles/ 8 Km

## 25-29 - 64 Competitors

<b>Cat</b>	<b>Name</b>	<b>Bib #</b>	<b>Time</b>	<b>Pace</b>	<b>O/A</b>	<b>City:</b>
64/64	HJELMELAND, AMANDA	269	01:28:17.40	17:45	634/674	LETH, AB, CANADA

## Category Results

## 5 Miles/ 8 Km

## 30-34 - 71 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/71	OLSON, DAWN	460	00:36:16.40	07:17	5/674	MED. HAT, AB, CANADA
2/71	HILL, SHERRI	268	00:37:26.80	07:31	8/674	LETH, AB, CANADA
3/71	COLEBY, FAY	118	00:37:51.55	07:36	9/674	LETH, AB, CANADA
4/71	SMITH, BARB	603	00:40:53.80	08:13	24/674	MAGRATH, AB, CANADA
5/71	TORRIE, TONYA	664	00:41:00.55	08:14	25/674	TABER, AB, CANADA
6/71	HENINGER, SHANNON	264	00:41:59.80	08:26	35/674	AETNA, AB, CANADA
7/71	LEFFERS, SHELLEY	349	00:42:37.65	08:34	40/674	COALDALE, AB, CANADA
8/71	VANDELLEN, TARA	691	00:42:47.20	08:36	42/674	CLARESHOLM, AB, CANADA
9/71	COCHRANE, JODI	115	00:43:03.85	08:39	49/674	LETH, AB, CANADA
10/71	VANDERVEEN, NAOMI	25	00:44:56.80	09:02	71/674	PICTURE BUTTE, AB, CANADA
11/71	MEHEW, KANDACE	401	00:44:58.90	09:02	73/674	WELLING, AB, CANADA
12/71	HARVIE, ASHLEY	254	00:45:22.55	09:07	74/674	LETH, AB, CANADA
13/71	DAVIS, JENNIFER	147	00:45:32.15	09:09	78/674	LETH, AB, CANADA
14/71	VALK, LIANE	675	00:45:33.20	09:09	79/674	MED. HAT, AB, CANADA
15/71	FINNERTY, COLLEEN	186	00:45:34.45	09:10	80/674	MED. HAT, AB, CANADA
16/71	SIEMENS, KELLY	597	00:46:01.85	09:15	85/674	CALGARY, AB, CANADA
17/71	STOCKMAN, KERI	625	00:46:18.90	09:18	91/674	RED DEER, AB, CANADA
18/71	FISHER, TWYLA	191	00:46:23.80	09:19	93/674	LETH, AB, CANADA
19/71	OVIATT, CHRISTINE	470	00:47:01.55	09:27	101/674	LETH, AB, CANADA
20/71	VAN HERK, KATHLEEN	686	00:47:55.05	09:38	110/674	FT. MACLEOD, AB, CANADA
21/71	VALLE, EDITH	676	00:48:27.90	09:44	120/674	LETH, AB, CANADA
22/71	REURINK, TANYA	539	00:48:28.95	09:45	121/674	PICTURE BUTTE, AB, CANADA
23/71	SCOTT, TRICIA	582	00:49:21.10	09:55	137/674	COALDALE, AB, CANADA
24/71	HOCKLEY, CHRISTINE	270	00:49:52.35	10:02	153/674	LETH, AB, CANADA
25/71	CLELAND, KIRSTEN	113	00:50:15.80	10:06	156/674	MAGRATH, AB, CANADA
26/71	DOERKSEN, JENNY	159	00:50:23.35	10:08	161/674	COALDALE, AB, CANADA
27/71	BLACK, JODIE	71	00:51:10.75	10:17	171/674	LETH, AB, CANADA
28/71	CONRAD, DARICE	122	00:51:15.45	10:18	172/674	FT. MACLEOD, AB, CANADA
29/71	OKUBO, KARLI	455	00:51:31.05	10:21	179/674	LETH, AB, CANADA
30/71	WIGAND, CORAL	724	00:52:12.45	10:30	191/674	LETH, AB, CANADA
31/71	PICKLES, TAMMY	499	00:52:16.25	10:30	192/674	LETH, AB, CANADA
32/71	VAN DAM, TRACEY	678	00:52:23.20	10:32	198/674	REDCLIFF, AB, CANADA
33/71	GETTY, NATALIE	553	00:52:32.55	10:34	200/674	LETH, AB, CANADA
34/71	CARD, CARI	96	00:52:57.50	10:39	209/674	FT. MACLEOD, AB, CANADA
35/71	ASHCROFT, CHELSIE	28	00:52:57.75	10:39	210/674	LETH, AB, CANADA
36/71	HOLLAND, TRACIE	272	00:53:27.10	10:45	219/674	CARDSTON, AB, CANADA
37/71	FLAMAND, JODIE	193	00:54:02.30	10:52	237/674	LETH, AB, CANADA
38/71	VORONINA, LYUDMYLA	703	00:54:08.40	10:53	241/674	SPARWOOD, BC, CANADA
39/71	LANG, TANYA	342	00:54:57.00	11:03	264/674	LETH, AB, CANADA
40/71	POPSON, JENNIFER	515	00:55:10.85	11:06	268/674	SHAUGHNESSY, AB, CANADA
41/71	NORRIS, LAURA	451	00:56:17.15	11:19	285/674	BROOKS, AB, CANADA
42/71	WHITFIELD, MELISSA	722	00:56:28.50	11:21	290/674	MED. HAT, AB, CANADA
43/71	STEWART, AMY	620	00:57:07.55	11:29	303/674	LETH, AB, CANADA
44/71	TURNER, AMANDA	668	00:58:42.65	11:48	329/674	MED.HAT, AB, CANADA
45/71	ADRIAN, LINDA	8	00:59:23.65	11:56	345/674	LETH, AB, CANADA
46/71	ATHWAL, PARDIP	30	00:59:23.85	11:56	346/674	LETH, AB, CANADA
47/71	HEFFERNAN, CHANTAL	258	00:59:27.30	11:57	349/674	LETH, AB, CANADA
48/71	SEELY, TANYA	586	00:59:42.10	12:00	351/674	LETH, AB, CANADA
49/71	COLQUHOUN, KERRI	120	00:59:56.75	12:03	357/674	LETH, AB, CANADA
50/71	TILMA-TIMMERMANS, INGRID	661	01:00:14.20	12:07	367/674	VAUXHALL, AB, CANADA
51/71	SCHOLTEN, JACKIE	573	01:01:29.70	12:22	386/674	PICTURE BUTTE, AB, CANADA
52/71	PEARSE, NICHOLLE	487	01:01:51.50	12:26	390/674	LETH, AB, CANADA
53/71	MACKAY, HEATHER	363	01:02:52.95	12:38	406/674	CRANBROOK, BC, CANADA
54/71	PHILIPS, SHANNOM	498	01:04:04.70	12:53	428/674	LETH, AB, CANADA
55/71	PETERS, WENDY	495	01:04:48.55	13:02	438/674	TABER, AB, CANADA
56/71	THOMPSON, MICHELLE	656	01:05:19.10	13:08	443/674	LETH, AB, CANADA
57/71	DYCK, KIM	175	01:06:57.45	13:28	452/674	COALDALE, AB, CANADA
58/71	GONNELLY, DEANNA	227	01:10:02.70	14:05	484/674	LETH, AB, CANADA
59/71	SCULLEN, MELISSA	583	01:10:02.85	14:05	485/674	LETH, AB, CANADA
60/71	WAGNER, ALLISON	708	01:11:52.65	14:27	504/674	LETH, AB, CANADA
61/71	MICHIELIN, ANGELA	407	01:11:56.25	14:28	507/674	LETH, AB, CANADA
62/71	COULTER, BETH	131	01:11:56.70	14:28	508/674	LETH, AB, CANADA
63/71	GRAVELAND, NICOLE	237	01:19:16.75	15:56	563/674	LETH, AB, CANADA

## Category Results

## 5 Miles/ 8 Km

## 30-34 - 71 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
64/71	PALMER, TRACY	477	01:19:17.00	15:57	564/674	LETH, AB, CANADA
65/71	FRASER, TAMMY	201	01:22:10.25	16:31	597/674	LETH, AB, CANADA
66/71	COLWELL, KERI	121	01:25:51.05	17:16	617/674	LETH, AB, CANADA
67/71	SEXTON, KATRINA	588	01:28:17.50	17:45	636/674	LETH, AB, CANADA
68/71	THOMPSON, NAOMI	657	01:28:26.25	17:47	637/674	COALHURST, AB, CANADA
69/71	HEFFERNAN, ANYA	257	01:37:18.45	19:34	652/674	LETH, AB, CANADA
70/71	MELLOW, SHEA	402	01:40:32.65	20:13	658/674	LETH, AB, CANADA
71/71	INGRAM, TRINA	294	01:40:34.60	20:14	659/674	LETH, AB, CANADA

## Category Results

## 5 Miles/ 8 Km

## 35-39 - 74 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/74	SIKKENS, HEIDI	598	00:38:45.25	07:47	11/674	TURIN, AB, CANADA
2/74	BARI, KELLY	47	00:39:43.70	07:59	16/674	LETH, AB, CANADA
3/74	ASUCHAK, SANDRA	29	00:39:59.10	08:02	17/674	LETH, AB, CANADA
4/74	DYCK, JANELLE	174	00:41:10.75	08:16	29/674	LETH, AB, CANADA
5/74	VANDERZEE, PAULA	694	00:41:17.60	08:18	30/674	LETH, AB, CANADA
6/74	METZLER, CATHY	406	00:41:48.75	08:24	34/674	LETH, AB, CANADA
7/74	VUCUREVICH, ALLISON	705	00:42:59.70	08:38	47/674	LETH, AB, CANADA
8/74	COPELAND, JENNIFER	129	00:43:08.65	08:40	50/674	LETH, AB, CANADA
9/74	WAKALUKYYANCO, KATHY	710	00:44:23.10	08:55	62/674	BLAIRMORE, AB, CANADA
10/74	GALDAMEZ, MARGARITA	209	00:44:25.70	08:56	64/674	CRANBROOK, BC, CANADA
11/74	POLLOCK, SUSAN	513	00:44:56.65	09:02	70/674	LETH, AB, CANADA
12/74	GREEN, DONNA	238	00:45:27.15	09:08	77/674	CLARESHOLM, AB, CANADA
13/74	HUVENAARS, MONIQUE	291	00:46:11.15	09:17	90/674	HAYS, AB, CANADA
14/74	BUHLER, KYLA	725	00:46:26.55	09:20	94/674	LETH, AB, CANADA
15/74	MAKAR, KAMI	370	00:46:43.50	09:23	95/674	LETH, AB, CANADA
16/74	HUDSON, CARMEN	284	00:46:58.25	09:27	100/674	MED. HAT, AB, CANADA
17/74	NEUFELD, LISA	441	00:47:30.60	09:33	108/674	COALDALE, AB, CANADA
18/74	SCHOLTEN, GLORIANNA	572	00:47:59.70	09:39	113/674	IRON SPRINGS, AB, CANADA
19/74	VANDEN ELZEN, JEN	692	00:48:22.75	09:43	119/674	COALDALE, AB, CANADA
20/74	URASAKI, CINDY	673	00:48:32.25	09:45	122/674	LETH, AB, CANADA
21/74	TAYLOR, TARA	648	00:48:43.45	09:48	126/674	LETH, AB, CANADA
22/74	BAINBRIDGE, YVONNE	39	00:49:30.15	09:57	144/674	LETH, AB, CANADA
23/74	SURMIK, GAYLE	634	00:49:35.25	09:58	146/674	VULCAN, AB, CANADA
24/74	STAPLES, JENNIFER	383	00:49:38.60	09:59	149/674	LETH, AB, CANADA
25/74	JONES, CHRISTINA	308	00:51:17.10	10:19	175/674	LETH, AB, CANADA
26/74	CARD, MARIE	97	00:51:22.10	10:20	177/674	MAGRATH, AB, CANADA
27/74	STEWART, CANDICE	621	00:52:08.45	10:29	190/674	CARDSTON, AB, CANADA
28/74	ROSENRETER, GWEN	555	00:53:03.80	10:40	213/674	LETH, AB, CANADA
29/74	WOLFE, HEATHER	733	00:53:21.25	10:44	216/674	COALDALE, AB, CANADA
30/74	VASELENAK, HOLLY	695	00:53:22.40	10:44	217/674	COALDALE, AB, CANADA
31/74	MOLAND, ERIN	417	00:53:32.05	10:46	223/674	LETH, AB, CANADA
32/74	MEEKS, ERIN	399	00:53:52.70	10:50	236/674	KALISPELL, MONT, U.S.A.
33/74	KOMERY, TANYA	323	00:54:16.20	10:55	247/674	TABER, AB, CANADA
34/74	SMITH, SANDRA	607	00:54:28.75	10:57	253/674	COALDALE, AB, CANADA
35/74	MARTENS, NANCY	379	00:54:38.30	10:59	257/674	COALDALE, AB, CANADA
36/74	YAGOS, TARA	748	00:54:57.05	11:03	265/674	LETH, AB, CANADA
37/74	MERONIUK, DANA	404	00:55:10.75	11:06	267/674	LETH, AB, CANADA
38/74	OLSEN, ERIN	458	00:56:25.15	11:21	288/674	LETH, AB, CANADA
39/74	DE GROOT, SANDRA	150	00:57:26.35	11:33	310/674	VAUXHALL, AB, CANADA
40/74	KAMPALA, YANIN	749	00:57:45.15	11:37	314/674	CALGARY, AB, CANADA
41/74	CAPUTO, KAAREEN	95	00:57:56.10	11:39	317/674	LETH, AB, CANADA
42/74	PERRY, KIM	492	00:58:06.75	11:41	321/674	FT. MACLEOD, AB, CANADA
43/74	EARL, JENNA	250	00:58:08.50	11:41	323/674	LETH, AB, CANADA
44/74	GRENIER, KRISTIE	239	00:58:08.80	11:41	325/674	LETH, AB, CANADA
45/74	PONECH, HEATHER	514	00:58:46.40	11:49	332/674	LETH, AB, CANADA
46/74	WOO, TANYA	735	00:59:56.95	12:03	358/674	LETH, AB, CANADA
47/74	SCOTT, CAROLYN	576	01:01:42.00	12:24	388/674	LETH, AB, CANADA
48/74	DAY, TAMMY	149	01:01:55.85	12:27	391/674	CALGARY, AB, CANADA
49/74	SANDBERG, MELANEE	562	01:02:12.15	12:30	397/674	CRANBROOK, BC, CANADA
50/74	MARTENS, CHRISTY	378	01:02:33.40	12:35	403/674	LETH, AB, CANADA
51/74	WILKINSON, LYNDY	727	01:02:43.05	12:37	405/674	LETH, AB, CANADA
52/74	LAWRENCE, CHRISTINA	347	01:03:17.35	12:43	413/674	LETH, AB, CANADA
53/74	PITSTRA, JACKIE	509	01:03:40.85	12:48	420/674	COALDALE, AB, CANADA
54/74	GEORGE, SHOBHA	215	01:04:28.80	12:58	436/674	LETH, AB, CANADA
55/74	ELIASON, JENNIFER	177	01:04:43.65	13:01	437/674	LETH, AB, CANADA
56/74	NIELSON, RICKI	446	01:05:04.55	13:05	441/674	LETH, AB, CANADA
57/74	NIEBOER, CARLA	444	01:06:49.95	13:26	451/674	LETH, AB, CANADA
58/74	DESJARDINS, SHANNON	157	01:06:57.55	13:28	453/674	LETH, AB, CANADA
59/74	BOSH, NICOLE	80	01:09:07.95	13:54	471/674	LETH, AB, CANADA
60/74	FRASER, VALERIE	202	01:10:18.70	14:08	486/674	LETH, AB, CANADA
61/74	HUBER, LINDA	281	01:12:16.20	14:32	511/674	CARDSTON, AB, CANADA
62/74	SAITO, MIKI	560	01:16:02.30	15:17	532/674	LETH, AB, CANADA
63/74	LOGUE, MICHELLE	357	01:16:02.50	15:17	533/674	LETH, AB, CANADA

## Category Results

## 5 Miles/ 8 Km

## 35-39 - 74 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
64/74	BLOUDDOFF, MARLA	73	01:17:55.10	15:40	554/674	LETH, AB, CANADA
65/74	ENEVOLD, SHEILA	179	01:18:36.35	15:48	561/674	LETH, AB, CANADA
66/74	MONAGHAN, JOAN	420	01:19:48.30	16:03	570/674	LETH, AB, CANADA
67/74	BACH, NICOLE	36	01:20:11.85	16:08	578/674	LETH, AB, CANADA
68/74	FORBES, CORRIE	196	01:21:24.25	16:22	588/674	LETH, AB, CANADA
69/74	STEVENS, MARIANNE	619	01:22:11.60	16:32	599/674	LETH, AB, CANADA
70/74	HUTCHISON, SANDRA	290	01:23:39.45	16:49	612/674	LETH, AB, CANADA
71/74	MEREDITH, ERIN	403	01:25:02.55	17:06	615/674	PEORIA, AZ, U.S.A.
72/74	VERGE, YVONNE	698	01:25:03.70	17:06	616/674	LETH, AB, CANADA
73/74	UNGER, LANA	672	01:33:33.65	18:49	646/674	COALDALE, AB, CANADA
74/74	CAMPMANS, MICHELLE	94	01:40:32.55	20:13	657/674	PICTURE BUTTE, AB, CANADA

## Category Results

## 5 Miles/ 8 Km

## 40-44 - 59 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/59	JISKOOT, HESTER	305	00:40:13.15	08:05	18/674	LETH, AB, CANADA
2/59	BARTON, LEEANNE	50	00:41:08.00	08:16	28/674	MED. HAT, AB, CANADA
3/59	BODNER, SONYA	333	00:41:30.40	08:21	32/674	CLARESHOLM, AB, CANADA
4/59	MARCOTTE, DENISE	377	00:42:54.70	08:37	44/674	LETH, AB, CANADA
5/59	LENZ, EMMA	352	00:43:02.85	08:39	48/674	COALHURST, AB, CANADA
6/59	NELSON, CHRISTINE	438	00:44:02.45	08:51	58/674	STAVELY, AB, CANADA
7/59	MACKINNON, BOBBIE	365	00:45:58.45	09:14	84/674	LETH, AB, CANADA
8/59	PAISLEY, RHONDA	475	00:48:04.15	09:40	114/674	LETH, AB, CANADA
9/59	LAMB, DEIDRE	339	00:48:10.45	09:41	115/674	CLARESHOLM, AB, CANADA
10/59	LANDRY, LISA	341	00:48:21.05	09:43	116/674	LETH, AB, CANADA
11/59	SWIDINSKY, PATTI	637	00:48:21.60	09:43	118/674	LETH, AB, CANADA
12/59	CHANG, EVA	101	00:49:03.75	09:52	130/674	LETH, AB, CANADA
13/59	MARASCO, JEANETTE	376	00:49:08.65	09:53	133/674	SPARWOOD, BC, CANADA
14/59	VAN DAM, MANDY	677	00:49:11.90	09:53	134/674	REDCLIFF, AB, CANADA
15/59	BLACKMER, VANESSA	72	00:49:21.10	09:55	138/674	MILK RIVER, AB, CANADA
16/59	DIXON, SANDI	158	00:49:40.00	09:59	150/674	LETH, AB, CANADA
17/59	CASTELLI, LYN	98	00:50:09.40	10:05	155/674	LETH, AB, CANADA
18/59	SANDERSON, JULIE	563	00:50:16.35	10:06	158/674	LETH, AB, CANADA
19/59	GINGRAS, SANDY	221	00:50:44.45	10:12	163/674	LETH, AB, CANADA
20/59	VAN PELT, BERNICE	688	00:50:47.75	10:13	164/674	LETH, AB, CANADA
21/59	HILL, KELLY	267	00:50:56.20	10:14	167/674	CALGARY, AB, CANADA
22/59	PRICE, MARION	522	00:51:06.25	10:16	169/674	LETH, AB, CANADA
23/59	MACKAY, WANDA	364	00:51:17.10	10:19	174/674	LETH, AB, CANADA
24/59	WILSON, PENNI	729	00:51:27.90	10:21	178/674	LETH, AB, CANADA
25/59	GOURLEY, SHAUNA	233	00:51:43.85	10:24	183/674	CALGARY, AB, CANADA
26/59	HUCULAK, CAROL	282	00:52:36.00	10:35	202/674	LETH, AB, CANADA
27/59	KLASSAN, KAREN	316	00:52:56.15	10:39	207/674	TABER, AB, CANADA
28/59	DRISCOLL, LAURIE	167	00:52:58.05	10:39	212/674	LETH, AB, CANADA
29/59	PUURVEEN, DENISE	524	00:53:18.35	10:43	215/674	LETH, AB, CANADA
30/59	BANKS, CHERYL	44	00:53:33.75	10:46	225/674	MED. HAT, AB, CANADA
31/59	JOHNSON, WENDY	307	00:53:45.65	10:48	229/674	LETH, AB, CANADA
32/59	RETI, SUSAN	537	00:53:51.35	10:50	234/674	LETH, AB, CANADA
33/59	GORHAM, TIFFANY	230	00:53:52.65	10:50	235/674	CRESTON, BC, CANADA
34/59	GRAHAM, KIMBERLY	234	00:54:16.30	10:55	248/674	LETH, AB, CANADA
35/59	PITCHER, JANELE	508	00:54:39.45	10:59	259/674	LETH, AB, CANADA
36/59	DUPLESSIS, JULIANA	483	00:54:51.35	11:02	261/674	LETH, AB, CANADA
37/59	DECONINCKSMITH, KARIN	153	00:56:23.60	11:20	287/674	LETH, AB, CANADA
38/59	WEISBACH, CARINA	718	00:57:07.35	11:29	302/674	LETH, AB, CANADA
39/59	GINTHER, BONNIE	222	00:57:36.95	11:35	312/674	COALDALE, AB, CANADA
40/59	MILNER, KIMBERLIE	415	00:59:44.20	12:01	353/674	RAYMOND, AB, CANADA
41/59	SCHAMBER, VAL	567	00:59:46.05	12:01	354/674	MILK RIVER, AB, CANADA
42/59	DRAIN, CATHY	163	01:00:08.15	12:05	362/674	LETH, AB, CANADA
43/59	TAJCHAR-KOSHUTA, JUDY	643	01:00:08.65	12:05	363/674	LETH, AB, CANADA
44/59	MILLER, LINDA	412	01:00:50.55	12:14	372/674	BLACKIE, AB, CANADA
45/59	BURNS, CHRISTINE	87	01:01:18.55	12:20	383/674	CALGARY, AB, CANADA
46/59	SHAND, WENDY	589	01:02:54.00	12:39	407/674	LETH, AB, CANADA
47/59	WAGENAAR, KAREN	707	01:03:17.85	12:44	414/674	REDCLIFF, AB, CANADA
48/59	MORITZ, SUSAN	422	01:03:56.95	12:51	425/674	LETH, AB, CANADA
49/59	ROLL, ROSE	549	01:04:11.35	12:54	430/674	HAYS, AB, CANADA
50/59	BAUMAN, LORI	54	01:09:24.85	13:57	477/674	LETH, AB, CANADA
51/59	NIXON, TRACEY	448	01:10:49.75	14:14	491/674	FT. MACLEOD, AB, CANADA
52/59	RANKIN, LA REE	527	01:13:57.05	14:52	520/674	LETH, AB, CANADA
53/59	MOLINE, MICHAEELEN	418	01:21:52.90	16:28	592/674	LETH, AB, CANADA
54/59	REURINK, MARGARET	538	01:22:08.30	16:31	596/674	COALDALE, AB, CANADA
55/59	TRIMBLE, SHERYL	665	01:22:13.25	16:32	601/674	LETH, AB, CANADA
56/59	KURINA, DIANNE	335	01:26:28.95	17:23	627/674	LETH, AB, CANADA
57/59	RIEMANN, VERNA	542	01:31:13.25	18:21	641/674	LETH, AB, CANADA
58/59	ADAMSON, LORI	7	01:33:34.45	18:49	647/674	LETH, AB, CANADA
59/59	ANDERSON, PAULA	17	01:38:06.05	19:44	655/674	CARDSTON, AB, CANADA

## Category Results

## 5 Miles/ 8 Km

## 45-49 - 59 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/59	KOENIG, KAREN	321	00:38:10.75	07:40	10/674	LETH, AB, CANADA
2/59	BECK, KIM	60	00:42:56.15	08:38	45/674	BOW ISLAND, AB, CANADA
3/59	DAHL, SHARON	141	00:43:39.20	08:46	56/674	MAGRATH, AB, CANADA
4/59	SHERWOOD, LINDA	594	00:44:30.95	08:57	66/674	RAYMOND, AB, CANADA
5/59	CLAASSEN, MARJOLEIN	109	00:46:57.95	09:26	99/674	VAUXHALL, AB, CANADA
6/59	STOKES, REBECCA	626	00:47:28.00	09:33	106/674	LETH, AB, CANADA
7/59	WOODS, MARIAN	741	00:47:28.00	09:33	107/674	LETH, AB, CANADA
8/59	MORO-CLARKE, LORI	424	00:49:01.70	09:51	128/674	LETH, AB, CANADA
9/59	MORRIS, CHRISTINE	429	00:49:19.05	09:55	136/674	CALGARY, AB, CANADA
10/59	THOMAS, SHELLY	654	00:49:35.45	09:58	147/674	WARNER, AB, CANADA
11/59	MIDDEL, FREDA	408	00:49:36.85	09:58	148/674	LETH, AB, CANADA
12/59	DOUCETTE, BONNIE	161	00:49:47.85	10:01	151/674	MED. HAT, AB, CANADA
13/59	PEPPER, LEILIAN	490	00:51:18.55	10:19	176/674	LETH, AB, CANADA
14/59	FINNIE, LAURIE	187	00:52:01.45	10:27	188/674	LETH, AB, CANADA
15/59	MOROZ, CHRIS	426	00:52:16.70	10:31	193/674	LETH, AB, CANADA
16/59	HEGGIE, DIXIE	260	00:52:35.75	10:34	201/674	RAYMOND, AB, CANADA
17/59	WOOD, GAIL	737	00:52:39.10	10:35	203/674	LETH, AB, CANADA
18/59	RUPP, ANN	557	00:55:21.65	11:08	270/674	CHAMPION, AB, CANADA
19/59	PASTINK, DIANNE	479	00:55:43.75	11:12	276/674	TABER, AB, CANADA
20/59	PIERZCHALA, LYNDA	500	00:56:16.65	11:19	284/674	LETH, AB, CANADA
21/59	LOCKHART, HEIDI	356	00:56:20.45	11:20	286/674	LETH, AB, CANADA
22/59	STANG, CAROLYN	614	00:56:40.85	11:24	294/674	LETH, AB, CANADA
23/59	VAN HIERDEN, BRENDA	687	00:57:54.00	11:38	316/674	LETH, AB, CANADA
24/59	MCLEAN, NATALIE	208	00:58:08.65	11:41	324/674	LETH, AB, CANADA
25/59	PASOLLI, LORNA	558	00:58:32.15	11:46	326/674	CHAMPION, AB, CANADA
26/59	HARTSHORN, JUDITH ANN	252	00:59:00.65	11:52	336/674	SASKATOON, SASK, CANADA
27/59	AULENBACK, LINDA	34	00:59:05.30	11:53	340/674	LETH, AB, CANADA
28/59	OVINGE, PEARL	471	01:00:03.35	12:04	361/674	SCANDIA, AB, CANADA
29/59	KESICK, SALLY	315	01:00:26.90	12:09	369/674	LETH, AB, CANADA
30/59	TURNER, APRIL	669	01:00:58.00	12:16	376/674	LETH, AB, CANADA
31/59	PORTER, JUDY	516	01:01:03.05	12:17	380/674	LETH, AB, CANADA
32/59	JOHNSON, KAREN	306	01:01:10.80	12:18	382/674	AIRDRIE, AB, CANADA
33/59	HUNT, MICHELE	287	01:01:21.05	12:20	385/674	LETH, AB, CANADA
34/59	FRACHE, JANET	199	01:02:09.05	12:30	395/674	COALDALE, AB, CANADA
35/59	COLE, DEBBIE	117	01:02:16.80	12:31	399/674	LETH, AB, CANADA
36/59	MCKENZIE, DIANE	392	01:03:36.20	12:47	417/674	WARNER, AB, CANADA
37/59	BORG, BRENDA	78	01:03:43.25	12:49	421/674	LETH, AB, CANADA
38/59	NEUFELD, LINDA	440	01:04:18.90	12:56	432/674	LETH, AB, CANADA
39/59	STARZYK-FREY, CYNDI	616	01:05:12.85	13:07	442/674	LETH, AB, CANADA
40/59	SAURWEIN, CHERYL	565	01:06:36.05	13:24	449/674	CRANBROOK, BC, CANADA
41/59	CHISHOLM, DEBBIE	103	01:10:22.80	14:09	488/674	LETH, AB, CANADA
42/59	BRYANT, BRENDA	85	01:10:47.05	14:14	489/674	LETH, AB, CANADA
43/59	COLLIN, KAREN	119	01:12:33.80	14:35	512/674	LETH, AB, CANADA
44/59	ZOSIUK, TERRA-LYN	428	01:13:56.95	14:52	519/674	LETH, AB, CANADA
45/59	SHEEN, PENNY	590	01:14:53.75	15:04	523/674	LETH, AB, CANADA
46/59	SUTTER, RHONDA	635	01:14:54.80	15:04	524/674	LETH, AB, CANADA
47/59	MAC CALLUM, DEBBIE	362	01:15:18.75	15:09	528/674	DEL BONITA, AB, CANADA
48/59	BURR, SHELLEY	88	01:17:44.75	15:38	551/674	MED. HAT, AB, CANADA
49/59	TAIT, JODY	642	01:17:46.15	15:38	553/674	LETH, AB, CANADA
50/59	SWITZER, LISE	639	01:19:47.15	16:03	569/674	LETH, AB, CANADA
51/59	THOMPSON, SHELLEY	659	01:22:08.10	16:31	595/674	LETH, AB, CANADA
52/59	ROBINSON, CAROLYN	547	01:22:12.30	16:32	600/674	LETH, AB, CANADA
53/59	BURTENSHAW, CHERYL	90	01:26:23.30	17:22	623/674	MOOSE JAW, SASK, CANADA
54/59	BELLEFEUILLE, CAROL	64	01:26:23.90	17:22	624/674	MOOSE JAW, SASK, CANADA
55/59	SEELEY, SHEILA	585	01:26:30.60	17:24	628/674	LETH, AB, CANADA
56/59	FOX, LISE	198	01:26:30.70	17:24	629/674	LETH, AB, CANADA
57/59	TYLER, DARLA`	671	01:30:54.20	18:17	640/674	COALDALE, AB, CANADA
58/59	SKIBA, TAMMY	601	01:40:35.10	20:14	661/674	COALDALE, AB, CANADA
59/59	POTVIN, ROCHELLE	519	01:41:55.10	20:30	668/674	LETH, AB, CANADA

## Category Results

## 5 Miles/ 8 Km

## 50-54 - 60 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/60	MASSE, BRENDA	381	00:42:04.70	08:27	36/674	LETH, AB, CANADA
2/60	GLENGRAHAM, LAURIE	223	00:42:40.35	08:35	41/674	RAINER, AB, CANADA
3/60	CLELAND, CYNTHIA	112	00:44:13.65	08:53	59/674	BOW ISLAND, AB, CANADA
4/60	RESIDE, JUDY	536	00:44:20.75	08:55	61/674	CALGARY, AB, CANADA
5/60	TAKEDA, JUNE	644	00:44:25.40	08:56	63/674	LETH, AB, CANADA
6/60	SCOTT, JANE	579	00:46:07.80	09:16	89/674	LETH, AB, CANADA
7/60	RIES, DENISE	543	00:48:21.20	09:43	117/674	MED. HAT, AB, CANADA
8/60	MCKILLOP, MARGARET	393	00:48:32.25	09:45	123/674	LETH, AB, CANADA
9/60	CHRISTENSEN, SHERRY	106	00:48:34.15	09:46	124/674	COALHURST, AB, CANADA
10/60	HUDSON, MARCIA	285	00:50:15.85	10:06	157/674	ERICKSON, BC, CANADA
11/60	PETERSON, SUSAN	497	00:50:17.80	10:07	159/674	RAYMOND, AB, CANADA
12/60	O'LAUGHLIN, CONSTANCE	453	00:51:07.65	10:17	170/674	CALGARY, AB, CANADA
13/60	NISH, HEATHER	447	00:51:50.15	10:25	186/674	CRANBROOK, BC, CANADA
14/60	LAARMAN, MARTHA	337	00:53:30.60	10:45	222/674	LETH, AB, CANADA
15/60	WRIGHT, WANDA	746	00:53:51.20	10:50	233/674	FOREMOST, AB, CANADA
16/60	NORGARD, BARB	449	00:54:06.45	10:53	238/674	FT. MACLEOD, AB, CANADA
17/60	POHL, JOANNE	512	00:54:08.35	10:53	240/674	LETH, AB, CANADA
18/60	TRUDEAU, LEAH	666	00:54:11.05	10:54	244/674	LETH, AB, CANADA
19/60	THOMAS, KAREN	652	00:54:14.85	10:54	246/674	LETH, AB, CANADA
20/60	KUNDRIK, MARY	334	00:54:29.00	10:57	254/674	LETH, AB, CANADA
21/60	MERRILL, LORI	405	00:54:39.45	10:59	258/674	HILL SPRING, AB, CANADA
22/60	GRASDAL, SHELLEY	236	00:55:23.75	11:08	271/674	LETH, AB, CANADA
23/60	DERENZO, GLORIA	156	00:56:46.60	11:25	296/674	LETH, AB, CANADA
24/60	LEGGIE, JUDY	350	00:59:03.35	11:52	338/674	LETH, AB, CANADA
25/60	BASSO, PATRICIA	51	00:59:17.25	11:55	344/674	MED. HAT, AB, CANADA
26/60	WOOLFORD, TRUDY	742	00:59:32.05	11:58	350/674	CARDSTON, AB, CANADA
27/60	GIBB, CONNIE	216	00:59:59.65	12:04	359/674	HILL SPRING, AB, CANADA
28/60	MILLER, LIZ	413	01:00:50.15	12:14	370/674	LETH, AB, CANADA
29/60	TULI, SIGRUN	667	01:01:18.65	12:20	384/674	CALGARY, AB, CANADA
30/60	KONRAD, JANE	324	01:01:57.75	12:27	392/674	LETH, AB, CANADA
31/60	FIGENSHAU, DEBI	185	01:03:36.35	12:47	418/674	WARNER, AB, CANADA
32/60	POYTRESS, LORRAINE	521	01:07:27.50	13:34	459/674	FT. MACLEOD, AB, CANADA
33/60	KORAN, CAROL	325	01:08:14.80	13:43	466/674	LETH, AB, CANADA
34/60	BESTER, SUSAN	67	01:09:17.85	13:56	474/674	HILL SPRING, AB, CANADA
35/60	MILNE, JANET	414	01:10:22.05	14:09	487/674	MED. HAT, AB, CANADA
36/60	MYCK, SHARON	437	01:11:14.65	14:19	492/674	LETH, AB, CANADA
37/60	PINNOCK, VALERIE	505	01:11:25.70	14:22	498/674	LETH, AB, CANADA
38/60	LOITZ, DARLENE	358	01:11:25.75	14:22	499/674	LETH, AB, CANADA
39/60	DUMONT, PAULETTE	171	01:11:35.80	14:24	502/674	LETH, AB, CANADA
40/60	TAIT, DONNA	641	01:11:54.35	14:28	506/674	LETH, AB, CANADA
41/60	BERKHOF, LEAH	66	01:15:06.10	15:06	526/674	LETH, AB, CANADA
42/60	MORTON, LYDIA	431	01:15:18.60	15:09	527/674	DEL BONITA, AB, CANADA
43/60	HENRY, MARGARET	265	01:15:18.90	15:09	529/674	DEL BONITA, AB, CANADA
44/60	PENICH, CINDY	489	01:17:02.20	15:29	538/674	CLARESHOLM, AB, CANADA
45/60	SMITH, DEBRA	604	01:17:03.35	15:30	540/674	BURDETT, AB, CANADA
46/60	WHITEHEAD, ELAINE	721	01:17:03.40	15:30	541/674	CLARESHOLM, AB, CANADA
47/60	FOWLER, SYLVIA	197	01:17:05.20	15:30	543/674	LETH, AB, CANADA
48/60	SHELSON, DOROTHY	592	01:17:37.90	15:37	549/674	LETH, AB, CANADA
49/60	HAMILTON, SHAWN	243	01:17:45.50	15:38	552/674	LETH, AB, CANADA
50/60	ORR, RONALEE	465	01:18:12.85	15:44	559/674	FT. MACLEOD, AB, CANADA
51/60	KNAPEK, GAIL	319	01:20:27.80	16:11	579/674	FT. MACLEOD, AB, CANADA
52/60	LAMB, WENDY	340	01:21:24.15	16:22	586/674	LETH, AB, CANADA
53/60	STRAIN, CINDY	627	01:22:10.90	16:31	598/674	LETH, AB, CANADA
54/60	OLSEN, JAN	459	01:22:20.95	16:33	603/674	CLARESHOLM, AB, CANADA
55/60	MALMBERG, JEAN	373	01:23:24.90	16:46	609/674	SPRING COULEE, AB, CANADA
56/60	GILLET, SHARON	219	01:27:58.50	17:41	632/674	LETH, AB, CANADA
57/60	BROWN, CATHERINE	84	01:28:17.40	17:45	635/674	LETH, AB, CANADA
58/60	BROSZ, RHONDA	83	01:29:11.65	17:56	638/674	LETH, AB, CANADA
59/60	INGRAM, CHRIS	292	01:40:34.90	20:14	660/674	COALDALE, AB, CANADA
60/60	SMITH, ELAINE	605	01:41:54.80	20:30	666/674	CALGARY, AB, CANADA

## Category Results

## 5 Miles/ 8 Km

## 55-59 - 24 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/24	OLFERT, DOREEN	456	00:41:06.25	08:16	27/674	HAYS, AB, CANADA
2/24	MEGAW, CAROL	400	00:50:06.65	10:04	154/674	LETH, AB, CANADA
3/24	BAILEY, GLENDA	38	00:52:42.05	10:36	204/674	MED. HAT, AB, CANADA
4/24	MCLAUGHLIN, PEGGY	394	00:52:46.95	10:37	205/674	LETH, AB, CANADA
5/24	BAREHAM-WRIGHT, VAL	46	00:53:28.55	10:45	221/674	LETH, AB, CANADA
6/24	LEBLANC, LAURA	348	00:53:43.35	10:48	228/674	LETH, AB, CANADA
7/24	BYDEVAATE, JANE	92	00:54:20.55	10:55	249/674	TABER, AB, CANADA
8/24	NICOL-PHARO, PATTI	443	00:55:37.35	11:11	273/674	LETH, AB, CANADA
9/24	BIGGINS, MARIAN	70	00:57:46.40	11:37	315/674	LETH, AB, CANADA
10/24	REGIER, MARY LOU	530	00:59:05.00	11:53	339/674	COALDALE, AB, CANADA
11/24	PAHULJE, MAJDA	474	01:00:25.45	12:09	368/674	LETH, AB, CANADA
12/24	PERVERSEFF, MARILYN	493	01:02:08.95	12:30	394/674	LETH, AB, CANADA
13/24	WARKENTIN, ELIZABETH	716	01:08:08.45	13:42	465/674	COALDALE, AB, CANADA
14/24	VOSSEBELT, ANN	704	01:09:23.35	13:57	476/674	COALDALE, AB, CANADA
15/24	ORAVEC, JOAN	461	01:09:34.85	13:59	478/674	DIAMOND CITY, AB, CANADA
16/24	VALIN, COLLEEN	674	01:11:49.65	14:27	503/674	COALDALE, AB, CANADA
17/24	HAMMERSTEDT, JUDY	244	01:15:04.25	15:06	525/674	LETH, AB, CANADA
18/24	GRAINGER, MICKEY	235	01:17:02.25	15:29	539/674	CLARESHOLM, AB, CANADA
19/24	YOUNG, PAT	750	01:18:14.20	15:44	560/674	LETH, AB, CANADA
20/24	PALMER, BRIGITTE	476	01:20:54.45	16:16	582/674	LETH, AB, CANADA
21/24	KREUGER, BERNIE	327	01:21:24.25	16:22	587/674	MOOSE JAW, SASK, CANADA
22/24	BORAS, DOROTHY	77	01:29:11.75	17:56	639/674	PINCHER CREEK, AB, CANADA
23/24	HEFFERNAN, THERESA	259	01:37:28.20	19:36	653/674	LETH, AB, CANADA
24/24	MURRAY, MAUREEN	435	01:42:54.25	20:42	670/674	COALDALE, AB, CANADA

## 60-64 - 11 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/11	ROBERTS, GABRIELE	544	00:40:53.45	08:13	22/674	LETH, AB, CANADA
2/11	HORII, HILDA	277	00:44:27.65	08:56	65/674	LETH, AB, CANADA
3/11	WILLMS, MAUREEN	728	00:57:33.90	11:34	311/674	LETH, AB, CANADA
4/11	AARSEN, MARIAN	1	00:58:41.25	11:48	328/674	LETH, AB, CANADA
5/11	VAN DYK, JANNIE	683	00:59:49.40	12:02	355/674	LETH, AB, CANADA
6/11	SHORE, EMERICE	596	01:01:46.55	12:25	389/674	LETH, AB, CANADA
7/11	SANTONI, PAT	564	01:04:28.50	12:58	434/674	LETH, AB, CANADA
8/11	KRAMER, LAVONA	326	01:06:21.75	13:21	448/674	LETH, AB, CANADA
9/11	BAIRD-DUSKE, NORMA	41	01:07:58.40	13:40	463/674	LETH, AB, CANADA
10/11	WIIG, MARGERY	726	01:22:20.60	16:33	602/674	CLARESHOLM, AB, CANADA
11/11	WHITNEY, SHIRLEY	723	01:23:07.70	16:43	606/674	LETH, AB, CANADA

## 65-69 - 10 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/10	MCLAUGHLIN, STELLA	395	00:49:07.15	09:52	132/674	MED. HAT, AB, CANADA
2/10	NORRIS, JOAN	450	00:50:20.55	10:07	160/674	LETH, AB, CANADA
3/10	JAUERNECK, ELLA	298	00:58:50.95	11:50	334/674	LETH, AB, CANADA
4/10	BYERS, BRIGITTE	93	01:01:29.90	12:22	387/674	LETH, AB, CANADA
5/10	ARMSTRONG, JEAN	26	01:12:35.30	14:36	513/674	LETH, AB, CANADA
6/10	JARDINE, LOIS	297	01:13:42.45	14:49	517/674	LETH, AB, CANADA
7/10	HELPS, CARMEN	263	01:27:46.45	17:39	630/674	LETH, AB, CANADA
8/10	ADACHI, ELIZABETH	5	01:40:41.65	20:15	662/674	LETH, AB, CANADA
9/10	BAILES, MARILYN	37	01:41:14.45	20:22	663/674	LETH, AB, CANADA
10/10	POTVIN, MARY	518	01:41:55.15	20:30	669/674	LETH, AB, CANADA

## 70+ - 4 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/4	POELT, CAROL	511	01:03:04.05	12:41	409/674	COLEMAN, AB, CANADA
2/4	WHITE, MARY MADELINE	720	01:04:56.75	13:03	439/674	CALGARY, AB, CANADA
3/4	BAIRD, LEOLA	40	01:10:47.05	14:14	490/674	LETH, AB, CANADA
4/4	STALLARD, MOLLY	612	01:17:38.05	15:37	550/674	LETH, AB, CANADA