

## Overall Gender Results

10K - 6.21 Miles

82 Competitors

## Female - 49 Competitors

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	City
1/49	LEE, HEATHER	547	00:48:57.05	07:52	10K20-29F	1/11	14/82	LETH
2/49	COPELAND, JENNIFER	511	00:49:09.80	07:54	10K30-39F	1/13	16/82	LETH
3/49	MCKEE, ALLISON	555	00:51:05.75	08:13	10K30-39F	2/13	19/82	CLARESHOLM
4/49	REIMER, SUSAN	574	00:51:36.60	08:18	10K40-49F	1/15	22/82	BOW ISLAND
5/49	DAY, KENDRA	514	00:53:03.15	08:32	10K10-14F	1/1	25/82	TABER
6/49	ZIEBART, LISA	594	00:53:07.30	08:33	10K30-39F	3/13	26/82	LETH
7/49	TAKEYASU, CARRIE	583	00:53:19.55	08:35	10K40-49F	2/15	27/82	LETH
8/49	BEZOYEN, ANDREA	504	00:54:13.50	08:43	10K20-29F	2/11	30/82	LETH
9/49	GLENN, LAUREN	528	00:54:17.10	08:44	10K20-29F	3/11	31/82	LETH
10/49	SIMPSON, JAYNE	582	00:54:17.70	08:44	10K20-29F	4/11	32/82	LETH
11/49	MASSE, BRENDA	552	00:54:21.25	08:45	10K50-59F	1/7	33/82	LETH
12/49	GIN, SUSAN	527	00:54:40.25	08:48	10K40-49F	3/15	35/82	LETH
13/49	MACDONALD, MARI	551	00:55:01.70	08:51	10K50-59F	2/7	38/82	LETH
14/49	HORII, HILDA	535	00:55:23.90	08:55	10K60+F	1/1	40/82	LETH
15/49	LORD, KATE	548	00:55:39.70	08:57	10K20-29F	5/11	41/82	LETH
16/49	HILDEBRAND, DEIDRE	534	00:55:58.45	09:00	10K50-59F	3/7	42/82	LETH
17/49	JOHNSON, SARAH	520	00:57:29.80	09:15	10K20-29F	6/11	45/82	LETH
18/49	DUECK, NAOMI	517	00:57:40.65	09:17	10K30-39F	4/13	46/82	COALDALE
19/49	DYCK, BONNIE	518	00:57:40.75	09:17	10K30-39F	5/13	47/82	COALDALE
20/49	KERR, AMY	539	00:58:11.35	09:22	10K30-39F	6/13	48/82	COALDALE
21/49	DIXON, TAYLOR	516	00:58:47.70	09:27	10K15-19F	1/1	50/82	LETH
22/49	PILLING, JODI	570	00:58:54.15	09:29	10K30-39F	7/13	51/82	COALDALE
23/49	COMB, CATHY	509	00:59:41.20	09:36	10K40-49F	4/15	53/82	COALDALE
24/49	KUNTZ, APRIL	545	00:59:41.60	09:36	10K30-39F	8/13	54/82	CLARESHOLM
25/49	WATT, MICHELLE	589	00:59:41.60	09:36	10K40-49F	5/15	55/82	CLARESHOLM
26/49	GOODFELLOW, PIPPA	529	01:00:42.35	09:46	10K40-49F	6/15	56/82	DIAMOND CITY
27/49	MATTSON, HEATHER	554	01:00:54.50	09:48	10K20-29F	7/11	57/82	LETH
28/49	OVIATT, CHRISTINE	563	01:00:56.75	09:48	10K30-39F	9/13	58/82	LETH
29/49	PENNER, CAROLYN	566	01:02:03.65	09:59	10K40-49F	7/15	59/82	COALDALE
30/49	BUREK, JUDY	506	01:02:04.65	09:59	10K50-59F	4/7	60/82	LETH
31/49	KLIPPENSTEIN, MELANIE	597	01:02:43.40	10:05	10K30-39F	10/13	61/82	LETH
32/49	MERRITT, ALANA	558	01:02:57.30	10:08	10K40-49F	8/15	62/82	LETH
33/49	WOLFE, HELEN	593	01:03:02.55	10:09	10K40-49F	9/15	63/82	LETH
34/49	KELLY, JONNIE	538	01:04:15.70	10:20	10K40-49F	10/15	66/82	LETH
35/49	MEGAW, CAROL	557	01:04:41.05	10:24	10K50-59F	5/7	67/82	LETH
36/49	COUTURE, KATIE	513	01:04:50.55	10:26	10K20-29F	8/11	68/82	LETH
37/49	DIXON, SANDI	515	01:05:04.85	10:28	10K40-49F	11/15	69/82	LETH
38/49	FAULKNER, COURTNEY	522	01:06:46.85	10:45	10K20-29F	9/11	71/82	FT. MACLEOD
39/49	FAULKNER, NAOMI	523	01:06:51.45	10:45	10K40-49F	12/15	72/82	FT. MACLEOD
40/49	WILSON, PENNI	591	01:08:23.30	11:00	10K40-49F	13/15	73/82	LETH
41/49	VANDENBERG, SHANNON	587	01:08:23.50	11:00	10K20-29F	10/11	74/82	COALHURST
42/49	AUSTIN, DORIS	502	01:08:57.10	11:06	10K40-49F	14/15	75/82	LETH
43/49	PITCHER, KATHY	571	01:09:13.15	11:08	10K30-39F	11/13	76/82	COALDALE
44/49	PASOLLI, LORNA	565	01:09:53.85	11:15	10K50-59F	6/7	77/82	CHAMPION
45/49	HEAD, SARAH	533	01:11:10.80	11:27	10K30-39F	12/13	78/82	LETH
46/49	CHAPPELL, NICOLE	507	01:11:11.00	11:27	10K20-29F	11/11	79/82	LETH
47/49	KUNDRIK, MARY	544	01:12:24.05	11:39	10K50-59F	7/7	80/82	LETH
48/49	PETERSEN, JOAN	596	01:13:59.65	11:54	10K30-39F	13/13	81/82	CARMANGAY
49/49	GEWORSKY, CAROLE	526	01:24:05.55	13:32	10K40-49F	15/15	82/82	LETH

## Overall Gender Results

10K - 6.21 Miles

82 Competitors

## Male - 33 Competitors

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	City
1/33	SELLERS, CORY	578	00:39:48.30	06:24	10K30-39M	1/5	1/82	LETH
2/33	VANDEN DOOL, GLENN	586	00:42:18.00	06:48	10K40-49M	1/10	2/82	LETH
3/33	LUKINUK, BRENDT	549	00:42:27.45	06:50	10K30-39M	2/5	3/82	LETH
4/33	KLEIN, ALEX	540	00:42:41.85	06:52	10K30-39M	3/5	4/82	LETH
5/33	JOHNSON, DEAN	536	00:44:17.25	07:07	10K40-49M	2/10	5/82	LETH
6/33	MOURIK, CHRIS	559	00:44:36.45	07:10	10K20-29M	1/8	6/82	COALDALE
7/33	ROBDRUP, DANNY	576	00:44:39.60	07:11	10K20-29M	2/8	7/82	LETH
8/33	WILSON, PAT	590	00:46:13.20	07:26	10K50-59M	1/8	8/82	LETH
9/33	KUNDRIK, LARRY	543	00:46:47.40	07:32	10K50-59M	2/8	9/82	LETH
10/33	KREFT, TIMOTHY	542	00:48:13.95	07:45	10K20-29M	3/8	10/82	COALHURST
11/33	COUTURE, JESSE	512	00:48:15.80	07:46	10K20-29M	4/8	11/82	LETH
12/33	LACANILAO, BRIAN	546	00:48:17.50	07:46	10K20-29M	5/8	12/82	LETH
13/33	THIESSEN, ERNIE	584	00:48:54.30	07:52	10K50-59M	3/8	13/82	LETH
14/33	SHERIFF, JOHN	581	00:49:06.70	07:54	10K40-49M	3/10	15/82	LETH
15/33	MCKEE, KEN	556	00:49:14.60	07:55	10K40-49M	4/10	17/82	CLARESHOLM
16/33	COMB, MITCH	510	00:50:42.30	08:09	10K30-39M	4/5	18/82	COALDALE
17/33	BOEHM, NORBERT	598	00:51:27.00	08:17	10K50-59M	4/8	20/82	LETH
18/33	ARGYLE, GRAHAM	500	00:51:31.40	08:17	10K50-59M	5/8	21/82	LETH
19/33	KASKO, RYAN	595	00:52:03.00	08:22	10K40-49M	5/10	23/82	COALDALE
20/33	MAATJE, JOHAN	550	00:52:37.55	08:28	10K40-49M	6/10	24/82	LETH
21/33	NELSON, MARK	560	00:53:56.50	08:41	10K40-49M	7/10	28/82	CRANFORD
22/33	RITCHOT, GILLES	575	00:53:56.55	08:41	10K40-49M	8/10	29/82	LETH
23/33	VANDERVEEN, KLAAS	588	00:54:32.45	08:46	10K60+M	1/2	34/82	PICTUREBUTTE
24/33	BEYER, CODY	503	00:54:48.80	08:49	10K20-29M	6/8	36/82	LETH
25/33	FRIESEN, SHELDON	525	00:54:53.90	08:50	10K20-29M	7/8	37/82	LETH
26/33	THOMAS, NOEL	585	00:55:06.35	08:52	10K50-59M	6/8	39/82	LETH
27/33	HANSON, WES	532	00:57:16.80	09:13	10K40-49M	9/10	43/82	LETH
28/33	WILSON, MATT	568	00:57:17.20	09:13	10K30-39M	5/5	44/82	FT. MACLEOD
29/33	WILSON, TOM	592	00:58:29.30	09:25	10K60+M	2/2	49/82	LETH
30/33	MACKINNON, BRUCE	599	00:58:55.90	09:29	10K40-49M	10/10	52/82	LETH
31/33	ARIS, TERRY	501	01:03:43.60	10:15	10K50-59M	7/8	64/82	LUNDBRECK
32/33	OLSEN, GABRIEL	562	01:03:56.50	10:17	10K20-29M	8/8	65/82	LETH
33/33	MASSE, FRANCOIS	553	01:06:38.85	10:43	10K50-59M	8/8	70/82	LETH