

## Category Results

## 10K - 6.21 Miles

82 Competitors

## 10K10-14F - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/1	DAY, KENDRA	514	00:53:03.15	08:32	25/82	TABER, AB

## 10K15-19F - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/1	DIXON, TAYLOR	516	00:58:47.70	09:27	50/82	LETH, AB

## 10K20-29F - 11 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/11	LEE, HEATHER	547	00:48:57.05	07:52	14/82	LETH, AB
2/11	BEZOOYEN, ANDREA	504	00:54:13.50	08:43	30/82	LETH, AB
3/11	GLENN, LAUREN	528	00:54:17.10	08:44	31/82	LETH, AB
4/11	SIMPSON, JAYNE	582	00:54:17.70	08:44	32/82	LETH, AB
5/11	LORD, KATE	548	00:55:39.70	08:57	41/82	LETH, AB
6/11	JOHNSON, SARAH	520	00:57:29.80	09:15	45/82	LETH, AB
7/11	MATTSON, HEATHER	554	01:00:54.50	09:48	57/82	LETH, AB
8/11	COUTURE, KATIE	513	01:04:50.55	10:26	68/82	LETH, AB
9/11	FAULKNER, COURTNEY	522	01:06:46.85	10:45	71/82	FT. MACLEOD, AB
10/11	VANDENBERG, SHANNON	587	01:08:23.50	11:00	74/82	COALHURST, AB
11/11	CHAPPELL, NICOLE	507	01:11:11.00	11:27	79/82	LETH, AB

## 10K20-29M - 8 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/8	MOURIK, CHRIS	559	00:44:36.45	07:10	6/82	COALDALE, AB
2/8	ROBDRUP, DANNY	576	00:44:39.60	07:11	7/82	LETH, AB
3/8	KREFT, TIMOTHY	542	00:48:13.95	07:45	10/82	COALHURST, AB
4/8	COUTURE, JESSE	512	00:48:15.80	07:46	11/82	LETH, AB
5/8	LACANILAO, BRIAN	546	00:48:17.50	07:46	12/82	LETH, AB
6/8	BEYER, CODY	503	00:54:48.80	08:49	36/82	LETH, AB
7/8	FRIESEN, SHELDON	525	00:54:53.90	08:50	37/82	LETH, AB
8/8	OLSEN, GABRIEL	562	01:03:56.50	10:17	65/82	LETH, AB

## 10K30-39F - 13 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/13	COPELAND, JENNIFER	511	00:49:09.80	07:54	16/82	LETH, AB
2/13	MCKEE, ALLISON	555	00:51:05.75	08:13	19/82	CLARESHOLM, AB
3/13	ZIEBART, LISA	594	00:53:07.30	08:33	26/82	LETH, AB
4/13	DUECK, NAOMI	517	00:57:40.65	09:17	46/82	COALDALE, AB
5/13	DYCK, BONNIE	518	00:57:40.75	09:17	47/82	COALDALE, AB
6/13	KERR, AMY	539	00:58:11.35	09:22	48/82	COALDALE, AB
7/13	PILLING, JODI	570	00:58:54.15	09:29	51/82	COALDALE, AB
8/13	KUNTZ, APRIL	545	00:59:41.60	09:36	54/82	CLARESHOLM, AB
9/13	OVIATT, CHRISTINE	563	01:00:56.75	09:48	58/82	LETH, AB
10/13	KLIPPENSTEIN, MELANIE	597	01:02:43.40	10:05	61/82	LETH, AB
11/13	PITCHER, KATHY	571	01:09:13.15	11:08	76/82	COALDALE, AB
12/13	HEAD, SARAH	533	01:11:10.80	11:27	78/82	LETH, AB
13/13	PETERSEN, JOAN	596	01:13:59.65	11:54	81/82	CARMANGAY, AB

## 10K30-39M - 5 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/5	SELLERS, CORY	578	00:39:48.30	06:24	1/82	LETH, AB
2/5	LUKINUK, BRENDT	549	00:42:27.45	06:50	3/82	LETH, AB
3/5	KLEIN, ALEX	540	00:42:41.85	06:52	4/82	LETH, AB
4/5	COMB, MITCH	510	00:50:42.30	08:09	18/82	COALDALE, AB
5/5	WILSON, MATT	568	00:57:17.20	09:13	44/82	FT. MACLEOD, AB

## 10K40-49F - 15 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/15	REIMER, SUSAN	574	00:51:36.60	08:18	22/82	BOW ISLAND, AB
2/15	TAKEYASU, CARRIE	583	00:53:19.55	08:35	27/82	LETH, AB
3/15	GIN, SUSAN	527	00:54:40.25	08:48	35/82	LETH, AB
4/15	COMB, CATHY	509	00:59:41.20	09:36	53/82	COALDALE, AB
5/15	WATT, MICHELLE	589	00:59:41.60	09:36	55/82	CLARESHOLM, AB
6/15	GOODFELLOW, PIPPA	529	01:00:42.35	09:46	56/82	DIAMOND CITY, AB
7/15	PENNER, CAROLYN	566	01:02:03.65	09:59	59/82	COALDALE, AB
8/15	MERRITT, ALANA	558	01:02:57.30	10:08	62/82	LETH, AB
9/15	WOLFE, HELEN	593	01:03:02.55	10:09	63/82	LETH, AB

## Category Results

## 10K - 6.21 Miles

82 Competitors

## 10K40-49F - 15 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
10/15	KELLY, JONNIE	538	01:04:15.70	10:20	66/82	LETH, AB
11/15	DIXON, SANDI	515	01:05:04.85	10:28	69/82	LETH, AB
12/15	FAULKNER, NAOMI	523	01:06:51.45	10:45	72/82	FT. MACLEOD, AB
13/15	WILSON, PENNI	591	01:08:23.30	11:00	73/82	LETH, AB
14/15	AUSTIN, DORIS	502	01:08:57.10	11:06	75/82	LETH, AB
15/15	GEWORSKY, CAROLE	526	01:24:05.55	13:32	82/82	LETH, AB

## 10K40-49M - 10 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/10	VANDEN DOOL, GLENN	586	00:42:18.00	06:48	2/82	LETH, AB
2/10	JOHNSON, DEAN	536	00:44:17.25	07:07	5/82	LETH, AB
3/10	SHERIFF, JOHN	581	00:49:06.70	07:54	15/82	LETH, AB
4/10	MCKEE, KEN	556	00:49:14.60	07:55	17/82	CLARESHOLM, AB
5/10	KASKO, RYAN	595	00:52:03.00	08:22	23/82	COALDALE, AB
6/10	MAATJE, JOHAN	550	00:52:37.55	08:28	24/82	LETH, AB
7/10	NELSON, MARK	560	00:53:56.50	08:41	28/82	CRANFORD, AB
8/10	RITCHOT, GILLES	575	00:53:56.55	08:41	29/82	LETH, AB
9/10	HANSON, WES	532	00:57:16.80	09:13	43/82	LETH, AB
10/10	MACKINNON, BRUCE	599	00:58:55.90	09:29	52/82	LETH, AB

## 10K50-59F - 7 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/7	MASSE, BRENDA	552	00:54:21.25	08:45	33/82	LETH, AB
2/7	MACDONALD, MARI	551	00:55:01.70	08:51	38/82	LETH, AB
3/7	HILDEBRAND, DEIDRE	534	00:55:58.45	09:00	42/82	LETH, AB
4/7	BUREK, JUDY	506	01:02:04.65	09:59	60/82	LETH, AB
5/7	MEGAW, CAROL	557	01:04:41.05	10:24	67/82	LETH, AB
6/7	PASOLLI, LORNA	565	01:09:53.85	11:15	77/82	CHAMPION, AB
7/7	KUNDRIK, MARY	544	01:12:24.05	11:39	80/82	LETH, AB

## 10K50-59M - 8 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/8	WILSON, PAT	590	00:46:13.20	07:26	8/82	LETH, AB
2/8	KUNDRIK, LARRY	543	00:46:47.40	07:32	9/82	LETH, AB
3/8	THIESSEN, ERNIE	584	00:48:54.30	07:52	13/82	LETH, AB
4/8	BOEHM, NORBERT	598	00:51:27.00	08:17	20/82	LETH, AB
5/8	ARGYLE, GRAHAM	500	00:51:31.40	08:17	21/82	LETH, AB
6/8	THOMAS, NOEL	585	00:55:06.35	08:52	39/82	LETH, AB
7/8	ARIS, TERRY	501	01:03:43.60	10:15	64/82	LUNDBRECK, AB
8/8	MASSE, FRANCOIS	553	01:06:38.85	10:43	70/82	LETH, AB

## 10K60+F - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/1	HORII, HILDA	535	00:55:23.90	08:55	40/82	LETH, AB

## 10K60+M - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/2	VANDERVEEN, KLAAS	588	00:54:32.45	08:46	34/82	PICTUREBUTTE, AB
2/2	WILSON, TOM	592	00:58:29.30	09:25	49/82	LETH, AB