

2009 10/4 Mile Road Race Category Results

4 Miles - 6.44K

4M10&UF - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/1	HEGGIE, BERKLEY	162	00:49:43.55	12:25	135/141	LETH, AB, CANADA

4M10&UM - 6 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/6	VANDERZEE, NOEL	250	00:34:03.40	08:30	61/141	LETH, AB, CANADA
2/6	JESSUP, JAKE	173	00:35:08.35	08:47	76/141	LETH, AB, CANADA
3/6	STEWART, OWEN	237	00:37:21.35	09:20	86/141	LETH, AB, CANADA
4/6	STEWART, DEAN	236	00:48:16.30	12:04	130/141	LETH, AB, CANADA
5/6	HEGGIE, NATE	165	00:51:15.65	12:48	138/141	LETH, AB, CANADA
6/6	IVES, SYPRUS	172	00:54:14.05	13:33	140/141	LETH, AB, CANADA

4M11-15F - 4 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/4	DREW, JULIE	133	00:33:04.20	08:16	48/141	RAYMOND, AB, CANADA
2/4	MACKINNON, JORDAN	186	00:33:22.00	08:20	50/141	LETH, AB, CANADA
3/4	DREW, JENNIFER	132	00:33:55.25	08:28	56/141	RAYMOND, AB, CANADA
4/4	MACKINNON, TAYLOR	187	00:39:06.55	09:46	102/141	LETH, AB, CANADA

4M11-15M - 8 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/8	GAGNON, MATTHEW	148	00:27:26.05	06:51	14/141	MED. HAT, AB, CANADA
2/8	EPP, CHRISTIAN DAVID	141	00:28:12.05	07:03	18/141	LETH, AB, CANADA
3/8	CRAMER, JORDAN JAMES	123	00:29:25.50	07:21	22/141	COALDALE, AB, CANADA
4/8	RUSSELL, BLAISE	221	00:29:41.40	07:25	24/141	CARDSTON, AB, CANADA
5/8	CHATTERTON, MATTHEW	283	00:30:01.95	07:30	28/141	LETH, AB, CANADA
6/8	SAMOISSETTE, KYLE	224	00:34:45.60	08:41	67/141	LETH, AB, CANADA
7/8	MILNER, KOLE	197	00:34:55.75	08:43	71/141	RAYMOND, AB, CANADA
8/8	CROSS CHILD, MACKENZIE	220	00:45:13.85	11:18	124/141	LETH, AB, CANADA

4M16-19F - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/3	MALMBERG, BRITTNEY	225	00:35:05.15	08:46	74/141	LETH, AB, CANADA
2/3	SNOW, KIMBERLEY	230	00:35:19.50	08:49	77/141	RAYMOND, AB, CANADA
3/3	HEGGIE, TINA	166	00:43:12.15	10:48	118/141	RAYMOND, AB, CANADA

4M16-19M - 4 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/4	YOUNG, SEAN	262	00:22:10.65	05:32	4/141	LETH, AB, CANADA
2/4	BOCKSNICK, JACKSON	108	00:23:09.25	05:47	6/141	LETH, AB, CANADA
3/4	DANIELSON, ERIC	126	00:25:13.60	06:18	9/141	LETH, AB, CANADA
4/4	TROCKSTAD, CAMERON	240	00:34:00.75	08:30	60/141	LETH, AB, CANADA

2009 10/4 Mile Road Race Category Results

4 Miles - 6.44K

4M20-29F - 31 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/31	KOCHEI, GLADYS	180	00:25:14.70	06:18	10/141	LETH, AB, CANADA
2/31	DUDAS, GINA	134	00:28:25.45	07:06	20/141	LETH, AB, CANADA
3/31	WALL, CASSIDY	254	00:28:45.45	07:11	21/141	LETH, AB, CANADA
4/31	WARSHAWSKY, AMANDA	256	00:29:30.90	07:22	23/141	LETH, AB, CANADA
5/31	ING, JENNIFER	171	00:30:45.20	07:41	34/141	LETH, AB, CANADA
6/31	MACWILLIAM, LESLIE	188	00:30:55.80	07:43	35/141	LETH, AB, CANADA
7/31	HARTHOORN, MELANIE	158	00:31:42.10	07:55	42/141	COALDALE, AB, CANADA
8/31	SHARPE, NANCY	284	00:31:51.85	07:57	44/141	LETH, AB, CANADA
9/31	FRIEL, CATHERINE	146	00:32:50.75	08:12	47/141	LETH, AB, CANADA
10/31	FERGUSON, LAURA	143	00:33:11.60	08:17	49/141	LETH, AB, CANADA
11/31	LAPORTE, MARCY	182	00:33:54.70	08:28	55/141	LETH, AB, CANADA
12/31	EARL, KIMBERLY	138	00:34:03.50	08:30	62/141	LETH, AB, CANADA
13/31	EMERSON, HEATHER	139	00:34:31.45	08:37	65/141	LETH, AB, CANADA
14/31	MATISZ, CHELSEA	264	00:35:54.40	08:58	82/141	LETH, AB, CANADA
15/31	MAINZER, KIMBERLY	190	00:35:54.40	08:58	81/141	LETH, AB, CANADA
16/31	NEAL, KACIE	201	00:37:25.85	09:21	87/141	LETH, AB, CANADA
17/31	PROWSE, MEGAN	265	00:37:39.20	09:24	90/141	VERMILION, AB, CANADA
18/31	GILL, ALANNA	152	00:37:47.95	09:26	91/141	LETH, AB, CANADA
19/31	HEGGIE, JONI	164	00:38:12.25	09:33	93/141	LETH, AB, CANADA
20/31	GRANSON, CLAIRE	157	00:38:19.05	09:34	94/141	CALGARY, AB, CANADA
21/31	SMITH, KRISTIN	229	00:38:47.60	09:41	99/141	RAYMOND, AB, CANADA
22/31	MARONDA, KIRBY	272	00:39:28.10	09:52	103/141	LETH, AB, CANADA
23/31	HOWARD, KYMBERLEI	170	00:40:06.30	10:01	108/141	LETH, AB, CANADA
24/31	LOSEY, MEAGAN	184	00:41:34.75	10:23	112/141	LETH, AB, CANADA
25/31	STUCKART, ANDREA	239	00:42:37.60	10:39	116/141	LETH, AB, CANADA
26/31	GIBSON, KIM	151	00:44:28.35	11:07	120/141	LETH, AB, CANADA
27/31	GOOD RIDER, KENDALL	154	00:44:53.55	11:13	123/141	FT. MACLEOD, AB, CANADA
28/31	DAY, ERICA	128	00:45:33.65	11:23	127/141	CALGARY, AB, CANADA
29/31	REID, SARA	216	00:45:46.75	11:26	128/141	LETH, AB, CANADA
30/31	FRIESEN, ERIN	271	00:48:31.70	12:07	132/141	LETH, AB, CANADA
31/31	PROVOST, AMANDA	213	00:50:00.05	12:30	136/141	LETH, AB, CANADA

4M20-29M - 12 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/12	KIMOSOP, WILLY	178	00:19:43.00	04:55	1/141	LETH, AB, CANADA
2/12	CHESIRE, CHRISTIAN	119	00:21:05.95	05:16	2/141	LETH, AB, CANADA
3/12	YEGON, SHADRACK	259	00:22:06.75	05:31	3/141	LETH, AB, CANADA
4/12	EPP, TRAVIS	142	00:22:30.90	05:37	5/141	LETH, AB, CANADA
5/12	MUTAI, DOUGLAS	200	00:23:51.70	05:57	8/141	LETH, AB, CANADA
6/12	BAKER, SCOTT	102	00:27:33.70	06:53	16/141	LETH, AB, CANADA
7/12	COUTURE, JESSE	122	00:30:00.50	07:30	27/141	LETH, AB, CANADA
8/12	DAVIDSON, TYLER	127	00:30:06.05	07:31	29/141	CALGARY, AB, CANADA
9/12	TROCKSTAD, CHAD	242	00:30:07.70	07:31	30/141	LETH, AB, CANADA
10/12	CHATTERTON, MICHAEL	118	00:33:56.65	08:29	57/141	LETH, AB, CANADA
11/12	CONNER, JOSIAH (JOE)	121	00:36:34.80	09:08	83/141	LETH, AB, CANADA
12/12	LAVIGNE, ADAM	183	00:37:28.10	09:22	88/141	LETH, AB, CANADA

4M30-39F - 10 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/10	GIBB, TONYA	150	00:25:48.05	06:27	12/141	LETH, AB, CANADA
2/10	BARI, KELLY	103	00:27:39.70	06:54	17/141	LETH, AB, CANADA
3/10	SIKKENS, HEIDI	227	00:29:50.35	07:27	25/141	TURIN, AB, CANADA
4/10	MEHEW, KANDACE	281	00:34:21.05	08:35	64/141	WELLING, AB,
5/10	REEDYK, PAULA	282	00:34:40.30	08:40	66/141	LETH, AB, CANADA
6/10	LUKINUK, ELIZABETH	185	00:35:20.65	08:50	78/141	LETH, AB, CANADA
7/10	CLELAND, KIRSTEN	120	00:38:55.15	09:43	101/141	MAGRATH, AB, CANADA
8/10	OSBORN, WENDY	202	00:42:23.45	10:35	115/141	LETH, AB, CANADA
9/10	CHASE, LARINDA	116	00:45:14.70	11:18	125/141	LETH, AB, CANADA
10/10	YELLOWHORN, PEGGY	260	00:45:31.15	11:22	126/141	PINCHER CREEK, AB, CANADA

2009 10/4 Mile Road Race Category Results

4 Miles - 6.44K

4M30-39M - 19 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/19	MOLNAR, WARREN	198	00:23:34.10	05:53	7/141	COALDALE, AB, CANADA
2/19	STEWART, BRUCE	235	00:25:35.85	06:23	11/141	LETH, AB, CANADA
3/19	PASQUOTTI, MARIO	204	00:28:18.40	07:04	19/141	LETH, AB, CANADA
4/19	DECILLIA, RYAN	129	00:29:56.95	07:29	26/141	LETH, AB, CANADA
5/19	WEST, JOE	257	00:30:15.75	07:33	31/141	MED. HAT, AB, CANADA
6/19	WARD, COLIN	273	00:30:31.55	07:37	33/141	LETH, AB, CANADA
7/19	KORTT, JASON	181	00:31:00.55	07:45	36/141	LETH, AB, CANADA
8/19	PETERSON, CHAD	206	00:31:28.20	07:52	38/141	LETH, AB, CANADA
9/19	DAVIES, DYLAN	274	00:31:34.90	07:53	39/141	LETH, AB, CANADA
10/19	PETERSON, CORY	207	00:31:41.75	07:55	40/141	TABER, AB, CANADA
11/19	BORNE, CHAD	277	00:33:32.05	08:23	52/141	LETH, AB, CANADA
12/19	STRINGER, VERN	238	00:33:53.05	08:28	54/141	COALDALE, AB, CANADA
13/19	BLOUDOFF, GORD	107	00:34:09.70	08:32	63/141	LETH, AB, CANADA
14/19	DILLEWAARD, BARRY	131	00:34:51.85	08:42	69/141	LETH, AB, CANADA
15/19	BLACK, JIM	268	00:35:38.00	08:54	79/141	LETH, AB, CANADA
16/19	FRENCH, CHRIS	145	00:37:53.85	09:28	92/141	COALDALE, AB, CANADA
17/19	JESSUP, RON	174	00:39:38.05	09:54	105/141	LETH, AB, CANADA
18/19	POLEC, CURTIS	212	00:39:52.05	09:58	107/141	LETH, AB, CANADA
19/19	DEWINTER, STEVE	130	00:41:23.80	10:20	111/141	MAGRATH, AB, CANADA

4M40-49F - 20 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/20	MAINZER, PATRICIA ANN	191	00:32:27.95	08:06	45/141	LETH, AB, CANADA
2/20	DAHL, SHARON	280	00:32:34.90	08:08	46/141	MAGRATH, AB,
3/20	LENZ, EMMA	279	00:33:25.55	08:21	51/141	COALHURST, AB, CANADA
4/20	DYER, FIONA	137	00:33:57.85	08:29	58/141	LETH, AB, CANADA
5/20	FRY, PAM	266	00:34:57.95	08:44	72/141	LETH, AB, CANADA
6/20	PAQUIN, NATHALIE	203	00:35:43.55	08:55	80/141	LETH, AB, CANADA
7/20	CHATTERTON, JULIE	117	00:37:32.75	09:23	89/141	LETH, AB, CANADA
8/20	HEGGIE, DIXIE	163	00:38:27.85	09:36	96/141	RAYMOND, AB, CANADA
9/20	PLAIN EAGLE, NOREEN	209	00:38:42.50	09:40	98/141	BROCKET, AB, CANADA
10/20	BROWER, APRIL	109	00:38:52.80	09:43	100/141	WARNER, AB, CANADA
11/20	FAY, DIANA	267	00:39:36.50	09:54	104/141	LETH, AB, CANADA
12/20	MATKIN, MARIE	193	00:39:45.90	09:56	106/141	LETH, AB, CANADA
13/20	MATSON, BONNIE	194	00:40:13.60	10:03	109/141	MILK RIVER, AB, CANADA
14/20	RUSSELL, NANCY	223	00:41:59.50	10:29	114/141	LETH, AB, CANADA
15/20	RAPUANO, JANE	214	00:43:45.15	10:56	119/141	LETH, AB, CANADA
16/20	NEUFELD, NORMA	278	00:44:29.10	11:07	121/141	LETH, AB, CANADA
17/20	MILNER, KIMBERLIE	196	00:48:25.95	12:06	131/141	RAYMOND, AB, CANADA
18/20	GARNETT, BEV	149	00:50:30.45	12:37	137/141	LETH, AB, CANADA
19/20	SCOTT, BONNIE	275	00:53:28.95	13:22	139/141	PINCHER CREEK, AB, CANADA
20/20	TROCKSTAD, CARMEN	241	00:56:11.75	14:02	141/141	LETH, AB, CANADA

4M40-49M - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/3	HUXLEY, STEVEN	269	00:27:27.50	06:51	15/141	LETH, AB, CANADA
2/3	TROCKSTAD, WAYNE	243	00:34:00.20	08:30	59/141	LETH, AB, CANADA
3/3	VANDERVEEN, GEORGE	248	00:41:52.90	10:28	113/141	PICTURE BUTTE, AB, CANADA

4M50-59F - 6 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/6	VAN DAMME, ANN	247	00:31:47.45	07:56	43/141	TABER, AB, CANADA
2/6	ROBERTSON, WANDA	219	00:38:24.85	09:36	95/141	LETH, AB, CANADA
3/6	VANDERVEEN, SHIRLEY	249	00:38:33.90	09:38	97/141	LETH, AB, CANADA
4/6	POHL, JOANNE	211	00:40:33.45	10:08	110/141	LETH, AB, CANADA
5/6	TRUDEAU, LEAH	244	00:43:12.15	10:48	117/141	LETH, AB, CANADA
6/6	CAUGHELL, DEBRA	270	00:48:32.15	12:08	133/141	LETH, AB, CANADA

**2009 10/4 Mile Road Race
Category Results**

4 Miles - 6.44K**4M50-59M - 7 Competitors**

Cat	Name	Bib #	Time	Pace	O/A	City:
1/7	ADAMS, DAVE	101	00:27:01.45	06:45	13/141	LETH, AB, CANADA
2/7	HOLTHE, LEROY	167	00:30:28.65	07:37	32/141	TABER, AB, CANADA
3/7	WARREN, JEFF	255	00:31:14.30	07:48	37/141	LETH, AB, CANADA
4/7	ERICKSON, DON	276	00:31:42.10	07:55	41/141	LETH, AB, CANADA
5/7	BUSCH, MURRAY A.	111	00:35:07.90	08:46	75/141	LETH, AB, CANADA
6/7	ROBERTSON, IAIN	218	00:37:16.15	09:19	85/141	LETH, AB, CANADA
7/7	POHL, BERNIE	210	00:47:09.75	11:47	129/141	LETH, AB, CANADA

4M60+F - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/3	HOLTHE, SHERYL	169	00:34:48.70	08:42	68/141	LETH, AB, CANADA
2/3	BYERS, BRIGITTE	113	00:44:34.50	11:08	122/141	LETH, AB, CANADA
3/3	YOSHIHARA, DIANA	261	00:48:43.15	12:10	134/141	LETH, AB, CANADA

4M60+M - 4 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/4	HOLTHE, RON	168	00:33:36.75	08:24	53/141	LETH, AB, CANADA
2/4	BYERS, BOB	112	00:34:52.65	08:43	70/141	LETH, AB, CANADA
3/4	TURNBULL, KEN	245	00:34:58.40	08:44	73/141	LETH, AB, CANADA
4/4	ZADAN, NICK	263	00:36:35.05	09:08	84/141	LETH, AB, CANADA