

2009 10/4 Mile Road Race Category Results

10 Miles - 16.09K

10M19&UF - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/3	GRANSON, OLIVIA	458	01:23:37.35	08:21	48/154	CALGARY, AB, CANADA
2/3	ADAMS, BRITTNEY	401	01:41:27.85	10:08	122/154	LETH, AB, CANADA
3/3	VAN HIERDEN, BRITTANY	547	01:46:47.65	10:40	137/154	FT. MACLEOD, AB, CANADA

10M19&UM - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/1	MOURIK, CHRISTIAAN	502	01:14:55.70	07:29	16/154	COULHURST, AB, CANADA

10M20-29F - 19 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/19	GIBB, KRISTEN	454	01:16:53.35	07:41	25/154	RAYMOND, AB, CANADA
2/19	WEITZ, MELISSA	551	01:18:12.15	07:49	28/154	LETH, AB, CANADA
3/19	MATTHEWS, KENDRA	498	01:19:42.35	07:58	40/154	LETH, AB, CANADA
4/19	BRAUN, LORI	414	01:23:01.40	08:18	46/154	LETH, AB, CANADA
5/19	ASTLEY, TESS	404	01:24:38.45	08:27	52/154	LETH, AB, CANADA
6/19	VAN DIEMEN, JOSE	546	01:24:48.65	08:28	54/154	IRON SPRINGS, AB, CANADA
7/19	DANN, ANDREA	438	01:25:52.90	08:35	56/154	LETH, AB, CANADA
8/19	BALDRY, LINDSAY	562	01:27:03.25	08:42	63/154	CARDSTON, AB, CANADA
9/19	EMERY, AMANDA	444	01:29:58.85	08:59	77/154	LETH, AB, CANADA
10/19	SOMERVILLE, CARLY	535	01:30:46.30	09:04	82/154	LETH, AB, CANADA
11/19	HILKEWICH, LESLEE	469	01:30:47.00	09:04	83/154	LETH, AB, CANADA
12/19	CORLISS, HEATHER	433	01:32:59.80	09:17	91/154	LETH, AB, CANADA
13/19	CLAWSON, AIMEE	427	01:33:12.10	09:19	94/154	LETH, AB, CANADA
14/19	BEZOOYEN, ANDREA	412	01:33:19.60	09:19	95/154	LETH, AB, CANADA
15/19	OTTO, SHAUNA	507	01:33:33.85	09:21	98/154	LETH, AB, CANADA
16/19	PATTERSON, ERIN	511	01:39:49.25	09:58	118/154	LETH, AB, CANADA
17/19	SCHWARTZ, MIRIAM	527	01:40:57.90	10:05	121/154	LETH, AB, CANADA
18/19	HODGKINSON, PAM	470	01:43:18.90	10:19	127/154	TABER, AB, CANADA
19/19	DYKSTRA, KRISTEN	441	01:43:30.45	10:21	130/154	MED. HAT, AB, CANADA

10M20-29M - 11 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/11	KANGOGO, ED	477	00:54:28.35	05:26	1/154	LETH, AB, CANADA
2/11	ERICKSON, DREW	446	01:08:25.70	06:50	7/154	LETH, AB, CANADA
3/11	SHELLENBERG, RYAN	525	01:09:05.95	06:54	9/154	CALGARY, AB, CANADA
4/11	KOROGONAS, SOCRATES	484	01:14:04.95	07:24	14/154	JASPER, AB, CANADA
5/11	WEST, MATTHEW	552	01:15:04.50	07:30	17/154	FERNIE, B.C., CANADA
6/11	LACANILAO, BRIAN	486	01:16:41.65	07:40	22/154	LETH, AB, CANADA
7/11	MUELLER, RYAN	503	01:18:53.50	07:53	35/154	LETH, AB, CANADA
8/11	KLEISINGER, ANDY	481	01:27:33.10	08:45	67/154	LETH, AB, CANADA
9/11	FEHR, CAMERON	447	01:31:57.40	09:11	87/154	LETH, AB, CANADA
10/11	SHELLENBERG, DEVAN	524	01:36:23.55	09:38	107/154	LETH, AB, CANADA
11/11	FEHR, TIMOTHY	448	01:40:14.15	10:01	120/154	MILK RIVER, AB, CANADA

**2009 10/4 Mile Road Race
Category Results**

10 Miles - 16.09K**10M30-39F - 21 Competitors**

Cat	Name	Bib #	Time	Pace	O/A	City:
1/21	RIOPEL, LOUISE	519	01:11:01.35	07:06	10/154	LETH, AB, CANADA
2/21	MCCULLOCH, ROBIN	500	01:16:50.50	07:41	24/154	LETH, AB, CANADA
3/21	HILL, SHERI	566	01:18:52.10	07:53	34/154	LETH, AB, CANADA
4/21	JISKOOT, HESTER	474	01:22:58.80	08:17	45/154	LETH, AB, CANADA
5/21	COLEBY, FAY	429	01:23:56.05	08:23	50/154	LETH, AB, CANADA
6/21	GALLAGHER, DIANE	451	01:24:12.05	08:25	51/154	COALDALE, AB, CANADA
7/21	NIELSEN, JULIE	504	01:26:50.05	08:41	59/154	LETH, AB, CANADA
8/21	METZLER, CATHY	501	01:26:52.15	08:41	61/154	LETH, AB, CANADA
9/21	VIOLA SCHOOTEN, ANGELA	548	01:27:01.50	08:42	62/154	LETH, AB, CANADA
10/21	JONES-HUSCH, KATHY	476	01:27:42.35	08:46	69/154	LETH, AB, CANADA
11/21	MASON, TRUDI	497	01:30:27.30	09:02	81/154	LETH, AB, CANADA
12/21	COPELAND, JENNIFER	432	01:31:13.70	09:07	86/154	LETH, AB, CANADA
13/21	STEWART, KARRI	569	01:35:00.20	09:30	101/154	LETH, AB, CANADA
14/21	DAY, TAMMY	439	01:36:27.70	09:38	108/154	CALGARY, AB, CANADA
15/21	ROSENRETER, GWEN	522	01:38:09.40	09:48	115/154	LETH, AB, CANADA
16/21	COOK, PAMELA	430	01:43:13.75	10:19	126/154	LETH, AB, CANADA
17/21	JONES, CHRISTINA	475	01:43:29.00	10:20	129/154	LETH, AB, CANADA
18/21	BACH, NICOLE	407	01:47:19.20	10:43	139/154	LETH, AB, CANADA
19/21	PICKLES, TAMMY	515	01:47:45.10	10:46	140/154	LETH, AB, CANADA
20/21	STEWART, AMY	537	01:50:39.90	11:03	142/154	LETH, AB, CANADA
21/21	SCOTT, JENNIFER	528	01:52:57.75	11:17	146/154	COALDALE, AB, CANADA

10M30-39M - 21 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/21	MARSDEN, DUNCAN	496	00:54:54.40	05:29	2/154	CALGARY, AB, CANADA
2/21	SOMMERFELDT, STEVEN	536	01:04:44.95	06:28	3/154	LETH, AB, CANADA
3/21	LOHKA, STEFAN	491	01:08:58.30	06:53	8/154	CALGARY, AB, CANADA
4/21	ASUCHAK, JIM	405	01:11:50.30	07:11	11/154	LETH, AB, CANADA
5/21	LUKINUK, BRENDT	492	01:12:16.65	07:13	12/154	LETH, AB, CANADA
6/21	CURLY RIDER, MARTIN	435	01:13:52.05	07:23	13/154	STANDOFF, AB, CANADA
7/21	LEITHEAD, CALVIN	489	01:15:28.95	07:32	18/154	DUNMORE, AB, CANADA
8/21	ELM, IAN	443	01:15:32.60	07:33	19/154	EDMONTON, AB, CANADA
9/21	SLOMP, WILLIAM	534	01:16:50.25	07:41	23/154	PICTURE BUTTE, AB, CANADA
10/21	BAJEMA, CORNELIS	408	01:18:20.60	07:50	29/154	LETH, AB, CANADA
11/21	PATERSON, KYLE	510	01:18:31.40	07:51	31/154	LETH, AB, CANADA
12/21	RIOPEL, DANNY	518	01:18:37.95	07:51	32/154	LETH, AB, CANADA
13/21	SEXTON, BRIAN	530	01:21:22.80	08:08	42/154	LETH, AB, CANADA
14/21	SCHILLING, JASON	526	01:22:39.30	08:15	43/154	LETH, AB, CANADA
15/21	ENGLISH, JASON	445	01:22:47.90	08:16	44/154	CALGARY, AB, CANADA
16/21	BRYDGES, ALLAN	418	01:25:18.15	08:31	55/154	LETH, AB, CANADA
17/21	HERWEYER, DANIEL	467	01:26:38.00	08:39	58/154	FT. MACLEOD, AB, CANADA
18/21	ALTAMIRANO, ALVARO	402	01:29:39.45	08:57	75/154	LETH, AB, CANADA
19/21	CHALMET, WIM	422	01:32:37.50	09:15	89/154	LETH, AB, CANADA
20/21	WEST, PAUL	553	01:35:16.00	09:31	104/154	LACOMBE, AB, CANADA
21/21	CHAPMAN, DAN	423	01:36:36.05	09:39	109/154	COALHURST, AB, CANADA

2009 10/4 Mile Road Race Category Results

10 Miles - 16.09K

10M40-49F - 22 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/22	FOGEN, KAREN	450	01:19:20.95	07:56	37/154	MED. HAT, AB, CANADA
2/22	KOENIG, KAREN	483	01:19:26.65	07:56	38/154	LETH, AB, CANADA
3/22	BARTON, LEEANNE	410	01:19:48.90	07:58	41/154	MED. HAT, AB, CANADA
4/22	BROWN, LESLEY	416	01:27:13.85	08:43	65/154	LETH, AB, CANADA
5/22	KNAPIK, GAYLE	482	01:27:51.70	08:47	71/154	LETH, AB, CANADA
6/22	HILDEBRAND, DEIDRE	468	01:29:45.45	08:58	76/154	LETH, AB, CANADA
7/22	GLENGRAHAM, LAURIE	455	01:30:19.50	09:01	78/154	RAINIER, AB, CANADA
8/22	ORR, JULIE	506	01:32:57.35	09:17	90/154	LETH, AB, CANADA
9/22	WITHERS, SUSAN	560	01:34:51.25	09:29	100/154	MED. HAT, AB, CANADA
10/22	TAKEYASU, CARRIE	540	01:36:36.05	09:39	110/154	LETH, AB, CANADA
11/22	WOLFE, HELEN	561	01:36:44.45	09:40	111/154	LETH, AB, CANADA
12/22	SHURTZ, SUE	531	01:37:59.65	09:47	114/154	RAYMOND, AB, CANADA
13/22	MACKINNON, BOBBIE	494	01:38:30.10	09:51	116/154	LETH, AB, CANADA
14/22	CHISHOLM, DEBBIE	425	01:42:47.90	10:16	124/154	LETH, AB, CANADA
15/22	COOMBES, JUDI	431	01:43:51.10	10:23	132/154	MED. HAT, AB, CANADA
16/22	GUKERT, KAREN	461	01:44:23.70	10:26	134/154	LETH, AB, CANADA
17/22	PASOLLI, LORNA	509	01:51:46.95	11:10	144/154	CHAMPION, AB, CANADA
18/22	CRAIG, SUSAN	434	01:52:23.15	11:14	145/154	FT. MCLEOD, AB, CANADA
19/22	NIXON, TRACEY	505	01:53:56.05	11:23	149/154	FT. MACLEOD, AB, CANADA
20/22	JESSOME, DONNA	567	01:56:38.00	11:39	151/154	MOUNTAIN VIEW, AB, CANADA
21/22	BORG, BRENDA	413	01:58:51.50	11:53	153/154	LETH, AB, CANADA
22/22	SINE, EMMA	533	02:14:05.15	13:24	154/154	LETH, AB, CANADA

10M40-49M - 13 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/13	BARKER, MURRAY	409	01:05:55.20	06:35	4/154	MED. HAT, AB, CANADA
2/13	ELDER, KEVIN	442	01:07:40.30	06:46	6/154	LETH, AB, CANADA
3/13	PENNER, KEN	512	01:16:54.55	07:41	26/154	LETH, AB, CANADA
4/13	GARLAND, J. KELLY	452	01:16:56.00	07:41	27/154	MED. HAT, AB, CANADA
5/13	SAMOISSETTE, RICHARD	523	01:18:46.45	07:52	33/154	LETH, AB, CANADA
6/13	WILSON, PAT	557	01:19:32.15	07:57	39/154	LETH, AB, CANADA
7/13	TSCHRITTER, RALPH	543	01:23:04.15	08:18	47/154	MED. HAT, AB, CANADA
8/13	HORON, KELLY	473	01:23:42.65	08:22	49/154	LETH, AB, CANADA
9/13	AULENBACK, BRIAN	406	01:26:51.90	08:41	60/154	LETH, AB, CANADA
10/13	MACKINNON, BRUCE	495	01:30:21.55	09:02	79/154	LETH, AB, CANADA
11/13	HANSON, WES	463	01:33:08.40	09:18	93/154	LETH, AB, CANADA
12/13	MCCRAY, GLENN	499	01:34:39.40	09:27	99/154	LETH, AB, CANADA
13/13	CARTER, MARTIN	421	01:43:30.80	10:21	131/154	LETH, AB, CANADA

10M50-59F - 14 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/14	KEITH, PATRICIA	478	01:19:12.80	07:55	36/154	LETH, AB, CANADA
2/14	KUSLER, DEBORAH	485	01:26:24.45	08:38	57/154	MED. HAT, AB, CANADA
3/14	OLFERT, DOREEN	563	01:27:35.80	08:45	68/154	HAYS, AB, CANADA
4/14	CLELAND, CYNTHIA	428	01:27:59.50	08:47	72/154	BOW ISLAND, AB, CANADA
5/14	RIVIERE, MARY LOU	520	01:33:08.40	09:18	92/154	BLAIRMORE, AB, CANADA
6/14	PHILPOTT, KAREN	513	01:33:23.80	09:20	96/154	LETH, AB, CANADA
7/14	WARREN, KATHY	549	01:35:06.05	09:30	103/154	LETH, AB, CANADA
8/14	KENNES, MARY	480	01:35:52.80	09:35	105/154	LETH, AB, CANADA
9/14	MCKILLOP, MARGARET	568	01:39:59.70	09:59	119/154	LETH, AB, CANADA
10/14	MEGAW, CAROL	195	01:43:21.30	10:20	128/154	LETH, AB, CANADA
11/14	WETHERUP, DAWN	554	01:51:26.40	11:08	143/154	CALGARY, AB, CANADA
12/14	CHRISTENSEN, SHERRY	426	01:53:09.65	11:18	147/154	COALHURST, AB, CANADA
13/14	GRASDAL, SHELLEY	459	01:53:33.85	11:21	148/154	LETH, AB, CANADA
14/14	HALTON, LORRAINE	462	01:56:44.40	11:40	152/154	HILLCREST, AB, CANADA

**2009 10/4 Mile Road Race
Category Results**

10 Miles - 16.09K**10M50-59M - 24 Competitors**

Cat	Name	Bib #	Time	Pace	O/A	City:
1/24	FESTIVAL, MARIO	564	01:06:06.65	06:36	5/154	CALGARY, AB, CANADA
2/24	TIMOSHENKO, PAUL	541	01:14:28.00	07:26	15/154	CALGARY, AB, CANADA
3/24	HOLGATE, STEVEN	471	01:16:08.75	07:36	20/154	LETH, AB, CANADA
4/24	KENNES, LEON	479	01:16:35.95	07:39	21/154	LETH, AB, CANADA
5/24	WISMATH, STEVE	559	01:18:21.35	07:50	30/154	LETH, AB, CANADA
6/24	PICKENS, ED	514	01:24:45.90	08:28	53/154	CLARESHOLM, AB, CANADA
7/24	STREET, WAYNE	539	01:27:05.45	08:42	64/154	COALDALE, AB, CANADA
8/24	GARNETT, RON	453	01:27:23.45	08:44	66/154	LETH, AB, CANADA
9/24	ROELOFS, GLENN	521	01:28:58.90	08:53	73/154	COALDALE, AB, CANADA
10/24	GRANSON, ERNEST	457	01:29:20.25	08:56	74/154	CALGARY, AB, CANADA
11/24	TSCHRITTER, RUDI	544	01:30:26.35	09:02	80/154	MED. HAT, AB, CANADA
12/24	SINE, DAVID L.T.	532	01:30:58.20	09:05	84/154	LETH, AB, CANADA
13/24	ARGYLE, GRAHAM	403	01:32:33.15	09:15	88/154	LETH, AB, CANADA
14/24	WILSON, TOM	558	01:33:26.50	09:20	97/154	LETH, AB, CANADA
15/24	WEASEL MOCCASIN, PETER	550	01:35:04.70	09:30	102/154	STANDOFF, AB, CANADA
16/24	TRUDEAU, MARC	542	01:36:19.55	09:37	106/154	MED. HAT, AB, CANADA
17/24	BYRNE, JOHN	420	01:36:45.45	09:40	112/154	LETH, AB, CANADA
18/24	BROWN, JERRY	415	01:37:46.45	09:46	113/154	LETH, AB, CANADA
19/24	COULTER, THOMAS	565	01:39:27.40	09:56	117/154	MED. HAT, AB, CANADA
20/24	BROWN, T.MITCHEL	417	01:42:50.95	10:17	125/154	FT. MACLEOD, AB, CANADA
21/24	PASOLLI, ALAN	508	01:44:23.25	10:26	133/154	CHAMPION, AB, CANADA
22/24	BASKERVILLE, FRED	411	01:44:49.00	10:28	135/154	LETH, AB, CANADA
23/24	GREEN, CHARLES	460	01:45:15.85	10:31	136/154	CALGARY, AB, CANADA
24/24	POYTRESS, ALAN	516	01:47:08.25	10:42	138/154	FT. MACLEOD, AB, CANADA

10M60+F - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/2	STEWART, RAMONA	538	01:27:43.05	08:46	70/154	LETH, AB, CANADA
2/2	DULLEY, SUE	440	01:55:55.95	11:35	150/154	CALGARY, AB, CANADA

10M60+M - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/3	VAN DAMME, JAKE	545	01:31:03.40	09:06	85/154	TABER, AB, CANADA
2/3	HOOD, ROBIN	472	01:42:45.90	10:16	123/154	LETH, AB, CANADA
3/3	SCOTT, JIM	529	01:48:34.80	10:51	141/154	LETH, AB, CANADA