

## 2010 10/4 Mile Road Race

## Overall Results

## 10 Miles - 16.09K

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	City
1/145	KANGOGO, ED	158	00:55:43.55	05:34	10M20-29M	1/14	M	1/72	LETH, AB
2/145	SCHAERZ, SIMON	207	00:56:45.60	05:40	10M20-29M	2/14	M	2/72	LETH, AB
3/145	PEARSON, TIM	191	01:03:20.05	06:20	10M40-49M	1/15	M	3/72	LETH, AB
4/145	HAYWARD, MARC	149	01:04:58.85	06:29	10M40-49M	2/15	M	4/72	LETH, AB
5/145	SELLERS, CORY	209	01:05:36.90	06:33	10M30-39M	1/17	M	5/72	LETH, AB
6/145	OTTO, ANDREW	261	01:06:53.10	06:41	10M20-29M	3/14	M	6/72	LETH, AB
7/145	KOCHEI, GLADYS	263	01:07:54.65	06:47	10M20-29F	1/23	F	1/73	LETH, AB
8/145	WOLDEN, PAUL	253	01:07:54.95	06:47	10M30-39M	2/17	M	7/72	LETH, AB
9/145	NYKWIST, SHEILA	185	01:07:57.30	06:47	10M30-39F	1/15	F	2/73	LETH, AB
10/145	ERICKSON, DREW	138	01:09:17.55	06:55	10M20-29M	4/14	M	8/72	LETH, AB
11/145	DEMAERE, PAUL	132	01:09:44.00	06:58	10M30-39M	3/17	M	9/72	LETH, AB
12/145	VANDEN DOOL, GLENN	236	01:10:30.30	07:03	10M40-49M	3/15	M	10/72	LETH, AB
13/145	ELDER, KEVIN	135	01:10:45.20	07:04	10M40-49M	4/15	M	11/72	LETH, AB
14/145	SHRINER, JASON	215	01:10:55.90	07:05	10M30-39M	4/17	M	12/72	LETH, AB
15/145	MUNDELL, MARK	182	01:11:58.75	07:11	10M30-39M	5/17	M	13/72	LETH, AB
16/145	RIOPEL, LOUISE	200	01:12:11.90	07:13	10M30-39F	2/15	F	3/73	LETH, AB
17/145	PASQUOTTI, RINO	190	01:12:17.05	07:13	10M30-39M	6/17	M	14/72	LETH, AB
18/145	RIOPEL, DANNY	199	01:12:44.50	07:16	10M30-39M	7/17	M	15/72	LETH, AB
19/145	CURLY RIDER JR., MARTIN	128	01:12:59.90	07:17	10M40-49M	5/15	M	16/72	STANDOFF, AB
20/145	WARD, KIERAN	242	01:13:09.15	07:18	10M20-29M	5/14	M	17/72	LETH, AB
21/145	STENSRUD, WAYNE	225	01:14:04.30	07:24	10M40-49M	6/15	M	18/72	LETH, AB
22/145	HARRIS, ERIN	257	01:14:06.45	07:24	10M20-29F	2/23	F	4/73	MONARCH, AB
23/145	SHARP, ROB	210	01:14:24.00	07:26	10M30-39M	8/17	M	19/72	LETH, AB
24/145	ROBDRUP, DANNY	201	01:14:34.90	07:27	10M20-29M	6/14	M	20/72	LETH, AB
25/145	HEGGIE, SHAWN	248	01:15:24.15	07:32	10M30-39M	9/17	M	21/72	LETH, AB
26/145	SMITHIES, KAYLA	221	01:15:47.15	07:34	10M30-39F	3/15	F	5/73	ELKFORD, BC
27/145	DYCK, WALTER	134	01:16:24.15	07:38	10M50-59M	1/19	M	22/72	LETH, AB
28/145	WILSON, PAT	243	01:16:49.05	07:40	10M50-59M	2/19	M	23/72	LETH, AB
29/145	DEKENS, KENDRA	131	01:17:35.65	07:45	10M20-29F	3/23	F	6/73	LETH, AB
30/145	SLOMP, WILLIAM	216	01:17:46.40	07:46	10M30-39M	10/17	M	24/72	PICTURE BUTTE, AB
31/145	SMITH, NATHAN	219	01:17:47.75	07:46	10M30-39M	11/17	M	25/72	CARDSTON, AB
32/145	WISMATH, STEPHEN	244	01:18:10.00	07:49	10M50-59M	3/19	M	26/72	LETH, AB
33/145	ENGLISH, JASON	137	01:18:33.85	07:51	10M30-39M	12/17	M	27/72	CALGARY, AB
34/145	METZLER, CATHY	172	01:19:02.90	07:54	10M40-49F	1/18	F	7/73	LETH, AB
35/145	KEITH, PATRICIA	259	01:19:03.70	07:54	10M50-59F	1/14	F	8/73	LETH, AB
36/145	MANGONE, MELISSA	166	01:19:10.55	07:55	10M20-29F	4/23	F	9/73	LETH, AB
37/145	BALAZ, AMANDA	111	01:19:12.80	07:55	10M20-29F	5/23	F	10/73	LETH, AB
38/145	VUCUREVICH, JEFF	240	01:19:14.60	07:55	10M30-39M	13/17	M	28/72	LETH, AB
39/145	POMERLEAU, JENNIFER	195	01:19:23.25	07:56	10M20-29F	6/23	F	11/73	LETH, AB
40/145	ILNYTSKY, YAROSLAV	157	01:19:24.10	07:56	10M20-29M	7/14	M	29/72	LETH, AB
41/145	ROEMMELE, TRACEY	203	01:19:35.70	07:57	10M30-39F	4/15	F	12/73	LETH, AB
42/145	PASQUOTTI, MARIO	189	01:19:51.60	07:59	10M30-39M	14/17	M	30/72	LETH, AB
43/145	BARTON, LEEANNE	112	01:20:01.05	08:00	10M40-49F	2/18	F	13/73	MED. HAT, AB
44/145	METZLER, MEGAN	173	01:20:13.00	08:01	10M30-39F	5/15	F	14/73	LETH, AB
45/145	VAN MAANEN, MARCO	235	01:20:29.80	08:02	10M20-29M	8/14	M	31/72	COALHURST, AB
46/145	THIESSEN, ERNIE	230	01:20:33.10	08:03	10M40-49M	7/15	M	32/72	LETH, AB
47/145	VANDERZEE, PAULA	238	01:20:33.45	08:03	10M40-49F	3/18	F	15/73	LETH, AB
48/145	HILKEWICH, LESLEE	153	01:20:38.45	08:03	10M20-29F	7/23	F	16/73	LETH, AB
49/145	HORON, KELLY	155	01:20:43.75	08:04	10M40-49M	8/15	M	33/72	LETH, AB
50/145	GEMER, TARA	124	01:20:59.70	08:05	10M30-39F	6/15	F	17/73	LETH, AB
51/145	CHUBB, RICH	122	01:21:07.40	08:06	10M50-59M	4/19	M	34/72	LETH, AB
52/145	SMITH, VANESSA	220	01:21:15.20	08:07	10M20-29F	8/23	F	18/73	ELKFORD, BC
53/145	LACANILAO, BRIAN	160	01:21:21.50	08:08	10M20-29M	9/14	M	35/72	LETH, AB
54/145	BRAUN, LORI	118	01:21:40.25	08:10	10M20-29F	9/23	F	19/73	LETH, AB
55/145	MURRAY, CHRIS	183	01:22:25.00	08:14	10M40-49M	9/15	M	36/72	LETH, AB
56/145	MUELLER, RYAN	181	01:22:38.20	08:15	10M20-29M	10/14	M	37/72	LETH, AB
57/145	ASTLEY, TESS	105	01:22:43.15	08:16	10M20-29F	10/23	F	20/73	LETH, AB
58/145	ALSTON, JONATHAN	102	01:23:08.20	08:18	10M40-49M	10/15	M	38/72	LETH, AB
59/145	MENTANKO-TIEFENBACH, DONNA	211	01:23:08.95	08:18	10M40-49F	4/18	F	21/73	LETH, AB
60/145	ABERNATHY, RYAN	255	01:23:59.20	08:23	10M20-29M	11/14	M	39/72	LETH, AB
61/145	HUMENNY, NAOMI	156	01:23:59.45	08:23	10M30-39F	7/15	F	22/73	LETH, AB

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O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	City
62/145	MILNER, KOLE	178	01:24:00.30	08:24	10M19&UM	1/1	M	40/72	RAYMOND, AB
63/145	ZOETEMAN, BRITTANY	247	01:24:34.20	08:27	10M20-29F	11/23	F	23/73	FT. MACLEOD, AB
64/145	HARMS, JILL	147	01:24:46.50	08:28	10M30-39F	8/15	F	24/73	LETH, AB
65/145	BOYD, PATRICK	116	01:25:40.25	08:34	10M20-29M	12/14	M	41/72	MED. HAT, AB
66/145	GALLAGHER, DIANE	140	01:26:20.10	08:38	10M30-39F	9/15	F	25/73	COALDALE, AB
67/145	SHERIFF, JOHN	212	01:27:17.45	08:43	10M40-49M	11/15	M	42/72	LETH, AB
68/145	OLFERT, DOREEN	186	01:27:49.45	08:46	10M50-59F	2/14	F	26/73	HAYS, AB
69/145	ADAMS, BRITTNEY	101	01:27:50.50	08:47	10M20-29F	12/23	F	27/73	LETH, AB
70/145	TSCHRITTER, RALPH	232	01:28:25.10	08:50	10M50-59M	5/19	M	43/72	MED. HAT, AB
71/145	DEKENS, JORDAN	130	01:28:33.35	08:51	10M20-29M	13/14	M	44/72	LETH, AB
72/145	TILLMANN, FELIX	231	01:29:06.60	08:54	10M50-59M	6/19	M	45/72	LETH, AB
73/145	HARMS, SCOTT	148	01:29:09.95	08:54	10M30-39M	15/17	M	46/72	LETH, AB
74/145	ARGYLE, GRAHAM	104	01:29:11.20	08:55	10M50-59M	7/19	M	47/72	LETH, AB
75/145	ELLIOT, BONNIE	136	01:29:15.50	08:55	10M40-49F	5/18	F	28/73	LETH, AB
76/145	TSCHRITTER, RUDI	233	01:29:16.90	08:55	10M50-59M	8/19	M	48/72	MED. HAT, AB
77/145	STEWART, RAMONA	226	01:29:28.85	08:56	10M60+F	1/2	F	29/73	LETH, AB
78/145	CHABAY, BOB	121	01:30:00.05	09:00	10M50-59M	9/19	M	49/72	LETH, AB
79/145	VANDERVEEN, KLAAS	237	01:30:00.60	09:00	10M50-59M	10/19	M	50/72	PICTURE BUTTE, AB
80/145	FLAIG, DON	139	01:30:01.30	09:00	10M50-59M	11/19	M	51/72	LETH, AB
81/145	VAN HERK, KATHLEEN	250	01:30:05.35	09:00	10M30-39F	10/15	F	30/73	FT. MACLEOD, AB
82/145	HOOPER, JANENE	154	01:30:06.30	09:00	10M20-29F	13/23	F	31/73	MED. HAT, AB
83/145	SOUTHALL, NORM	222	01:30:13.80	09:01	10M40-49M	12/15	M	53/72	LETH, AB
84/145	ROELOFS, GLEN	202	01:30:13.80	09:01	10M60+M	1/6	M	52/72	COALDALE, AB
85/145	COOPER, STEPHANIE	256	01:30:33.65	09:03	10M20-29F	14/23	F	32/73	LETH, AB
86/145	GROVER, LENA	258	01:30:34.70	09:03	10M20-29F	15/23	F	33/73	LETH, AB
87/145	BEZOOYEN, ANDREA	115	01:30:44.55	09:04	10M20-29F	16/23	F	34/73	LETH, AB
88/145	HANSON, WES	146	01:31:09.30	09:06	10M40-49M	13/15	M	54/72	LETH, AB
89/145	LOWE, MARK	162	01:31:47.25	09:10	10M40-49M	14/15	M	55/72	LETH, AB
90/145	MCDONALD, BILL	169	01:32:17.40	09:13	10M60+M	2/6	M	56/72	LETH, AB
91/145	GRANSON, ERNEST	143	01:32:38.45	09:15	10M50-59M	12/19	M	57/72	CALGARY, AB
92/145	MACDONALD, MARI	164	01:32:38.50	09:15	10M50-59F	3/14	F	35/73	LETH, AB
93/145	FEHR, CAMERON	252	01:32:56.75	09:17	10M30-39M	16/17	M	58/72	LETH, AB
94/145	TAKEDA, JUNE	228	01:33:04.20	09:18	10M50-59F	4/14	F	36/73	LETH, AB
95/145	BAINBRIDGE, YVONNE	110	01:33:15.65	09:19	10M30-39F	11/15	F	37/73	LETH, AB
96/145	KENNEDY, JENNIFER	159	01:33:29.85	09:20	10M20-29F	17/23	F	38/73	LETH, AB
97/145	HEGGIE, MARC	150	01:33:50.85	09:23	10M60+M	3/6	M	59/72	LETH, AB
98/145	GARNETT, RON	141	01:34:11.60	09:25	10M50-59M	13/19	M	60/72	LETH, AB
99/145	BAIN, RON	254	01:34:19.40	09:25	10M50-59M	14/19	M	61/72	LETH, AB
100/145	TAKEYASU, CARRIE	229	01:34:42.15	09:28	10M40-49F	6/18	F	39/73	LETH, AB
101/145	PENNER, CAROLYN	192	01:34:50.80	09:29	10M40-49F	7/18	F	40/73	COALDALE, AB
102/145	GEARY, STEPHANIE	142	01:35:09.10	09:30	10M20-29F	18/23	F	41/73	LETH, AB
103/145	VAN DAMME, JAKE	234	01:35:10.55	09:31	10M60+M	4/6	M	62/72	TABER, AB
104/145	LENZ, EMMA	161	01:35:14.15	09:31	10M40-49F	8/18	F	42/73	COALHURST, AB
105/145	NEAL, KACIE	184	01:35:19.85	09:31	10M20-29F	19/23	F	43/73	LETH, AB
106/145	COOMBES, JUDI	125	01:35:22.85	09:32	10M40-49F	9/18	F	44/73	MED. HAT, AB
107/145	MATTHEWS, JULIE	167	01:35:56.45	09:35	10M50-59F	5/14	F	45/73	LETH, AB
108/145	VOLK, VICKEY	239	01:36:38.20	09:39	10M20-29F	20/23	F	46/73	LETH, AB
109/145	WOLFE, HELEN	246	01:36:40.75	09:40	10M40-49F	10/18	F	47/73	LETH, AB
110/145	HANSAEME, SHERRY	145	01:36:47.80	09:40	10M40-49F	11/18	F	48/73	LETH, AB
111/145	MORRIS, GARNET	179	01:37:12.40	09:43	10M50-59M	15/19	M	63/72	SASKATOON, SASK
112/145	BACH, NICOLE	108	01:37:33.65	09:45	10M30-39F	12/15	F	49/73	LETH, AB
113/145	WALDNER, MAGDA	241	01:38:04.50	09:48	10M50-59F	6/14	F	50/73	LETH, AB
114/145	DALTON, LARISA	129	01:38:10.45	09:49	10M19&UF	1/1	F	51/73	LETH, AB
115/145	REID, KAREN	198	01:38:14.85	09:49	10M50-59F	7/14	F	52/73	LETH, AB
116/145	RUPP, ANN	205	01:38:35.60	09:51	10M40-49F	12/18	F	53/73	CHAMPION, AB
117/145	MAZE, HELEN	168	01:39:03.75	09:54	10M40-49F	13/18	F	54/73	LETH, AB
118/145	HEIM, TRACY	151	01:39:32.80	09:57	10M40-49F	14/18	F	55/73	CALGARY, AB
119/145	APPELT, SHARON	103	01:39:35.50	09:57	10M50-59F	8/14	F	56/73	LETH, AB
120/145	MILLER, KEITH	176	01:39:41.70	09:58	10M20-29M	14/14	M	64/72	LETH, AB
121/145	CLELAND, CYNTHIA	123	01:39:53.45	09:59	10M50-59F	9/14	F	57/73	BOW ISLAND, AB
122/145	HERWEYER, MELISSA	152	01:40:51.60	10:05	10M20-29F	21/23	F	58/73	FT. MACLEOD, AB

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## Overall Results

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O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	City
123/145	BROWN, MITCHEL	120	01:41:00.60	10:06	10M50-59M	16/19	M	65/72	FT. MACLEOD, AB
124/145	SPRIDDLER, JENNIFER	224	01:41:03.60	10:06	10M40-49F	15/18	F	59/73	LETH, AB
125/145	SHAW, LYNN	211	01:41:03.80	10:06	10M50-59F	10/14	F	60/73	LETH, AB
126/145	SCOTT, JIM	208	01:42:34.40	10:15	10M60+M	5/6	M	66/72	LETH, AB
127/145	BROWN, JERRY	119	01:43:51.55	10:23	10M60+M	6/6	M	67/72	LETH, AB
128/145	SMALLBONES, MARK	262	01:43:57.15	10:23	10M30-39M	17/17	M	68/72	LETH, AB
129/145	MIDDLETON, JESSICA	175	01:44:42.10	10:28	10M30-39F	13/15	F	61/73	VULCAN, AB
130/145	MIDDLETON, CINDY	174	01:45:01.20	10:30	10M40-49F	16/18	F	62/73	CHAMPION, AB
131/145	SMITH, DEBBIE	218	01:45:02.45	10:30	10M30-39F	14/15	F	63/73	CHAMPION, AB
132/145	POYTRESS, ALAN	197	01:45:35.10	10:33	10M50-59M	17/19	M	69/72	FT. MACLEOD, AB
133/145	PICKARD, TONY	194	01:46:08.90	10:36	10M40-49M	15/15	M	70/72	PICTURE BUTTE, AB
134/145	PASOLLI, ALAN	187	01:47:04.15	10:42	10M50-59M	18/19	M	71/72	CHAMPION, AB
135/145	PETERSON, SUSAN	193	01:47:18.35	10:43	10M50-59F	11/14	F	64/73	RAYMOND, AB
136/145	YAWNEY, DEB	251	01:48:25.40	10:50	10M40-49F	17/18	F	65/73	LETH, AB
137/145	MEGAW, CAROL	260	01:48:52.10	10:53	10M50-59F	12/14	F	66/73	LETH, AB
138/145	CROSS, NICOLE	127	01:49:01.60	10:54	10M20-29F	22/23	F	67/73	LETH, AB
139/145	BELIVEAU, RENEE	114	01:50:59.55	11:05	10M20-29F	23/23	F	68/73	LETH, AB
140/145	DULLEY, SUE	133	01:50:59.85	11:05	10M60+F	2/2	F	69/73	CALGARY, AB
141/145	BASKERVILLE, FRED	113	01:54:50.60	11:29	10M50-59M	19/19	M	72/72	LETH, AB
142/145	MORRIS, NANCY	180	01:55:13.05	11:31	10M50-59F	13/14	F	70/73	LETH, AB
143/145	MILNER, KIMBERLIE	177	01:55:24.60	11:32	10M40-49F	18/18	F	71/73	RAYMOND, AB
144/145	BRADLEY, BOBBI	117	01:55:28.15	11:32	10M30-39F	15/15	F	72/73	LETH, AB
145/145	MCLAUGHLIN, PEGGY	170	01:55:45.15	11:34	10M50-59F	14/14	F	73/73	LETH, AB