

2010 10/4 Mile Road Race Category Results

4 Miles - 6.44K

4M10&UF - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/2	PASQUOTTI, ALEXANDRA	493	00:43:54.80	10:58	107/129	LETH, AB, CANADA
2/2	HEGGIE, BERKLEY	541	00:47:54.60	11:58	116/129	LETH, AB, Canada

4M10&UM - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/3	STEWART, OWEN	521	00:35:37.15	08:54	55/129	LETH, AB, CANADA
2/3	HARASEM-MITCHELL, LEVI	457	00:50:53.90	12:43	121/129	COALHURST, AB, CANADA
3/3	STEWART, DEAN	520	00:52:21.75	13:05	123/129	LETH, AB, CANADA

4M11-15F - 7 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/7	BYKOWSKI, ELANI	415	00:27:53.40	06:58	12/129	LETH, AB, CANADA
2/7	GOMES, ADRIENNE	449	00:29:54.50	07:28	23/129	LETH, AB, Canada
3/7	BYKOWSKI, JANELLE	416	00:31:13.60	07:48	29/129	LETH, AB, CANADA
4/7	DREW, JENNIFER	435	00:37:52.25	09:28	73/129	RAYMOND, AB, CANADA
5/7	DREW, JULIE	436	00:39:04.85	09:46	80/129	RAYMOND, AB, CANADA
6/7	CROW CHIEF, DEANDRA	427	00:41:07.50	10:16	90/129	STANDOFF, AB, CANADA
7/7	HEGGIE, ABBY	460	00:47:56.45	11:59	117/129	LETH, AB, CANADA

4M11-15M - 13 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/13	EPP, CHRISTIAN	441	00:28:18.70	07:04	14/129	LETH, AB, CANADA
2/13	BLOUDOFF, BRADEN	411	00:32:26.75	08:06	35/129	LETH, AB, CANADA
3/13	VANDERZEE, NOEL	532	00:32:38.55	08:09	37/129	LETH, AB, CANADA
4/13	KAY, JONATHAN	473	00:33:35.30	08:23	41/129	LETH, AB, CANADA
5/13	HARASEM-MITCHELL, SETH	458	00:33:57.10	08:29	45/129	COALHURST, AB, CANADA
6/13	RED CRANE, JONATHEN	502	00:36:37.40	09:09	61/129	STANDOFF, AB, CANADA
7/13	CROW CHIEF, DAVID	426	00:36:42.40	09:10	63/129	STANDOFF, AB, CANADA
8/13	RUSSELL, HUGH	506	00:36:50.40	09:12	68/129	CARDSTON, AB, CANADA
9/13	PASQUOTTI, NATHAN	494	00:39:49.20	09:57	82/129	LETH, AB, CANADA
10/13	HEGGIE, NATE	461	00:43:08.40	10:47	103/129	LETH, AB, CANADA
11/13	CROSS CHILD, MACKENZIE	424	00:48:36.25	12:09	119/129	CARDSTON, AB, CANADA
12/13	SHOUTING, STEVEN	509	00:54:22.85	13:35	124/129	CARDSTON, AB, CANADA
13/13	CROW, HARLIN	425	01:02:45.85	15:41	129/129	STANDOFF, AB, CANADA

4M16-19M - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/3	CAHOON, RYAN	417	00:29:06.00	07:16	17/129	LETH, AB, CANADA
2/3	TROCKSTAD, CAMERON	523	00:36:30.90	09:07	59/129	LETH, AB, CANADA
3/3	CAZAL, JAMES	419	00:41:13.50	10:18	92/129	LETH, AB, CANADA

4M20-29F - 16 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/16	KANDIE, PURITY	500	00:25:05.30	06:16	6/129	LETH, AB, CANADA
2/16	MACWILLIAM, LESLIE	485	00:29:06.70	07:16	18/129	LETH, AB, CANADA
3/16	FULLEN, ZOË	445	00:32:10.10	08:02	33/129	CALGARY, AB, CANADA
4/16	GRANSON, CLAIRE	453	00:34:20.90	08:35	48/129	CALGARY, AB, CANADA
5/16	IRONHORN, TRACY	468	00:36:45.40	09:11	64/129	FT. MACLEOD, AB, CANADA
6/16	OMAN, KRISTA	491	00:36:49.95	09:12	67/129	LETH, AB, CANADA
7/16	STEEVES, MEREDITH	518	00:38:07.80	09:31	75/129	LETH, AB, CANADA
8/16	DUDAS, JACLYN	437	00:38:35.20	09:38	78/129	LETH, AB, CANADA
9/16	GENTTNER, MELISSA	448	00:39:02.45	09:45	79/129	LETH, AB, CANADA
10/16	KREIN, KRISTIN	478	00:39:42.85	09:55	81/129	LETH, AB, CANADA
11/16	KREIN, ROBYN	479	00:40:51.55	10:12	87/129	LETH, AB, CANADA
12/16	TSCHRITTER, JAIME	527	00:41:01.20	10:15	89/129	MED. HAT, AB, CANADA
13/16	CAZAL, CANDICE	418	00:41:13.20	10:18	91/129	LETH, AB, CANADA
14/16	GOOD RIDER, KENDALL	451	00:44:55.20	11:13	109/129	FT. MACLEOD, AB, CANADA
15/16	ROBISON, JENNIFER	503	00:46:00.30	11:30	112/129	TABER, AB, CANADA
16/16	WISNIEWSKI, EVA	548	00:51:10.55	12:47	122/129	LETH, AB, CANADA

4M20-29M - 15 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/15	KIMOSOP, WILLY	476	00:19:34.45	04:53	1/129	LETH, AB, CANADA
2/15	KALYA, PETER	544	00:22:26.20	05:36	2/129	LETH, AB, CANADA
3/15	KIPKOSGEI, MOSES	545	00:22:28.75	05:37	3/129	LETH, AB, CANADA
4/15	SOOP, COBIE	514	00:24:38.15	06:09	5/129	LETH, AB,
5/15	EVANS, BLAIR	442	00:25:06.65	06:16	7/129	LETH, AB, CANADA

2010 10/4 Mile Road Race Category Results

4 Miles - 6.44K

4M20-29M - 15 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
6/15	KOZAK, DANIEL	480	00:25:33.40	06:23	9/129	LETH, AB, CANADA
7/15	SCHULTZ, WILLIAM	508	00:26:42.95	06:40	11/129	LETH, AB, CANADA
8/15	VAN REEUWYK, DAVID	530	00:29:21.45	07:20	19/129	PICTURE BUTTE, AB, CANADA
9/15	TROCKSTAD, CHAD	525	00:29:25.45	07:21	20/129	LETH, AB, CANADA
10/15	EBREY, JAMES	438	00:29:36.50	07:24	21/129	LETH, AB, CANADA
11/15	MALIK, KARLO	486	00:30:44.45	07:41	27/129	LETH, AB, CANADA
12/15	RONALD, IAN	504	00:32:25.30	08:06	34/129	LETH, AB, CANADA
13/15	PETLUK, DUANE	551	00:33:33.90	08:23	40/129	COALHURST, AB, CANADA
14/15	ELLIOT, ZAK	439	00:33:38.45	08:24	44/129	LETH, AB, CANADA
15/15	CRAZYBULL-JR, ADRIAN	553	00:41:16.15	10:19	94/129	CARDSTON, AB, CANADA

4M30-39F - 24 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/24	ING, JENNIFER ALEXIS	467	00:30:04.35	07:31	24/129	LETH, AB, CANADA
2/24	HARTHOORN, MELANIE	459	00:30:17.15	07:34	25/129	COALDALE, AB., CANADA
3/24	SLOMP, JENN	547	00:30:34.75	07:38	26/129	COALDALE, AB, CANADA
4/24	BARI, KELLY	406	00:30:58.40	07:44	28/129	LETH, AB, CANADA
5/24	HEGGIE, JONI	540	00:31:51.95	07:57	32/129	LETH, AB, Canada
6/24	AKINS, JANYNE	402	00:32:50.95	08:12	38/129	NANTON, AB, CANADA
7/24	TAYLOR, TARA	522	00:34:53.30	08:43	52/129	LETH, AB, CA
8/24	CLELAND, KIRSTEN	423	00:35:38.95	08:54	56/129	MAGRATH, AB, CANADA
9/24	URASAKI, CINDY	528	00:35:49.40	08:57	57/129	LETH, AB, CANADA
10/24	DEWACHT, AIMEE	432	00:36:15.35	09:03	58/129	LETH, AB, CANADA
11/24	HICKLE-EPP, JOANN	464	00:36:47.50	09:11	65/129	AIRDRIE, AB, CANADA
12/24	WALKER, RENA	535	00:36:48.25	09:12	66/129	LETH, AB, CANADA
13/24	HOLLINGSWORTH, ROBYN	465	00:38:20.75	09:35	77/129	LETH, AB, CANADA
14/24	GRAHAM, CATHERINE	452	00:41:20.50	10:20	95/129	LETH, AB, CANADA
15/24	JOHANSEN, LEAH	470	00:42:00.15	10:30	97/129	LETH, AB, CANADA
16/24	OSBORN, WENDY	492	00:42:19.70	10:34	98/129	LETH, AB, CANADA
17/24	JAHN-SMITH, KRISTY	471	00:42:20.85	10:35	99/129	LETH, AB, CANADA
18/24	PERVERSEFF, TRISHA	495	00:42:47.00	10:41	101/129	LETH, AB, CANADA
19/24	LEE, JENNIFER	481	00:44:28.45	11:07	108/129	ELKFORD, BC, CANADA
20/24	EMERY, AMANDA	440	00:45:10.70	11:17	110/129	LETH, AB, CANADA
21/24	MICHELIN, ANGELA	488	00:45:10.80	11:17	111/129	LETH, AB, CANADA
22/24	GUNNESS, SHEENA	456	00:55:00.30	13:45	125/129	LETH, AB, CANADA
23/24	ANTOCHOW, JABINA	404	00:55:01.10	13:45	126/129	LETH, AB, CANADA
24/24	GUNNESS, JENNY	455	00:55:01.80	13:45	127/129	LETH, AB, CANADA

4M30-39M - 12 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/12	MOLNAR, WARREN	489	00:23:40.70	05:55	4/129	LETH, AB, CANADA
2/12	STEWART, BRUCE	519	00:25:22.65	06:20	8/129	LETH, AB, CANADA
3/12	HERWEYER, DANIEL	463	00:27:58.90	06:59	13/129	FT. MACLEOD, AB, Canada
4/12	BLACK, JIM	409	00:31:38.30	07:54	30/129	LETH, AB, CANADA
5/12	LEE, ROBERT	482	00:31:48.55	07:57	31/129	ELKFORD, BC, CANADA
6/12	SLAWSON, ROB	511	00:34:20.10	08:35	47/129	FT. MACLEOD, AB, CANADA
7/12	EPP, DARREN	552	00:34:43.25	08:40	51/129	AIRDRIE, AB, CANADA
8/12	WILLIAMS, KEN	536	00:36:53.20	09:13	69/129	TABER, AB, CANADA
9/12	SMITH, JASON	512	00:38:16.15	09:34	76/129	ELKFORD, BC, CANADA
10/12	ALEXANDER, JON	403	00:40:04.95	10:01	84/129	LETH, AB, CANADA
11/12	POLEC, CURTIS	550	00:41:37.80	10:24	96/129	LETH, AB, CANADA
12/12	SNODGRASS, MARK	513	00:42:44.85	10:41	100/129	LETH, AB, CANADA

4M40-49F - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/9	VAN DAMME, ANN	529	00:32:27.30	08:06	36/129	TABER, AB, CANADA
2/9	MACKAY, WANDA	484	00:33:37.05	08:24	43/129	LETH, AB, CANADA
3/9	BIG BULL, BERNICE	407	00:35:03.55	08:45	53/129	FT. MACLEOD, AB, CANADA
4/9	RANGLES, MICHELLE	501	00:35:35.50	08:53	54/129	CALGARY, AB, CANADA
5/9	PLAIN EAGLE, NOREEN	497	00:36:32.80	09:08	60/129	BROCKET, AB, CANADA
6/9	LEE, SUSAN	483	00:37:08.95	09:17	70/129	LETH, AB, CANADA
7/9	KIEMELE, SANDRA	475	00:40:03.05	10:00	83/129	OAKVILLE, ONT, CANADA
8/9	BROWER, APRIL	412	00:40:57.55	10:14	88/129	WARNER, AB, CANADA
9/9	SIMARD, LUCIE	510	00:47:26.45	11:51	115/129	LETH, AB, CANADA

2010 10/4 Mile Road Race Category Results

4 Miles - 6.44K

4M40-49M - 5 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/5	HUXLEY, STEVEN	466	00:25:53.40	06:28	10/129	LETH, AB, CANADA
2/5	FRIESEN, BERT	443	00:29:41.55	07:25	22/129	TABER, AB, CANADA
3/5	CURRINGTON, ANDREW	428	00:36:40.05	09:10	62/129	FALLIS, AB, CANADA
4/5	GARDNER, MURRAY	446	00:37:48.40	09:27	72/129	TABER, AB, CANADA
5/5	CAZAL, RAY	420	00:41:13.70	10:18	93/129	LETH, AB, CANADA

4M50-59F - 6 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/6	CHAPMAN, TERRY	421	00:37:58.90	09:29	74/129	MED. HAT, AB, CANADA
2/6	GRANSON, KATHERINE	454	00:40:35.90	10:08	86/129	CALGARY, AB, CANADA
3/6	POHL, JOANNE	499	00:43:10.65	10:47	104/129	LETH, AB, CANADA
4/6	CURRINGTON, DEBORAH	429	00:43:35.20	10:53	105/129	FALLIS, AB, CANADA
5/6	ST. JOHN, JOANN	515	00:46:34.55	11:38	114/129	LETH, AB, CANADA
6/6	VOLK, HELEN	533	00:55:51.30	13:57	128/129	LETH, AB, CANADA

4M50-59M - 8 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/8	ADAMS, DAVE	401	00:28:31.30	07:07	15/129	LETH, AB, CANADA
2/8	KAY, WALTER	474	00:28:59.65	07:14	16/129	LETH, AB, CANADA
3/8	STREET, WAYNE	549	00:33:15.40	08:18	39/129	COALDALE, AB, CANADA
4/8	TROCKSTAD, WAYNE	526	00:34:18.85	08:34	46/129	LETH, AB, CANADA
5/8	BUSCH, MURRAY A.	413	00:34:35.40	08:38	50/129	LETH, AB, CANADA
6/8	DOEVE, HENRY	434	00:40:28.00	10:07	85/129	COALDALE, AB, CANADA
7/8	VOLK, STAN	534	00:43:35.45	10:53	106/129	LETH, AB, CANADA
8/8	POHL, BERNIE	498	00:48:54.10	12:13	120/129	LETH, AB, CANADA

4M60+F - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/2	JENSEN, MARGARET	469	00:46:23.05	11:35	113/129	LETH, AB, CANADA
2/2	YOSHIHARA, DIANA	538	00:48:27.80	12:06	118/129	LETH, AB, CANADA

4M60+M - 4 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/4	HEPHER, IAN	462	00:33:36.45	08:24	42/129	LETH, AB, CANADA
2/4	CHRISTIE, ALLAN	422	00:34:23.75	08:35	49/129	LETH, AB, CANADA
3/4	ZADAN, NICK	539	00:37:15.95	09:18	71/129	LETH, AB, CANADA
4/4	PETERSEN, KNUD	496	00:42:55.10	10:43	102/129	LETH, AB, CANADA