

2005 LCC/Flaman 10/4 Road Race**10 Mile Race Results By Category****10Mile 19&Under Female**

Category Total: 4

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/4	WILLIAMS, ADAM	614	01:19:33.76	17	MAGRATH	07:57
2/4	WARSHAWSKY, AMANDA	611	01:22:23.53	19	FERNIE	08:14
3/4	THIESSEN, MARLEE	589	01:39:17.11	16	LETH	09:55
4/4	MASSE, CLAIRE	526	01:51:14.34	19	LETH	11:07

10Mile 19&Under Male

Category Total: 6

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/6	BATKIN, ANDREW	412	01:08:34.44	19	ERSKINE	06:51
2/6	JENSEN, NATHAN	495	01:18:03.91	20	LETH	07:48
3/6	VAN GEEST, ALEXANDER	600	01:18:05.42	16	TABER	07:48
4/6	GARDNER, JEFF	465	01:19:53.74	18	TABER	07:59
5/6	DUECK, NOLAN	449	01:24:54.30	18	COALDALE	08:29
6/6	MOUNTAIN HORSE, ROSS	549	01:25:43.82	16	CARDSTON	08:34

10Mile 20-29 Female

Category Total: 21

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/21	JAWOREK, BARBARA	494	01:15:45.42	20	LETH	07:34
2/21	LACANILAO, LOUISE	632	01:18:18.23	29	LETH	07:49
3/21	STATHAM, SONYA	582	01:19:10.52		LETH	07:55
4/21	LINDSKOG, JESSICA	518	01:26:05.99	22	BRAGG CREEEK	08:36
5/21	MATTHEWS, KENDRA DAWN	528	01:26:39.31	23	LETH	08:39
6/21	COLEBY, FAY	439	01:26:57.02	28	LETH	08:41
7/21	PROCYK, AIMEE	564	01:29:21.51	20	LETH	08:56
8/21	FOX, JANA	458	01:31:44.26	26	CARDSTON	09:10
9/21	PROKOP, MELISSA	565	01:33:22.26	23	LETH	09:20
10/21	VAN OEVEREN, MEREL	601	01:35:06.01	21	DIDSBURY	09:30
11/21	WILLIAMS, ELIZABETH	616	01:35:29.89	26	LETH	09:32
12/21	HALL, ALEXIS	477	01:36:25.60	25	LETH	09:38
13/21	HEGGIE, JONI	485	01:36:39.66	26	LETH	09:39
14/21	ENGLLOT, ERIN	453	01:37:37.32		LETH	09:45
15/21	BRANDFORD, LESLEY	424	01:38:09.70	23	LETH	09:48
16/21	SEMENIUK, CORAL	572	01:41:17.14	29	LETH	10:07
17/21	SNORTLAND, ERIN	578	01:42:36.27	23	LETH	10:15
18/21	GRANT, JULIE	474	01:46:12.66	21	LETH	10:37
19/21	GALLAIS, JODIE	464	01:46:29.05	29	LETH	10:38
20/21	RUDD, LESLIE	568	01:47:16.69	22	LETH	10:43
21/21	CADIEU, ERIN	430	01:58:11.61	28	LETH	11:49

2005 LCC/Flaman 10/4 Road Race

10 Mile Race Results By Category

10Mile 20-29 Male

Category Total: 7

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/7	GREER, JASON	476	01:10:25.45	25	LETH	07:02
2/7	LYNN, PREBEN	521	01:29:22.08	21	LETH	08:56
3/7	WIGAND, PETER	633	01:29:51.19		LETH	08:59
4/7	MUELLER, RYAN	550	01:31:53.01	22	LETH	09:11
5/7	GEIGER, CHAD	467	01:38:28.15	22	LETH	09:50
6/7	CRAZYBULL-JR, ADRIAN	441	01:43:29.54	24	CARDSTON	10:20
7/7	BLACK, JIM	416	01:46:28.67	30	LETH	10:38

10Mile 30-39 Female

Category Total: 25

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/25	JISKOOT, HESTER	496	01:23:53.46	36	LETH	08:23
2/25	BROWN, LESLEY	427	01:25:21.11	39	LETH	08:32
3/25	METZLER, CATHERINA	541	01:27:47.24	36	LETH	08:46
4/25	KALISCHUK, ANDREA	501	01:27:48.82	30	LETH	08:46
5/25	KNAPIK, GAYLE	508	01:28:33.41	39	LETH	08:51
6/25	WOOD, PAIGE	620	01:28:39.75	35	LETH	08:51
7/25	MARCOTTE, DENISE	525	01:31:57.16		LETH	09:11
8/25	JONES, KATHY	500	01:32:29.74	30	LETH	09:14
9/25	DOEVE, KARLA	446	01:32:52.63	33	LETH	09:17
10/25	LITTLE, SHANNON	519	01:33:42.90	38	COALDALE	09:22
11/25	MCCLUSKIE, MEG	531	01:36:02.76	35	LETH	09:36
12/25	BACHEWICH, COLLEEN	409	01:36:26.15	33	MED. HAT	09:38
13/25	CAZAL, TAMMI	432	01:36:36.93	37	LETH	09:39
14/25	CHISHOLM, PAULA	436	01:39:34.42	38	MED. HAT	09:57
15/25	ALFORD, TRINA	405	01:40:22.46	37	LETH	10:02
16/25	NORN, BRENDA	556	01:42:15.88	36	LETH	10:13
17/25	FRIESEN, ELSIE	459	01:43:06.34		COALDALE	10:18
18/25	HOAR, SHARLEEN	487	01:44:46.41	34	LETH	10:28
19/25	ZUBACH, TRINA	624	01:44:51.79	36	LETH	10:29
20/25	VISSER, SABINA	607	01:45:09.18	34	LETH	10:30
21/25	STACEY, LEAH	581	01:46:53.35	33	LETH	10:41
22/25	VASELENAK, HOLLY	605	01:46:53.83	35	COALDALE	10:41
23/25	BABE, NORMA	407	01:47:47.02	34	LETH	10:46
24/25	HANNAY, LISA	480	01:49:35.99	36	BROOKS	10:57
25/25	MILNER, KIMBERLIE	545	02:07:29.40	36	RAYMOND	12:44

2005 LCC/Flaman 10/4 Road Race

10 Mile Race Results By Category

10Mile 30-39 Male

Category Total: 23

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/23	KANANGA, TELES	502	01:00:55.73	31	CALGARY	06:05
2/23	MOLNAR, WARREN	547	01:04:32.78	31	COALDALE	06:27
3/23	DEMAERE, PAUL	444	01:11:58.02	34	LETH	07:11
4/23	EVANSON, JAMES	455	01:12:59.21	37	LETH	07:17
5/23	GILL, JOHN	468	01:16:21.68	34	LETH	07:38
6/23	HAYWARD, TYLER	483	01:17:47.32	38	LETH	07:46
7/23	LACANILAO, BERNARD	512	01:18:21.54	32	LETH	07:50
8/23	SCHILLING, JASON	571	01:19:18.23	35	LETH	07:55
9/23	GARLAND, KELLY	466	01:21:08.07	38	MED. HAT	08:06
10/23	DECILLIA, RYAN	443	01:22:22.03	31	LETH	08:14
11/23	STEWART, BRUCE	583	01:23:51.04	32	LETH	08:23
12/23	AUSTIE, JOHN	406	01:24:48.25	38	COALHURST	08:28
13/23	WEIGEL, MICHAEL	612	01:26:35.21	39	MED. HAT	08:39
14/23	SLOMP, BRIAN	576	01:26:43.26	37	LETH	08:40
15/23	MOLAND, MARK	546	01:27:08.45	34	LETH	08:42
16/23	NICOL, CREGG	554	01:29:18.43	36	COALHURST	08:55
17/23	MAATJE, JOHAN	522	01:30:07.06	39	LETH	09:00
18/23	ETO, HIRO	454	01:31:21.72	34	LETH	09:08
19/23	BORKO, TERRY	421	01:32:20.10	33	LETH	09:14
20/23	CHAPMAN, DAN	434	01:38:41.50	32	COALHURST	09:52
21/23	MCCRAY, GLENN	533	01:39:20.93	39	LETH	09:56
22/23	SOKALSKI, LON	579	01:41:06.80	33	LETH	10:06
23/23	CAPUTO, DINO	431	01:47:04.15	31	LETH	10:42

2005 LCC/Flaman 10/4 Road Race

10 Mile Race Results By Category

10Mile 40-49 Female

Category Total: 44

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/44	KEITH, PATRICIA	505	01:19:16.98	48	LETH	07:55
2/44	WILLIAMS, CAROL	615	01:21:30.42	48	LETH	08:09
3/44	THOM, NORIE	590	01:22:03.66	48	LETH	08:12
4/44	MENTANKO-TIEFENBACH, DO	540	01:22:37.32	41	LETH	08:15
5/44	LAMB, MARGO	515	01:23:50.22	41	LETH	08:23
6/44	KOENIG, KAREN	509	01:24:24.33	43	LETH	08:26
7/44	TROSKOT, GINA	629	01:25:46.12	41	LETH	08:34
8/44	PIECHARKA, GAYLE	563	01:26:35.89	49	LETH	08:39
9/44	BOE, TERESA	419	01:29:54.91	46	LETH	08:59
10/44	JOHNSTON, BERNADETTE	499	01:30:41.33	46	LETH	09:04
11/44	ORR, JULIE	559	01:31:05.86	46	LETH	09:06
12/44	SENNEKER, ROMINA	573	01:32:46.97	42	TABER	09:16
13/44	HRANAC, BEVERLEY	493	01:33:08.83	49	LETH	09:18
14/44	MASSE, BRENDA	634	01:33:14.62	49	LETH	09:19
15/44	RAKAI, CATHY	566	01:35:33.62		COALDALE	09:33
16/44	FRITZLER, EVELYN	462	01:35:41.25	44	LETH	09:34
17/44	WITHERS, SUSAN	619	01:36:25.15	43	MED. HAT	09:38
18/44	MALMBERG, JO	524	01:36:32.12	49	LETH	09:39
19/44	HANSAEME, SHERRY	479	01:37:10.33	40	LETH	09:43
20/44	MAZE, HELEN	529	01:37:55.55	40	LETH	09:47
21/44	MILLER, LIZ	544	01:38:14.31	48	LETH	09:49
22/44	TAKEDA, JUNE	588	01:40:56.87	49	LETH	10:05
23/44	HOLMES, CHARLOTTE	488	01:41:09.89	46	LETH	10:06
24/44	BABIN, CAROLLE	408	01:41:28.10	47	LETH	10:08
25/44	PENICH, CATHY	561	01:41:36.96		LETH	10:09
26/44	CHARLEBOIS, ROBIN	435	01:41:43.93	42	LETH	10:10
27/44	BLOW, JOANNE	417	01:41:53.37	41	LETH	10:11
28/44	SVRCEK, KAREN	585	01:42:43.32	46	LETH	10:16
29/44	MCKILLOP, MARGARET	536	01:42:47.21	46	LETH	10:16
30/44	GLAESER, PATTY	471	01:44:19.93	45	LETH	10:25
31/44	COSLOVI, DAWN	440	01:47:13.40	49	LETH	10:43
32/44	CHRISTENSEN, SHERRY	437	01:48:49.49	47	COALHURST	10:52
33/44	GILLETT, SHARON	469	01:48:56.05	46	LETH	10:53
34/44	WARDLEY, LORRI	610	01:49:25.46	47	LETH	10:56
35/44	RUPP, ANN	569	01:49:32.58	43	CHAMPION	10:57
36/44	MIDDLETON, CINDY	543	01:49:33.81	44	CHAMPION	10:57
37/44	SHAW, DIANNE	574	01:49:34.65	45	LETH	10:57
38/44	HEINRICH, SHEILA	486	01:50:33.84	47	LETH	11:03
39/44	JOHNSON, LUCY	498	01:52:04.75	48	LETH	11:12
40/44	MORRIS, NANCY	548	01:52:48.11	45	LETH	11:16
41/44	ABBOTT, EILEEN	403	01:53:21.14	45	LETH	11:20
42/44	VANDERGOUWE, LISA	604	01:53:22.54	45	COALDALE	11:20
43/44	FINNIE, LAURIE	456	01:56:21.02	45	LETH	11:38
44/44	MYCK, SHARON	552	02:00:26.48	48	LETH	12:02

2005 LCC/Flaman 10/4 Road Race

10 Mile Race Results By Category

10Mile 40-49 Male

Category Total: 39

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/39	MCCLOY, PAUL	530	00:58:24.70	42	CALGARY	05:50
2/39	BECKLUMB, ADRIAN	413	01:01:04.83	41	CALGARY	06:06
3/39	HAYWARD, MARC	482	01:05:27.79	44	LETH	06:32
4/39	BARKER, MURRAY	410	01:07:10.39	43	MED. HAT	06:43
5/39	EMERSON, BARRY	452	01:13:45.82	49	LETH	07:22
6/39	VORNBROCK, RICK	609	01:15:11.91	43	LETH	07:31
7/39	KEEP, ALFRED	504	01:16:26.34	48	DENWOOD	07:38
8/39	KAWCHUK, LAWRENCE	503	01:16:59.14	42	LETH	07:41
9/39	ADAMS, DAVE	404	01:17:13.92	47	DIAMOND CITY	07:43
10/39	HORON, KELLY	491	01:17:20.26	45	LETH	07:44
11/39	YOUNG PINE, PAUL	623	01:18:34.08	43	CALGARY	07:51
12/39	TOWNLEY, MIKE	592	01:18:49.60	49	LETH	07:52
13/39	DUECK, MARVIN	448	01:19:17.45	48	COALDALE	07:55
14/39	ULMER, LYNDON	596	01:19:39.18	41	CALGARY	07:57
15/39	LAMB, BRUCE	514	01:21:28.68	46	LETH	08:08
16/39	DAVIDSON, KIM	442	01:21:41.53	47	PINCHER CREEK	08:10
17/39	VANDERGOUWE, JIM	603	01:22:29.70	47	COALDALE	08:14
18/39	DUECK, ROD	450	01:22:31.78	46	COALDALE	08:15
19/39	FURTADO, ALASTAIR	463	01:22:36.70	44	LETH	08:15
20/39	SWITZER, JOHN	586	01:23:13.41	45	LETH	08:19
21/39	SAMOISSETTE, RICHARD	570	01:23:27.75	46	LETH	08:20
22/39	GLAISTER, BILL	472	01:24:44.78	48	LETH	08:28
23/39	WIENS, WALTER	613	01:25:34.93	48	LETH	08:33
24/39	BOND, ANTHONY	420	01:26:44.96	43	CALGARY	08:40
25/39	FRTLZLER, BYRON	461	01:28:10.83	44	LETH	08:49
26/39	PAWSEY, RICHARD	560	01:30:14.18	40	LETH	09:01
27/39	WILLIAMS, RON	617	01:30:17.84	44	MAGRATH	09:01
28/39	GUNDERSON, RANDY	627	01:30:26.04	47	FT. MACLEOD	09:02
29/39	TSCHRITTER, RALPH	594	01:30:37.43	46	MED. HAT	09:03
30/39	SHAW, GORDON	575	01:31:01.27	45	LETH	09:06
31/39	YOUNG PINE, DALLAS	622	01:32:12.39	47	STANDOFF	09:13
32/39	MYLES, CHARLIE	553	01:33:05.58	48	LETH	09:18
33/39	CAZAL, RAY	433	01:33:33.75	44	LETH	09:21
34/39	BODELL, DAVE	418	01:33:42.49	42	LETH	09:22
35/39	PERLOW, RICHARD	562	01:36:10.29		LETH	09:37
36/39	ZUCCO, RANIERO	625	01:36:18.73	46	LETH	09:37
37/39	HANSON, WES	481	01:37:58.58	44	LETH	09:47
38/39	DOEVE, HENRY	445	01:38:46.68	49	COALDALE	09:52
39/39	GLAESER, FRITZ	470	01:45:30.78	43	LETH	10:33

2005 LCC/Flaman 10/4 Road Race

10 Mile Race Results By Category

10Mile 50-59 Female

Category Total: 14

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/14	VAN DAMME, ANN	597	01:19:43.15	50	TABER	07:58
2/14	STEWART, RAMONA	584	01:23:50.62	58	LETH	08:23
3/14	SPELLEN, LIZ	580	01:34:01.61	52	CALGARY	09:24
4/14	SMITH, BEV	577	01:34:05.37	52	LETH	09:24
5/14	HORII, HILDA	490	01:35:28.62	57	LETH	09:32
6/14	MEZEI, PEGGY	542	01:35:34.65	50	LETH	09:33
7/14	HAUSER, CAROL	628	01:36:16.54	52	LETH	09:37
8/14	HAMMERSTEDT, JUDY	478	01:43:23.81	53	LETH	10:20
9/14	DOW, JUNE	447	01:44:10.72	51	LETH	10:25
10/14	MCLAUGHLIN, PEGGY	538	01:51:24.04	53	LETH	11:08
11/14	AARSEN, MARIAN	402	01:52:29.11	59	LETH	11:14
12/14	DUECK, RUTH	451	01:53:43.21	54	COALDALE	11:22
13/14	MUTCH, LAVONN	551	01:59:51.26	52	LETH	11:59
14/14	VAN DYK, JANNIE	599	02:06:00.46	59	LETH	12:36

2005 LCC/Flaman 10/4 Road Race**10 Mile Race Results By Category****10Mile 50-59 Male**

Category Total: 32

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/32	WISMATH, STEPHEN	618	01:16:49.89	53	LETH	07:40
2/32	THOMAS, NOEL	591	01:20:17.01	51	COALDALE	08:01
3/32	BIEMANS, KEN	414	01:21:26.82	50	SEVEN PERSONS	08:08
4/32	BIRTWISTLE, BRIAN	415	01:21:27.56	55	CALGARY	08:08
5/32	CHUBB, RICH	438	01:21:45.19	55	LETH	08:10
6/32	TSCHITTER, RUDI	595	01:22:10.92	50	MED. HAT	08:13
7/32	WYLIE, MICHAEL	621	01:23:05.98	54	CALGARY	08:18
8/32	HOWES, DON	492	01:24:05.44	51	CRANBROOK	08:24
9/32	JOEVENAZZO, RANDY	497	01:24:05.77	51	LETH	08:24
10/32	LEE, DON	517	01:24:22.34	59	LETH	08:26
11/32	HEATON, JOE	484	01:24:26.29	51	MED. HAT	08:26
12/32	OR, FRANKI	558	01:24:30.07	50	CALGARY	08:27
13/32	MATTHEWS, ASHLEY	527	01:24:39.33	50	LETH	08:27
14/32	TRAVIS, RICHARD	593	01:25:07.31	50	CALGARY	08:30
15/32	MCDONALD, BILL	534	01:25:19.73	57	LETH	08:31
16/32	GRANSON, ERNEST	473	01:31:17.43	50	CALGARY	09:07
17/32	MCLEAN, PATRICK	539	01:32:34.31	50	LETH	09:15
18/32	BROWN, JERRY	425	01:33:42.14	56	LETH	09:22
19/32	BOSKERS, CASE	422	01:34:20.19	56	LETH	09:26
20/32	BROWN, KEITH	426	01:35:18.25	54	GRAVELBOURG	09:31
21/32	VAN DAMME, JAKE	598	01:36:27.76	59	TABER	09:38
22/32	MALMBERG, DAVID	523	01:36:38.75	51	LETH	09:39
23/32	MCLAUGHLIN, DOUG	537	01:39:35.22	54	LETH	09:57
24/32	HOOD, ROBIN	489	01:40:37.02	58	LETH	10:03
25/32	SYME, WILLIAM	587	01:40:58.46	51	LETH	10:05
26/32	MCCORMACK, JAMES	532	01:41:54.43	59	LETH	10:11
27/32	FRITZ, KEN	460	01:42:17.99	60	TABER	10:13
28/32	VISSER, LES	606	01:43:12.53	50	DIAMOND CITY	10:19
29/32	NIGHTINGALE, JOHN	555	01:43:44.52	56	LETH	10:22
30/32	BASKERVILLE, FRED	411	01:44:00.88	55	LETH	10:24
31/32	VOLK, STAN	608	01:45:01.19	52	LETH	10:30
32/32	MCGEE, DAN	535	01:45:10.89	51	LETH	10:31

10Mile 60&Over Female

Category Total: 1

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/1	FORDE, BRIDIE	631	01:42:23.08	61	STETTLER	10:14

10Mile 60&Over Male

Category Total: 2

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/2	BURKE, BUSTER	428	01:36:15.67	66	COALDALE	09:37
2/2	KRAMPS, LAURIER	511	01:38:15.92	60	LETH	09:49